

Laura Prepon Quotes

*People, Thinking, Healthy, Guy, Stuff, Body, Girl, Actresses, Want, Real, Looks,
Netflix, Important, Yoga, Way, Drug, Swimming, One Day, Acting, Trying*

My vintage Levi's are my favorite on the show, 'cause they really fit.

~Laura Prepon

They have to be able to spark my interest so I want to pursue it, and they have to have an awesome personality, really laid-back. All those things are sexy to me.

~Laura Prepon

I love being a redhead. It's a rare thing, so I think there's a bond between redheads.

~Laura Prepon

Here's the thing, making out with a girl on camera â€¦ They're beautiful and soft. I get why you guys are into it.

~Laura Prepon

The fact that anyone would find me sexy is very, very flattering, but ridiculous. I so don't believe it. But I'm flattered. Truth is, I don't lift a finger to look sexy. Ever.

~Laura Prepon

The main thing I learned doing love scenes with a woman was, if it's there, it's there.

~Laura Prepon

You can always turn a bad kisser into a good one.

~Laura Prepon

And my mouth is not a sewer, although some people may think it is.

~Laura Prepon

I like to think I'll just be walking down the street one day and stop and meet someone, like, Oh my god, you're awesome, and then we start dating.

~Laura Prepon

I've realized how important it is to have women in your life. You get to a certain age where you're like, 'I need women around.'

~Laura Prepon

Well, the clothes are really cool that we wear. The sets are so funny, because it's like everything is so real.

~Laura Prepon

Food is a passion because I basically grew up in a kitchen.

~Laura Prepon

There's nothing you could say that would shock me.

~Laura Prepon

There is a much bigger picture we are all striving for. To sweat the small stuff just stresses you out for no reason.

~Laura Prepon

When I finally started to heal, that was the inspiration.

~Laura Prepon

I'm the tomboy so I got to be a little butch.

~Laura Prepon

I don't want to do anything like *Can't Hardly Wait*, I don't want to do anything like *Scream*. I saw all those movies, and they were good, but they're just not what I want to do.

~Laura Prepon

I don't know how people recognize me.

~Laura Prepon

Netflix is amazing 'cause they trust the creator to do their job, and they trust us to do our job. They're really smart and just let us do our thing and deliver a great job.

~Laura Prepon

For me, personally, I watch pretty much everything on Netflix, and I watch all the episodes in a row, when I can.

~Laura Prepon

I'm the type of person that will do triple sessions in one day. I'll do Pilates, I'll do spinning, and then I'll go to the gym and do weights - which is insane.

~Laura Prepon

People in general have a preconceived idea of what prison is, from seeing documentaries or whatever.

~Laura Prepon

Food is a passion because I basically grew up in a kitchen. My mother was a gourmet chef and I'm the youngest of five kids. We would always congregate in the kitchen.

~Laura Prepon

Working hard and appreciating the accomplishments that have come from that keeps me grounded.

~Laura Prepon

Every girl on TV, in real life, sure you want to meet that soul mate and fall in love and have the big thing, but until that happens, you gotta kiss a lot of frogs.

~Laura Prepon

I love entertaining and doing Martha Stewart stuff.

~Laura Prepon

In any character I ever play, whether she's good or bad or whatever, my most important thing is heart.

~Laura Prepon

It's funny, I used to say on 'That 70s Show', you could really put us in any decade, and it was about the people and the characters and that we cared about each other.

~Laura Prepon

But now that I'm a blonde, guys are so blatant about coming on to me.

~Laura Prepon

I always have really fresh, hormone-free, additive-free chicken, healthy veggies, and brown rice in the fridge to grab because I'm always on the go.

~Laura Prepon

Even in real life, I'd rather hang out with guys.

~Laura Prepon

I know that many ailments can be healed with food by nourishing your body instead of taking drugs.

~Laura Prepon

Modest. When they meet me, they think I'm going to be outgoing, but I like things low-key. I don't like people to think I'm bragging.

~Laura Prepon

The worst diets are ones that restrict your calories too much and try to trick your body. You have no energy, and it's ridiculous.

~Laura Prepon

I'm not a sun person.

~Laura Prepon

Free love sounds great.

~Laura Prepon

My family was very unorthodox. My mother was very eccentric and amazing. She always treated us like adults.

~Laura Prepon

Acting wasn't even in my world at all. My oldest sister worked at 'Glamour' magazine and said I should model, but I had no interest.

~Laura Prepon

I eat super clean and am always watching what I eat.

~Laura Prepon

I'm obsessed with 'Homeland.' It's not even okay.

~Laura Prepon

When I see an amazing play or movie, it inspires me as an actress and a filmmaker.

~Laura Prepon

Eating healthy and taking care of my body and my mind really make me come alive, and seeing others doing that inspires me to stay with it. I always feel great when I do.

~Laura Prepon

When I'm pushed outside of my comfort zone, I feel vulnerable. That's also one of the reasons I like being pushed out of my comfort zone, because it makes you grow as a person.

~Laura Prepon

I love cooking and spending time in mine.

~Laura Prepon

Love your fellow man, and take care of each other and your environment.

~Laura Prepon

When I feel connected, mind-body and spirit, I feel centered.

~Laura Prepon

When I see a beautiful piece of art, it inspires me to be creative.

~Laura Prepon

When you eat pure food that isn't genetically modified, your physical and mental state does improve and it's worth the effort to make that happen.

~Laura Prepon

The thing that sucks is that there's so much false data because people are in mystery as to what Scientology is, so they just kind of make up stuff.

~Laura Prepon

I get to wake up and do what I love every day and I don't take that for granted. I feel grateful for it every day.

~Laura Prepon

I know that when you take care of yourself and are happy and healthy, you are better for those around you and your environment.

~Laura Prepon

Whenever there's a nude scene, it's always uneasy. You're not in the comfort of your own home with your significant other.

~Laura Prepon

When you're not under a 'series regular' contract, and other jobs come up, you try to juggle everything.

~Laura Prepon

My fitness routine includes things that are not stressful on my body - swimming, yoga, stretching, and rebounding.

~Laura Prepon

Food nourishes you, brings people together, and I feel that anybody can bond over food.

~Laura Prepon

I eat organic and cook my food whenever possible, and I live by the 80/20 rule. Eighty percent of the time I'm Stash all the way, 20 percent I enjoy the things I want.

~Laura Prepon

The first acting I ever did was an Italian commercial. Once I did that, I said, 'this acting thing is awesome.'

~Laura Prepon

For some reason, I like to put myself in situations where I don't even know how I ended up there. I never want to be complacent or comfortable in a role.

~Laura Prepon

There's a particular hierarchy in the prison - class distinctions, high-school cliques. You have to learn how to navigate.

~Laura Prepon

When you're in prison, and we're left to our own devices, you're stripped of everything, and you really get to see who these people are, the good and the bad.

~Laura Prepon

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