

# Krishna Das

## Quotes

*Heart, People, Real, Letting Go, Grace, Thinking, Hurt, Mean, Fall, Practice,  
Guru, Giving, Long, Compassion, World, Needs, Ifs, Ego, Talking, Reality*

Love is what we are; we don't get it from somebody, we can't give it to anybody, we can't fall in it or fall out of it. Love is our true Being.

~Krishna Das

Don't wait for a Guru. Your life is your Guru.

~Krishna Das

Devotion is a way of being, it's not something you do. It's dedication to finding awareness and Love. Chanting is like asanas for the mind and the heart.

~Krishna Das

We instantly believe everything we think. Isn't that insane? It's good for us to explore the depravity of our minds, so we know we are just as crazy as everyone else!

~Krishna Das

Unlimited inner strength can only be awakened when it is in the service of Love....When we align ourselves with that love and act in service of that love, anything is possible.

~Krishna Das

You cannot think your way out of a box made of thought.

~Krishna Das

Grace removes obstacles that we don't even know are there. Grace is what arranges our lives so we are forced to look within.

~Krishna Das

Chanting just hits you and you want to be a part of it. That's the point of this whole thing. That's what cuts through all the 'stuff'. You get lit up. You don't have to know what it means.

~Krishna Das

Surrender happens by Grace. All we're doing is cleaning up the room so when Surrender walks in, He can sit down.

~Krishna Das

Bhakti yoga isn't something you join, it's love. It means falling in love.

~Krishna Das

Hanuman not only gives liberation, he also fulfills our beneficial desires.

~Krishna Das

The repetition of the holy names reveals a presence hidden within the heart. Something begins to happen that's very disturbing - we get happy.

~Krishna Das

There is love in this world, and it lives within us as who we really are, not who we think we are.

~Krishna Das

The heart in us is deeper than any emotion or psychological issue.

~Krishna Das

Let's just chant and be good people, alright?

~Krishna Das

On the Path, it's impossible to know how you are doing because it's the judge who is disappearing.

~Krishna Das

To love somebody is to let them be who they are and do what they have to do.

~Krishna Das

You can't manipulate a heart open. You can only allow it to open in the right circumstances.

~Krishna Das

The ultimate act of power is surrender.

~Krishna Das

Chanting is the main thing in my life.

~Krishna Das

It takes two to tango! I need everybody to sing with me.

~Krishna Das

As we do practice something unexpected starts to happen-we get happy!

~Krishna Das

Practice is not about how you feel while you are doing it. You are planting seeds.

~Krishna Das

Until you are fully enlightened, you can never know what another person's reality is like for them.

~Krishna Das

When our desires are fulfilled, and we still feel unhappy - this is the moment we begin the process of letting go.

~Krishna Das

Bliss is easy, just take a drug. What is hard is feeling good about our real selves.

~Krishna Das

When you fall in love, nobody has to tell you. You know what you feel.

~Krishna Das

It's within your world that things will unfold and intuitive understandings will open up.

~Krishna Das

Ultimately when I am with you all, what I see is my Guru. And what is he? He is love.

~Krishna Das

You can't think yourself out of a box that's made of your thoughts.

~Krishna Das

I just try to keep my heart open. By this, I mean to try not to let my own programmed reaction to things keep me closed down for too long.

~Krishna Das

I didn't know what I was looking for, but I knew whatever it was that I was looking for was real.

~Krishna Das

Can you imagine what it would be like to all of a sudden see another color that nobody else sees?

~Krishna Das

Just the slightest turn toward the inside is a very big thing.

~Krishna Das

We all inhabit our lives, in different ways to some degree. We see ourselves a certain way, and based on how we see ourselves, that's how we see the world.

~Krishna Das

The presence of real love in the world inspires me.

~Krishna Das

Don't give up on your dreams. You can become the person you know you really are.

~Krishna Das

We are just here, right? We are just people doing our thing. And the most important aspect of anything we do is our motivation, why we do it.

~Krishna Das

Even if somebody tells us something, the hit, the light goes on inside of us, not out there. We learn and understand everything within ourselves.

~Krishna Das

I knew that if I did not start chanting with people, that I would never be able to clean out the dark corners of my own heart. I knew it with every cell in my body and mind.

~Krishna Das

The Presence is our own presence. We are not getting anything from the outside. We already have all we need inside.

~Krishna Das

We are not separate. So if one being hurts, I also hurt.

~Krishna Das

Devotion is a disease. And you catch it from those people who have it.

~Krishna Das

I chant to save my miserable ass. That's what I do.

~Krishna Das

You can never really know what a guru is as long as you are imprisoned by your own thoughts and circular ego.

~Krishna Das

One of your biggest lessons so far in life has been to learn to forgive myself over and over again and not to be so harsh with myself.

~Krishna Das

The only real protection will come from doing a spiritual practice over a prolonged period of time. Because it retrains us to see the world and ourselves in a different way.

~Krishna Das

Compassion is a college education. It's a doctorate.

~Krishna Das

I mope around less. It is horrible. I miss it.

~Krishna Das

It's inexplicable why somebody can lose a leg and it doesn't effect them at all emotionally; and another person can lose a foot and be destroyed for the rest of their lives.

~Krishna Das

All we can know is our own subjective version of reality. That's the way we go through our lives. Everybody.

~Krishna Das

There is an eighth color that we don't have the sense apparatus to see or experience.

~Krishna Das

I chant to save my heart. Every time I sit down, that's what I'm doing.

~Krishna Das

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