

Leeza Gibbons

Quotes

*Thinking, People, Real, Custody, Alzheimer's, Heart, Pay, Healthy, Caring,
Sound, Letting Go, Culture, Hero, Actors, Differences, Today, Wells, Creating,
Memories, Trying*

Caring for an Alzheimer's patient is a situation that can utterly consume the lives and well-being of the people giving care, just as the disorder consumes its victims.

~Leeza Gibbons

I was a middle child and was used to negotiating. But there was nothing I could do to reverse my mothers condition.

~Leeza Gibbons

You have sole custody of your life. Who you are today is not who you have to be tomorrow. Embrace the possibility of transformation.

~Leeza Gibbons

Like an actor who transforms into the character that they're playing, you can transform into yourself.

~Leeza Gibbons

Alzheimer's caregivers are heroes.

~Leeza Gibbons

My husband acts and I have such respect for those that do it well, that I wouldn't even try to pretend I can act.

~Leeza Gibbons

Theres a terrible price to pay for stress in your life - it really takes a hit on your heart.

~Leeza Gibbons

Take custody of your life. Show up, do your best, and let go of the rest.

~Leeza Gibbons

If caregivers are not healthy, mentally well-balanced and spiritually sound, then those for whom they care will suffer.

~Leeza Gibbons

When you compete with good people, it makes everybody better.

~Leeza Gibbons

The energy and commitment I've experienced from the Paul Mitchell Schools is overwhelming. I love working with them to create the magic it takes to make a difference.

~Leeza Gibbons

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