

Keith Ablow

Quotes

*People, Hurt, Children, Evil, Pain, Thinking, Guy, World, Sometimes, Life,
Answers, Addiction, Chance, Hate, Tragedy, Get Better, Truth Will Set You
Free, Guts, Hell, Time To Think*

Maybe the trying is the thing. Maybe it doesn't get better than that. Maybe you never quite get there. And maybe that's okay.

~Keith Ablow

Sometimes when you push someone, you find out who that person really is.

~Keith Ablow

Relationships are never chance events.

~Keith Ablow

There's no original evil left in the world. Everyone's just recycling pain. (257)

~Keith Ablow

People blush when one of their core truths is revealed.

~Keith Ablow

The roots of any evil deed can be traced to the perpetrator's refusal to experience pain.

~Keith Ablow

But insight doesn't necessarily produce self-control. Sometimes you just see your destructiveness more clearly.

~Keith Ablow

The bad things don't seem to happen to bad people.' That's because they already did. There's no original evil left in the world.

~Keith Ablow

...Some people hurt so much they can't take what they need, even when someone wants to give it to them. (106)

~Keith Ablow

Plenty of people who survive tragedies end up ambivalent about danger--frightened by it, yet strangely drawn to it.

~Keith Ablow

The truth will set you free. Unless you're guilty.

~Keith Ablow

A jealous husband is an ugly thing.

~Keith Ablow

Deep down, everyone wants the truth.

~Keith Ablow

Most of you guys can't see the potential in a nervous breakdown. A real collapse. There's more chance of finding yourself in a major depression than there is in a bottle Prozac.

~Keith Ablow

What about my rights? What about a person's privacy? Did all that just go to hell after 9/11?

~Keith Ablow

I think men should be able to veto women's abortions if they're willing to care for the child after it's born.

~Keith Ablow

For a psychiatrist to be any good, he has to be willing to corner you, close off the easy exits, even when it hurts. It's supposed to. (46)

~Keith Ablow

The irrational thoughts were the ones with the power to burn holes in your gut.

~Keith Ablow

But that's the hardest part of healing.' What?' Realizing there's no one to hate.

~Keith Ablow

I figured anybody who talked about church as much as she did was using it a little like cocaine anyhow.

~Keith Ablow

When people can do something simple to avoid conflict--say, hit a button or unlock a latch--they'll generally do it.

~Keith Ablow

The good guys had to operate on a higher level than the killers--just for society to keep track of who was who.

~Keith Ablow

People react predictably, especially when they don't have time to think.

~Keith Ablow

What was it about not knowing a person that allowed you to wonder whether she might be the answer to all your problems?

~Keith Ablow

If you're going to have 19 children, you should supervise them well.

~Keith Ablow

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