

Lindsey Vonn

Quotes

*Sports, People, Winning, Skiing, Trying, Kids, Want, Athlete, Thinking,
Important, Knows, Racing, Needs, Fun, Skis, Nice, Would Be, Perfect, Team,
Men*

Follow your dreams. If you have a goal, and you want to achieve it, then work hard and do everything you can to get there, and one day it will come true.

~Lindsey Vonn

When you fall, get right back up. Just keep going, keep pushing it.

~Lindsey Vonn

I think the most important thing in skiing is you have to be having fun. If you're having fun, then everything else will come easy to you.

~Lindsey Vonn

I want to keep pushing the limits to see what's possible. That's the nice thing about ski racing - no one is stopping you from going faster.

~Lindsey Vonn

I find folding laundry very relaxing.

~Lindsey Vonn

If you go around being afraid, you're never going to enjoy life. You have only one chance, so you've got to have fun.

~Lindsey Vonn

You are only limited to what you push yourself to, you know? You can always get better.

~Lindsey Vonn

I don't give up easily. I have plans to be around for a while.

~Lindsey Vonn

I'm never tired of winning, and I'm never tired of skiing.

~Lindsey Vonn

Life changes very quickly in a very positive way if you let it.

~Lindsey Vonn

I always channeled what I felt emotionally into skiing - my insecurities, my anger, my disappointment. Skiing was always my outlet, and it worked.

~Lindsey Vonn

My childhood dream was to win the Olympics, and I've done that. Everything else is icing on the cake.

~Lindsey Vonn

People get nervous driving around corners, thinking they're going to tip over. But you can go soooo much faster through the curves than you realize.

~Lindsey Vonn

Be proud of yourself when you do keep going!

~Lindsey Vonn

If you work hard, it will pay off in the end.

~Lindsey Vonn

The Olympics are what I work for. They're why I spend so much time in the gym.

~Lindsey Vonn

Life's short, you know? Especially as an athlete. Your career is very short, and you use the opportunities that you have because you're not going to have them again.

~Lindsey Vonn

When you fall down, just get up again.

~Lindsey Vonn

I hate being helpless, and I hate having to ask people to do things for me.

~Lindsey Vonn

It's so important for kids to get involved with sports in general at a young age.

~Lindsey Vonn

I get up early, but it doesn't mean I like getting up early.

~Lindsey Vonn

Everyone saw me on TV or read articles, and it was all about my great marriage, the white picket fence, all this success and my perfect life. But behind the scenes, it was a struggle.

~Lindsey Vonn

I use men's skis because, honestly, they work better for me. They're longer, they're stiffer, they're harder to turn - but at the same time, they're much more stable.

~Lindsey Vonn

There are times when one certain snow condition is great for one particular brand of skis.

~Lindsey Vonn

I'm not trying to get five medals. I'm not trying to be Michael Phelps.

~Lindsey Vonn

Setbacks help you to concentrate.

~Lindsey Vonn

I want to be known for my athletic achievements, not my celebrity.

~Lindsey Vonn

Medals are decided by hundredths of a second, so I need assurance that my vision is perfect every time I compete, no matter what the conditions.

~Lindsey Vonn

Athletics at the highest level is a sport within a sport.

~Lindsey Vonn

I feel like, with ski racing, you need to have a short memory. You crash all the time, and sometimes it's a really bad one, but sometimes it's not so bad.

~Lindsey Vonn

For someone to say I am overweight is completely ridiculous.

~Lindsey Vonn

Ski racing is not about how much you weigh. If weight was the key, everybody would be sucking down food.

~Lindsey Vonn

Skiing takes so much out of me, and when I start a family, I want to do it 100%.

~Lindsey Vonn

I want to show America who I am and inspire young kids.

~Lindsey Vonn

It seems kind of silly, but it's really nice to chill in the kitchen with a friend and bake. It relaxes me, and mixing is probably my favorite part.

~Lindsey Vonn

I can be normal by myself; no one notices me.

~Lindsey Vonn

I don't know if I'll ever get used to the idea that strangers know who I am. I don't know if I want to.

~Lindsey Vonn

I can't picture myself being the people I always looked up to.

~Lindsey Vonn

I've been to a lot of photo shoots and I see these girls that are just really thin. They're not healthy. They don't work out.

~Lindsey Vonn

I snack on fruit and nuts. In the middle of my long workouts, I'll have a protein shake.

~Lindsey Vonn

In the winter, I'm always in Europe. July and September are New Zealand and Chile camps. I'm always on the road.

~Lindsey Vonn

I never thought my face would be on the cover of a Red Bull Six Pack.

~Lindsey Vonn

I'd like to keep my personal life private. In reality, I know that's not possible. In the present, I'm trying to pretend it's possible.

~Lindsey Vonn

I'm not an idiot; I try not to look, but I see what people say about me on Facebook. I see other things written. But I don't care.

~Lindsey Vonn

I've never once heard my mom complain about her stroke.

~Lindsey Vonn

It's difficult to be at events with a room full of women who weigh half as

much as you do.

~Lindsey Vonn

Just in general, staying healthy and active is important.

~Lindsey Vonn

My crazy training-and-competition schedule leaves very little time to focus on my hair.

~Lindsey Vonn

My favorite ski run in the U.S. is International on the front face of Vail Mountain.

~Lindsey Vonn

My mom is positive and optimistic.

~Lindsey Vonn

My mom is really tough.

~Lindsey Vonn

I'm proud to be part of any Olympic team.

~Lindsey Vonn

I remember when I met Picabo Street, you know, how in awe I was of her and how much she inspired me, and I really hope to be that for young kids.

~Lindsey Vonn

I want to ski as long as I can.

~Lindsey Vonn

Even growing up, I was always the helper-outer, the sous-chef to my parents.

~Lindsey Vonn

I never felt sidelined, I was supported by my friends, my family and my team. I always knew I could do it. I had confidence in myself.

~Lindsey Vonn

When I get on the World Cup tour, I'm kind of disconnected from the world. I just kind of get wrapped up in my world and wrapped up in trying to ski fast every day, and I forget about everything else.

~Lindsey Vonn

Today it was win or lose. But my victory yesterday and the downhill globe boosted my confidence. My record in Cortina was also a liberation.

~Lindsey Vonn

Setbacks motivate me.

~Lindsey Vonn

Vail Resorts School of Shred program is a great way to help encourage kids to stay active by getting them outside and on the mountain.

~Lindsey Vonn

I love 'Saturday Night Live,' and it's such a funny show. I don't know if I'm funny enough to be on it but definitely would be interested in doing it.

~Lindsey Vonn

I wish it didn't take soooooo much to get physically to where I need to be.

~Lindsey Vonn

I feel like winning a world championship was a hurdle I had to get over.

~Lindsey Vonn

Mascara is my go-to product before stepping out of the house.

~Lindsey Vonn

Making ski racing fun and engaging for kids and families is an exciting opportunity and a real passion of mine.

~Lindsey Vonn

I won't lie - I picked up the occasional gossip magazine in the past because I thought that maybe 5 to 10 percent of it was true. Now I think it's zero percent.

~Lindsey Vonn

You start seeing all of the athlete profiles on NBC, and whenever the Summer Olympics come up, I feel like I share the same experience with the Summer Olympians.

~Lindsey Vonn

Olay BB Cream is a lifesaver, and I wear it every day while I train and compete. Twenty-four-hour hydration and sheer color helps me look flawless even when faced with that unforgiving Jumbotron!

~Lindsey Vonn

I enjoyed trying everything. I'd never get a chance to try fencing or archery if it wasn't for this. It was really fun experience.

~Lindsey Vonn

You can get a big gust of wind, and your Olympics are over.

~Lindsey Vonn

Tiger Woods makes me a better athlete.

~Lindsey Vonn

Trying to coordinate everything, it can be really hard to balance.

~Lindsey Vonn

When I train against men, I always find that I push myself harder to my absolute maximum.

~Lindsey Vonn

If you work so hard to reach your goal but you lose your pole in the very last run, that's hard to take.

~Lindsey Vonn

The history of skiing is important to me.

~Lindsey Vonn

I really like figure skating.

~Lindsey Vonn

When my parents were getting divorced, I just said to myself, 'Go to sleep, and tomorrow you can go skiing.' I cried myself to sleep, and in the morning I was up on the mountain, and I was good.

~Lindsey Vonn

Everyone knows marriage is tough.

~Lindsey Vonn

Being on one crutch to no crutches is a huge difference.

~Lindsey Vonn

I don't really believe that you need to be married to someone to be their life partner.

~Lindsey Vonn

I wouldn't change being married. It was good for me, and I was happy for a period of time, and I learned a lot about myself.

~Lindsey Vonn

Golf is all about patience - one tournament is four days long, 18 holes a

day.

~Lindsey Vonn

An overall title is one of the biggest things you can win in our sport.

~Lindsey Vonn

I don't know where I'm supposed to meet a boyfriend. It's weird.

~Lindsey Vonn

Anytime you're on the podium, it's good.

~Lindsey Vonn

I try to eat on the healthier side, but baked goods are hard to resist. I just love sweet things.

~Lindsey Vonn

I don't want to leave skiing early. I want to feel like I've done everything I can do.

~Lindsey Vonn

I did gymnastics when I was a kid. I wasn't very good at it.

~Lindsey Vonn

Especially when I'm in the gym, I get really motivated by hip-hop.

~Lindsey Vonn

I have a little Nintendo DS, and I play these brain games that are supposed to stimulate your mind.

~Lindsey Vonn

Divorce doesn't fit my cookie-cutter image.

~Lindsey Vonn

I have a race routine. I have a team of people helping me. I have

winning habits. I believe in myself. I have balance in my life.

~Lindsey Vonn

It's sexy and beautiful to be strong.

~Lindsey Vonn

I love skiing fast. You're going 80 to 85 m.p.h. down an icy slope, and I love it.

~Lindsey Vonn

You have to be a little crazy to be a downhill skier.

~Lindsey Vonn

I take risks - that's my life on the slopes and off.

~Lindsey Vonn

Ninety percent of the day is working out. Sometimes I get my nails done and go to the grocery store.

~Lindsey Vonn

I love the cowbell. I think it's awesome. My family got the cowbell app on their iPhones. It's a classic part of ski racing.

~Lindsey Vonn

I went from being married to living on my own in L.A., to having a new boyfriend and just being totally self-sufficient and super independent. It's awesome. I love it!

~Lindsey Vonn

When you're young, you develop ways to win, and you think they will always work, but then you get to the top, competing against the other top athletes, and sometimes things don't work.

~Lindsey Vonn

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