

Linus Pauling

Quotes

Science, Ideas, Believe, World, Thinking, War, Life, Vitamins, Molecules, Want, Discovery, Good Ideas, Medicine, Jobs, Errors, Dna, Nutrition, College, Health, Dark

You can trace every sickness, every disease and every ailment to a mineral deficiency.

~Linus Pauling

Do not let either the medical authorities or the politicians mislead you. Find out what the facts are, and make your own decisions about how to live a happy life and how to work for a better world.

~Linus Pauling

The best way to have a good idea is to have a lot of ideas.

~Linus Pauling

Optimum nutrition is the medicine of tomorrow.

~Linus Pauling

If you want to have good ideas you must have many ideas. Most of them will be wrong, and what you have to learn is which ones to throw away.

~Linus Pauling

Satisfaction of one's curiosity is one of the greatest sources of happiness in life.

~Linus Pauling

Provided one has the correct level of vitamin, mineral and nutritional input, the body can overcome disease.

~Linus Pauling

Everyone should know that most cancer research is largely a fraud, and that the major cancer research organizations are derelict in their duties to the people who support them.

~Linus Pauling

I have something that I call my Golden Rule. It goes something like this:

'Do unto others twenty-five percent better than you expect them to do unto you.' â€” The twenty-five percent is for error.

~Linus Pauling

Every ailment, every sickness and every disease can be traced back to
An organic trace mineral deficiency

~Linus Pauling

Life is a relationship among molecules and not a property of any molecule.

~Linus Pauling

Life ... is a relationship between molecules.

~Linus Pauling

Every aspect of the world today - even politics and international relations - is affected by chemistry.

~Linus Pauling

The power to destroy the world by the use of nuclear weapons is a power that cannot be used - we cannot accept the idea of such monstrous immorality.

~Linus Pauling

Do unto others 20% better than you would expect them to do unto you, to correct for subjective error.

~Linus Pauling

I have always wanted to know as much as possible about the world.

~Linus Pauling

The only sane policy for the world is that of abolishing war.

~Linus Pauling

No evidence compels the conclusion that the minimum required intake of any vitamin comes close to the optimum intake that sustains good health.

~Linus Pauling

Science is the search for truth - it is not a game in which one tries to beat his opponent, to do harm to others.

~Linus Pauling

Humanism is a philosophy of joyous service for the greater good of all humanity, of application of new ideas of scientific progress for the benefit of all.

~Linus Pauling

In teaching, you do not want to COVER things, you want to UNCOVER them. The best way to get good ideas is to have lots of ideas.

~Linus Pauling

Facts are the air of scientists. Without them you can never fly.

~Linus Pauling

Just one living cell in the human body is, more complex than New York City.

~Linus Pauling

The way to get good ideas is to get lots of ideas and throw the bad ones away.

~Linus Pauling

Science is the search for truth, that is the effort to understand the world: it involves the rejection of bias, of dogma, of revelation, but not the rejection of morality.

~Linus Pauling

I think that the formation of [DNA's] structure by Watson and Crick may turn out to be the greatest developments in the field of molecular genetics in recent years.

~Linus Pauling

Man's great power of thinking, remembering, and communicating are responsible for the evolution of civilization.

~Linus Pauling

Like thousands of other boys, I had a little chemical laboratory in our cellar and think that some of our friends thought me a bit crazy.

~Linus Pauling

[David Harker asked: Dr Pauling, how do you have so many good ideas?] Well David, I have a lot of ideas and throw away the bad ones.

~Linus Pauling

There is no safe amount of radiation. Even small amounts do harm.

~Linus Pauling

We may say that life has borrowed from inanimate processes the same basic mechanism used in producing those striking structures that are crystals, with their beautiful plane faces.

~Linus Pauling

I believe that there is a greater power in the world than the evil power of military force, of nuclear bombs -- there is the power of good, of morality, of humanitarianism.

~Linus Pauling

I try to identify myself with the atoms ... I ask what I would do If I were a carbon atom or a sodium atom.

~Linus Pauling

Everyone should know that the 'war on cancer' is largely a fraud.

~Linus Pauling

Nations keep agreements, keep their treaties so long as they continue to do them good.

~Linus Pauling

I believe all complicated phenomena can be explained by simpler scientific principles.

~Linus Pauling

Only when I began studying chemical engineering at Oregon Agricultural College did I realize that I myself might discover something new about the nature of the world.

~Linus Pauling

You can't have good ideas unless you have lots of ideas.

~Linus Pauling

Science is the search for truth.

~Linus Pauling

But I know also that still more interesting discoveries will be made that I have not the imagination to describe - and I am awaiting them, full of curiosity and enthusiasm.

~Linus Pauling

[Instead of collecting stamps, he collected dictionaries and encyclopaedias:] Because you can learn more from them.

~Linus Pauling

The problem of an atomic war must not be confused by minor problems such as Communism versus capitalism. An atomic war would kill everyone, left, right, or center.

~Linus Pauling

If you want to have good ideas you must have many ideas.

~Linus Pauling

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