

Leon Brown Quotes

Life, Baseball, Beautiful, Pain, Heart, People, Letting Go, Looks, Love, Firsts, Inspirational, Past, Love Is, Understanding, African American, Hate, Knowing Better, Light, Positive Change, Negative Experiences

It all begins and ends in your mind. What you give power to, has power over you, if you allow it.

~Leon Brown

Never underestimate your own strength. You were born for a purpose and are blessed with the power to achieve it.

~Leon Brown

A moment of anger can destroy a lifetime of work, whereas a moment of love can break barriers that took a lifetime to build.

~Leon Brown

You cannot grow unless you are willing to change. You will never improve yourself if you cling to what used to be.

~Leon Brown

One day you will realize that material things mean nothing. All that matters is the well being of the people in your life.

~Leon Brown

Listen to your own voice, your own soul. Too many people listen to the noise of the world, instead of themselves.

~Leon Brown

It all begins with you. If you do not take care of yourself, you will not be strong enough to take care of anything in life.

~Leon Brown

All things pass and pain is temporary. It comes to teach a lesson and when the lesson is understood it disappears into the night.

~Leon Brown

The answers you seek never come when the mind is busy, they come when the mind is still, when silence speaks loudest.

~Leon Brown

The day you stop worrying will be the first day of your new life; anxiety takes you in circles, trust in yourself and become free.

~Leon Brown

Not everything will go as you expect in your life. This is why you need to drop expectations, and go with the flow of life.

~Leon Brown

You cannot travel back in time to fix your mistakes, but you can learn from them and forgive yourself for not knowing better.

~Leon Brown

Life is precious, do not waste it doing anything that your heart does not respect or agree with.

~Leon Brown

Never give up hope. Situations can change over night, problems can dissolve in the light of a new day's sun.

~Leon Brown

When nothing makes sense and the world seems upside down, listen to your heart, it will never lie about your true feelings.

~Leon Brown

Understand that you own nothing. Everything that surrounds you is temporary. Only the love in your heart will last forever.

~Leon Brown

You will fall many times in life, but you will pick yourself up and become stronger and wiser for each trouble you pass.

~Leon Brown

Do not rush, for God's secret is patience. Everything that is meant to be, will come at the designated time.

~Leon Brown

Let people do what they need to do to make them happy. Mind your own business, and do what you need to do to make you happy.

~Leon Brown

Listen to yourself, not the noise of the world. Only you know what is right for you.

~Leon Brown

Love is supposed to bring you peace and happiness. If you are not feeling this in a relationship, you are living an illusion.

~Leon Brown

When you have walked through the hell of your negative thoughts and survived, no pain on this earth will ever again worry you.

~Leon Brown

When the storm has passed, put your energy into rebuilding your life, don't waste time looking back.

~Leon Brown

People will let you down in this life, promises will be broken, you should expect less of others and trust more in yourself.

~Leon Brown

Life is a daily cleansing. Negativity must be washed away, if you wish to attract positive experiences to your life.

~Leon Brown

Nothing goes to waste on the journey of life. Both good and bad experiences shape your mind and heart for what is to come.

~Leon Brown

Life does not always give you what you want, but if you look closely you will see that it gives what you need for growth.

~Leon Brown

For every positive change you make in your life, something else also changes for the better - it creates a chain reaction.

~Leon Brown

Leave people to their opinions and judgements. They cannot harm you; it is their understanding that is faulty, not yours.

~Leon Brown

When you judge someone on their appearance or first words, you miss the opportunity to understand another human being.

~Leon Brown

If you never tasted a bad apple, you would not appreciate a good apple. You have to experience life to understand life.

~Leon Brown

You must let life flow naturally, for life's secret is patience; you must stop pushing for change and allow things to unfold.

~Leon Brown

The more you try to control something, the more it controls you. Free yourself, and let things take their own natural course.

~Leon Brown

You can let hate, animosity and anger eat away at you, or you can let it go and begin again.

~Leon Brown

No one is perfect in this world. Forgive people for not knowing better and learn to move on.

~Leon Brown

Do not worry about the past or the future. This moment needs your attention, for this is where your life exists.

~Leon Brown

You cannot expect miracles to happen overnight, be patient, be loving and little by little the change you seek will come.

~Leon Brown

If the past is not resolved, future relationships will suffer. Let your heart heal, before you open the door to another.

~Leon Brown

You must channel your energy towards what you love, for what you love is the foundation of your life.

~Leon Brown

If you tell yourself something often enough you will start to believe it, that is why you must make self love your mantra.

~Leon Brown

It will all work out in the end. You must keep faith in yourself, and leave the rest to God.

~Leon Brown

Become the person you were meant to be, light your inner fire and follow your heart's desire.

~Leon Brown

Do not allow negative experiences to make you bitter. They should make you wiser, and with that wisdom you shall find joy.

~Leon Brown

Sometimes we have to lose our way to find out what we really want, for we often ignore our needs until we are lost.

~Leon Brown

God gave you a heart to love with, not to hate with, God gave you the ability to create Heaven on earth, not Hell.

~Leon Brown

You will only find the happiness you seek when you drop your negative attitude towards life, embrace life and be happy.

~Leon Brown

Your life is a product of your thoughts, what you think about all day becomes the basis of your life.

~Leon Brown

Every day you must unlearn the ways that hold you back. You must rid yourself of negativity, so you can learn to fly.

~Leon Brown

Be patient. Life will offer you another chance as soon as you find calm within, for abundance is born out of calmness.

~Leon Brown

You will understand why when you look back, the answers are rarely given in the middle of the lesson.

~Leon Brown

When the world makes no sense, go inside yourself, and listen carefully to your needs, until you understand once more.

~Leon Brown

If you keep picking a scab it will bleed and never heal. If you keep dragging the pain of the past up, it will never heal.

~Leon Brown

Mistakes are the stepping stones to wisdom, we learn from trial & error, we become wise by understanding problems.

~Leon Brown

Sometimes you have to experience the bad, so that you can learn to appreciate the good things that enter your life.

~Leon Brown

Plant the seed of positivity into your mind, nourish it daily with love and happiness will flower, as fear begins to die.

~Leon Brown

Stop expecting others to act first, be the one who makes a positive change.

~Leon Brown

The pain will not go away by getting angry or bitter, it will go away when you learn to accept life's challenges with grace and ease

~Leon Brown

By letting go, you allow everything to find it's rightful place. Once free, everything finds its way home.

~Leon Brown

The day you let go of fear and instead embrace understanding, is the day you begin to live.

~Leon Brown

A lack of love is the cause for most problems in life, when love is missing, nothing can flourish, only pain thrives.

~Leon Brown

Do not judge others by your own standards, for everyone is making their way home, in the way they know best.

~Leon Brown

Hatred is toxic to you and those around you. The condition should be treated with understanding and love until it is healed.

~Leon Brown

Healing is not an overnight process; it is a daily cleansing of pain, it is a daily healing of your life.

~Leon Brown

One day you will realise that for your life to change for the better, you must first change for the better.

~Leon Brown

Never doubt what comes from the heart, your feelings know you better than anything else.

~Leon Brown

He who can turn negative situations into something positive, has learned the law of transformation, his mind empowers life.

~Leon Brown

Before you look to blame another, look within yourself, for at some point you have not listened to your own instincts.

~Leon Brown

You are inferior to no one. others may treat you that way, but that is their problem. You are above all of this.

~Leon Brown

Do not get angry because others question what you believe, be calm and loving, for anger is the root of a faulty belief.

~Leon Brown

Put the past behind you, the present moment is all that matters, in the life of those who want to be happy.

~Leon Brown

Love must be the first thought and the last thought of the day, if you wish to live in peace and happiness.

~Leon Brown

Find something good within your life and give every ounce of positivity you have towards it, then watch how your life changes.

~Leon Brown

If you can imagine it, you can create it. That beautiful world you dream about, needs positive action to come true.

~Leon Brown

Bitterness is a result of clinging to negative experiences. It serves you no good, and closes the door to your future.

~Leon Brown

You can search high & low to find happiness on earth, yet unless you love yourself, you will never find your true belonging.

~Leon Brown

First know yourself, then you will begin to understand why things are as they are, and why life is as it is.

~Leon Brown

Unless you heal the root of a problem, the pain will not go away. You can hide from it, but the problem stays until you dig deep.

~Leon Brown

You cannot evolve unless you are willing to change.

~Leon Brown

Drop jealousy and envy, for they make you ugly. Be loving, be accepting, and most of all... be happy just the way you are.

~Leon Brown

Every second you spend with the wrong person, is a second wasted in the search for true love.

~Leon Brown

Respect yourself and others will follow suit. Most people will not treat you any better than you treat yourself.

~Leon Brown

Life is a reflection of what you think. If your thoughts are negative, the world you see will be the same.

~Leon Brown

In the end you get what you deserve, the amount of effort you put in determines the amount of joy that you receive.

~Leon Brown

There is no need to drag yourself through life, let go of the struggle & give yourself the time & love to find balance.

~Leon Brown

Be original, stop pretending to be someone you are not, be your own light in this world.

~Leon Brown

Life is taking you somewhere, listen to the messages, they will repeat

until you follow their call.

~Leon Brown

There is no need for revenge. Living happily ever after is a sign that you have not let the past beat you.

~Leon Brown

Let go of resentment, for it will hold you back. Do not worry about what could've been, what is to come is what matters.

~Leon Brown

Take a good look at yourself before you criticise another, for what you see wrong in them, will also be a lesson for you.

~Leon Brown

Tomorrow is a new beginning. Embrace the light of a new day, for you have a fresh chance to begin again, to make life beautiful.

~Leon Brown

Remember you are a different person now than before, you are wiser & stronger for the trials that you have been through.

~Leon Brown

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