

# Linford Christie

## Quotes

*Athlete, Thinking, Sports, Track, Coaches, Real, Guy, Foxes, First Love, Talent,  
Jobs, Feels, Stars, Association, Knows, People, Rain, Trying, Enough Said,  
Pride*

Adopting a new healthier lifestyle can involve changing diet to include more fresh fruit and vegetables as well as increasing levels of exercise.

~Linford Christie

But I sometimes think we have too much of a fixation about 2012.

~Linford Christie

There was no money in the sport but we'd be out there day in, day out, rain or shine, doing it.

~Linford Christie

Some of today's athletes do not have that kind of pride. They left school at 16, have never had a job in their life and are getting Lottery funding, earning money as an athlete.

~Linford Christie

I know what it takes to get to the top.

~Linford Christie

If you criticise something then you have to have an alternative, but we do have to try and improve things.

~Linford Christie

I don't think there are really enough meetings in Britain for our athletes to compete properly, and because of this a lot of the talent we have has been stunted.

~Linford Christie

I am a coach on the outside of the establishment and that works.

~Linford Christie

I think it's great that they are getting funding, but it's just too easy. They don't have to work for it. We did it because we had pride, because we

loved it.

~Linford Christie

I coach a few guys and they work very, very hard, but in our day we did it because we just loved it.

~Linford Christie

We have got to go out there and deliver, go on the streets and find athletes, improve facilities around the country and find coaches. We have got to go out there and search for a star.

~Linford Christie

I think the athletes respond well to me because I have been successful.

~Linford Christie

I have got better things to do in working with my athletes who I feel are going to be involved in 2012.

~Linford Christie

I think it is good for youngsters to see me at 45 still jogging around the track. If me being here gives them a boost then thats great.

~Linford Christie

My first love is the sport, and it will always be my priority.

~Linford Christie

The Stroke Association has produced leaflets that set out clearly the health risks associated with stroke that African-Caribbean people face.

~Linford Christie

Robert Fox is real good! Enough said!

~Linford Christie

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