

Lena Dunham Quotes

*Thinking, People, Writing, Girl, Want, Book, Sex, Men, Giving, Hate, Children,
Mom, Looks, Needs, Mean, Parent, Kids, Real, Running, Feelings*

Part of being a feminist is giving other women the freedom to make choices you might not necessarily make yourself.

~Lena Dunham

Don't wait around for someone else to tell your story. Do it yourself by whatever means necessary.

~Lena Dunham

I have work, and then I have a dinner thing. And then I am busy, trying to become who I am.

~Lena Dunham

I quit acting when I was 11 because I was cast as a bouncing ball in 'Alice in Wonderland,' and I felt slighted and wounded.

~Lena Dunham

Survivors are so often re-victimized by a system that demands they prove their purity and innocence.

~Lena Dunham

The people accusing me of being productive don't know how hard it is for me to just bend my elbow sometimes.

~Lena Dunham

Confidence lets you pull anything off, even Texas with socks.

~Lena Dunham

At a brunch potluck, I realize that I do, in fact, hate everybody.

~Lena Dunham

Let's be reasonable and add an eighth day to the week that is devoted exclusively to reading.

~Lena Dunham

But ambition is a funny thing: it creeps in when you least expect it and keeps you moving, even when you think you want to stay put.

~Lena Dunham

Enjoy going through life as yourself.

~Lena Dunham

My thoughts on body image are simple: if you are being kind to yourself mentally and physically you never have anything to be ashamed for, ever.

~Lena Dunham

I'm not jealous in traditional ways - of boyfriends or babies or bank accounts - but I do covet other women's styles of being.

~Lena Dunham

Can we call a moratorium on the use of the term 'ladyparts'? Grazia!

~Lena Dunham

Every time I start feeling sexy I trip.

~Lena Dunham

I always thought the saddest feeling in life is when you're dancing in a really joyful way and then you hit your head on something.

~Lena Dunham

I can play very annoying girl, very lost girl and then all the things in the spectrum between.

~Lena Dunham

I think if you feel like you were born to write, then you probably were.

~Lena Dunham

You don't need to be flamboyant in your life to be flamboyant in your

work.

~Lena Dunham

Don't put yourself in situations you'd like to run away from. But when you run, run back to yourself.

~Lena Dunham

There's a certain grace to having your heart broken.

~Lena Dunham

Hell hath no fury like a woman who has accidentally napped.

~Lena Dunham

It is really funny how even cool chicks are sort of like, 'Our moms covered that feminism thing and now we're living in a post-that world,' when that just isn't true.

~Lena Dunham

I've been a little haphazard about how nude I get, and the only thing that keeps me from getting anxious about it is that I've had complete control over it.

~Lena Dunham

Escapism for me can come in the form of someone else's reality.

~Lena Dunham

I have to take my shoes off, you guys.

~Lena Dunham

My sister is bold, independent, and not afraid to wear overalls. Some of her first words as a child were "that's not fair," and she's been committed to social justice ever since. She's my hero.

~Lena Dunham

My mom said the term heavy petting existed a lot when she was in high school.

~Lena Dunham

I get a lot of unasked for sexual confessions.

~Lena Dunham

I used to think Twitter was a waste of time and sort of ran counter to my ability to be productive and to write and now Twitter feels like a really cool part of the creative experience.

~Lena Dunham

I never set out to make any statements about a specific character, I just set out to tell what feels like is a truthful story, a person that you and I might truly encounter.

~Lena Dunham

Barbie's disfigured. It's fine to play with her just as long as you keep that in mind.

~Lena Dunham

I love what I do, I love every minute of it.

~Lena Dunham

But I am a girl with a keen interest in having it all, and what follows are hopeful dispatches from the frontlines of that struggle.

~Lena Dunham

I'm always having to be told to brush my hair.

~Lena Dunham

There is something vulnerable about showing your tattoos to people, even while it gives you a feeling that you are wearing a sleeve when you are naked.

~Lena Dunham

The end never comes when you think it will. It's always ten steps past the worst moment, then a weird turn to the left.

~Lena Dunham

When someone shows you how little you mean to them and you keep coming back for more, before you know it you start to mean less to yourself.

~Lena Dunham

When I graduated college I had a series of just humiliating jobs that I couldn't believe I was at.

~Lena Dunham

I feel prettier with a naked face and ChapStick. But a good haircut makes a huge difference.

~Lena Dunham

I'm not great at dating, but I need to do it to relax.

~Lena Dunham

I feel like you don't know if someone's equipped for a romantic relationship until they're out of their twenties.

~Lena Dunham

It's not brave to do something that doesn't scare you.

~Lena Dunham

Throughout the day I often ask myself, Could I fall asleep right now? and the answer is always a resounding yes.

~Lena Dunham

When I was nine, I wrote a vow of celibacy on a piece of paper and ate

it.

~Lena Dunham

There are so many reactions to art that make sense to me - but 'ick' means something.

~Lena Dunham

I seriously consider television to be the people's medium.

~Lena Dunham

I think some people are really connected to who they were as children. And some people aren't.

~Lena Dunham

Feminism and issues surrounding being female in the world, always, but particularly right now at this complicated cultural moment. It's a huge part of what's important to me.

~Lena Dunham

I don't want to get married until all gay people can get married.

~Lena Dunham

I sort of tend to equate tattoos with prisoners, punks or people with a high level of self-confidence. I don't necessarily have a covered-in-tattoos personality.

~Lena Dunham

My weight fluctuates depending on my mood and my current devotion to my fitness routine.

~Lena Dunham

I think about my best friendship - which the Marnie-Hannah friendship in *Girls* is based on - as like a great romance of my young life.

~Lena Dunham

It would probably be too easy a cop out to say that just Republican males hate me. Though there's a large swath of them, for sure.

~Lena Dunham

Here's who it's okay to share a bed with: . . . A heating pad. An empty bag of pita chips. The love of your life.

~Lena Dunham

Once, my little sister was walking down the street in her thick black glasses, and a homeless man muttered, Talk nerdy to me.

~Lena Dunham

I think of my body as a tool to do the stuff I need to do, but not the be all end all of my existence.

~Lena Dunham

I am not a particularly political person, but, as a Tribeca resident, the commodification of September 11th is offensive to me.

~Lena Dunham

I would be a horrible girlfriend at this point in my life, because I'm both needy and unavailable.

~Lena Dunham

I deserved kisses. I deserved to be treated like a piece of meat but also respected for my intellect.

~Lena Dunham

It's okay to change your mind. About a feeling, a person, a promise of love.

~Lena Dunham

I just don't want to be around people who don't hate everything in their life right now.

~Lena Dunham

I'm just waiting to be 85 and be in a pajama community. Everyone's welcome to join me.

~Lena Dunham

For me, my life goal is to be in a position where I can wear pajamas 24 hours a day. That's what makes me happy.

~Lena Dunham

When someone anonymous tells me I'm fat, that's not a person to me. If they're not going to acknowledge me as a person, I'm certainly not going to acknowledge them as a person.

~Lena Dunham

My fears came true: People called me fat and hideous, and I lived. And now I keep living.

~Lena Dunham

I never sort of thought of myself as a comedy writer, by nature.

~Lena Dunham

I'm glad if my work can make a difference.

~Lena Dunham

The way in which you share your body must be a CHOICE. Support these women and do not look at these pictures.

~Lena Dunham

I feel like so much more than my gender and so much more than my relationship to my body and my relationship to men. And, but suddenly you're sort of asked to be an expert.

~Lena Dunham

sometimes I was so bored that I started arguments just to experience the rush of almost losing him.

~Lena Dunham

I don't really read reviewsâ€¦! That's not where my attention goes.

~Lena Dunham

If someone doesn't answer your email within six hours, it means they hate you.

~Lena Dunham

I would have specific books [when I was 12 or 13] that had pages that I knew had sex on them that I would go and read.

~Lena Dunham

I love directing scenes that I'm not in because suddenly I really feel like a filmmaker which is a different thing.

~Lena Dunham

What a snarky jerk. (Obviously, I later slept with him.)

~Lena Dunham

I've always had a talent for recognizing when I am in a moment worth being nostalgic for.

~Lena Dunham

I am thinking particularly of a shower I took where the lower half of my body was under the running water and the upper half was laid out on the bath mat, eating a loaf of bread.

~Lena Dunham

It's funny, I never considered that people are going to see me on the show and maybe stop me on the subway.

~Lena Dunham

It's almost like when you're young, your friends take on the romance role, and then guys take on the role of your friends later.

~Lena Dunham

I've never thought of myself as an actor, so somebody recognizing me for that would be a real shock.

~Lena Dunham

We both followed our hearts and had no choice but to hurt each other deeply.

~Lena Dunham

I frustrate myself as a writer. There are certain things that I'll think, 'Well, that would be really fun to play... if somebody else was playing this character.'

~Lena Dunham

I'm always afraid that I'm being unprofessional, yet I continue to sign all my e-mails 'xoxo.'

~Lena Dunham

I sometimes want to make a book of every tattoo I wanted to get before I actually got a tattoo, because there were so many awful ideas and concepts.

~Lena Dunham

I always say that I can play sort of six variations on one girl, all of whom are a variation on me. Maybe I'll think of myself as an actor if, like, I do a corset drama.

~Lena Dunham

If you're writing, you're starting in private. It can really be this amazing, private, freeing experience. Forget that it's for other people - that comes in later.

~Lena Dunham

I'd love to write something for a male protagonist. That's sort of the next frontier for me. I think it'd be really amazing to write the kind of parts that I love for women but for a guy.

~Lena Dunham

I refresh Twitter as thoughtlessly as some twirl their hair.

~Lena Dunham

Feminists believe that men and women should have the same opportunities. If you are a feminist you believe in equal rights as a whole. That's not a concept you can really shoot down.

~Lena Dunham

I had always written. I had written stories and poems. Then I started writing plays.

~Lena Dunham

Running had always been off the table for me. It just looks embarrassing when I do it. I viewed it like learning a new language - best to learn it as a child.

~Lena Dunham

If a young woman is looking at the landscape of Hollywood, what she sees is almost only challenges.

~Lena Dunham

The parts I enjoy playing aren't really available to me. So I have to write them.

~Lena Dunham

I've only recently realized that I have a radically different relationship with my parents than a lot of people.

~Lena Dunham

I had no friends. I worried a lot.

~Lena Dunham

I think romantic comedy, when done right, is my favorite genre. It's just a genre that's very human.

~Lena Dunham

It's interesting to see how other people react to an oversharer.

~Lena Dunham

Everyone needs something from me.

~Lena Dunham

Okay, 'Best Party Ever' -- to me, that's like saying 'Best Gym Ever' or 'Best Nature Documentary Ever,' like how good can it really be?

~Lena Dunham

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