

# Kyra Sedgwick Quotes

*Real, Important, Thinking, Character, Kids, Roles, Emotion, Together,  
Challenges, Sexy, Children, Choices, Guy, Supportive, Done, Commitment,  
Tired, Sex, Stuff, Independent Women*

He put a ring in the toe of a stocking. On Christmas Eve, we opened our stockings and it was there at the bottom of the toe. Then he got down on his knees and he was shaking.

~Kyra Sedgwick

It's easier in some ways being on the life raft and the other guy's in the boat and you can row alongside and be supportive. In some ways, that's an easier role.

~Kyra Sedgwick

I do it because I want to exercise people's compassion and I do it because I really believe that for some reason what I do is important and meaningful.

~Kyra Sedgwick

But when you're in something together, it's very hard to be objective and you're very subjective.

~Kyra Sedgwick

I think in this movie, every time I see his work, I'm blown away by it because he, to me, he really embodied the character so powerfully and so real, so truthfully to me.

~Kyra Sedgwick

It's not that I don't see myself as hot and sexy. Don't get me wrong. No, it's not that.

~Kyra Sedgwick

I think that certainly my choices empower me.

~Kyra Sedgwick

Hollywood is sexist and age-ist, and that covers all the bases, I guess.

~Kyra Sedgwick

It's that I'm 39. I feel hot and sexy, actually... I feel it inside myself. I don't feel dried up and tired and no longer interested in sex is what I'm trying to say.

~Kyra Sedgwick

Shame is such an intense emotion. It just can drive you.

~Kyra Sedgwick

I do know that I have to work hard for every single thing that I get, really hard, and that's okay.

~Kyra Sedgwick

I'm not going to be remotely funny.

~Kyra Sedgwick

Global climate change is real. The legislative branch of our government is our last line of defense against pollution which is why I am so grateful to have the NRDC making our voice heard.

~Kyra Sedgwick

Hollywood movies are run on fear and they don't want to make bold choices. They, generally, speaking want to keep things status quo. That's not really interesting for me.

~Kyra Sedgwick

One of the things that's hardest as an actor is you are being critiqued constantly, and having your mother critiquing you can be challenging.

~Kyra Sedgwick

I can't get hired in a studio movie. Everything is so uphill.

~Kyra Sedgwick

I think it's important to do smaller films because I think that's where a lot of new things are happening.

~Kyra Sedgwick

Whether it be in a small movie or a big movie, I would always be attracted to this role.

~Kyra Sedgwick

After 14 years, it better be a real marriage, you know? We do have a great time together. We are really lucky.

~Kyra Sedgwick

I've always been able to let stuff go when I'm done with work.

~Kyra Sedgwick

I think it's important to do great work.

~Kyra Sedgwick

Compassion is very important, especially right now in America. We all need to strive as human beings to understand each other and ourselves better.

~Kyra Sedgwick

I was always fraught with guilt, and it's such a waste of an emotion. It keeps you out of the moment of being where you are.

~Kyra Sedgwick

All humans need love, attention, and appreciation, and those can be very female traits. I feel like they should be male and female traits, but I think that they are more easily attributed to women.

~Kyra Sedgwick

I was very young when we got married and I don't know why it worked out like it did or how I was smart enough to know that this was the right guy, but somehow I got lucky.

~Kyra Sedgwick

I'm going to embarrass my kids - sex is important. Sex is really important.

~Kyra Sedgwick

I feel that our planet is in peril and that creating a sustainable planet for my children and my children's children is the most important thing I can do in this lifetime.

~Kyra Sedgwick

I feel my job as an actor is to explore all sides of humanity.

~Kyra Sedgwick

Some of the best roles are for women in these independent, smaller movies.

~Kyra Sedgwick

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