

# Liya Kebede Quotes

*Children, Mother, Thinking, People, Giving, Mom, Trying, Care, Fashion,  
Dream, Important, Country, Way, Want, World, School, Design, Real, Effort,  
Powerful*

We should work to guarantee that there is a midwife or health worker by every woman's side during childbirth.

~Liya Kebede

One thing modeling taught me is that the spotlight can change everything.

~Liya Kebede

Midwives and doctors play a crucial role preventing unnecessary maternal deaths. They educate women about nutrition, health and family planning. And they step in when complications arise.

~Liya Kebede

If you don't have a dream in life, I don't know what you have. You have to want something beyond your reach; it's exciting when it works out.

~Liya Kebede

In a hundred years, how do you want the world to be? Everybody should get together to make the world a better place.

~Liya Kebede

I don't listen to people who say my dreams are impossible; I just work to prove them wrong.

~Liya Kebede

Helping others isn't a chore; it is one of the greatest gifts there is.

~Liya Kebede

There's a saying in Africa: To find out you are pregnant is to have one foot in the grave.

~Liya Kebede

Investing in women's lives is an investment in sustainable development, in human rights, in future generations - and consequently in our own

long-term national interests.

~Liya Kebede

I'm a mom. I'm from Ethiopia. I gave birth in the U.S. and had all the proper care available to me. If I had given birth in Ethiopia - I don't know if I might have even survived it.

~Liya Kebede

Prenatal care is one of the most effective ways to reduce maternal mortality because it identifies complications or high risks before emergency situations.

~Liya Kebede

While I was pregnant, I had dozens of checkups. They covered everything from blood tests to ultrasounds, and I even had the option of attending birthing classes with my husband.

~Liya Kebede

Take good care of your skin and hydrate. If you have good skin, everything else will fall into place.

~Liya Kebede

I want to spend as much time as possible with my children, so I always like to keep my beauty and fashion routines effortless... but still chic!

~Liya Kebede

I'm Christian. Growing up in Ethiopia, it's half-Christian and half-Muslim. You grow up with Muslim kids. I'm very much aware of their religion.

~Liya Kebede

No other health disparity is so stark; virtually every woman who dies giving birth lives in a poor country.

~Liya Kebede

It's one thing to donate money. It's a whole other thing to give an opportunity for someone to make his own money.

~Liya Kebede

It's always a tricky thing, trying to make aid sustainable.

~Liya Kebede

When a woman has her first child in places like Africa, they're really young. They can be 12, 13, 14, so their frames are really small, and they're usually malnourished.

~Liya Kebede

What I love most about Mother's Day is that I am acknowledged and honored for being a mother.

~Liya Kebede

The desert loves me. I love the desert. It's nice to be in the heat in Africa. I love it.

~Liya Kebede

The best lesson that I've learned from my mother is that she just never accepted no for an answer and I think that's something that has stayed with me.

~Liya Kebede

For my diet, I choose mostly organic. But in general, I am a big believer in trying to strike a balance with everything.

~Liya Kebede

Children with healthy mothers are much more likely to survive childhood, attend school and live healthy, productive lives.

~Liya Kebede

I really don't think there should be a movie about me. That's for sure!

~Liya Kebede

I grew up watching films. Film has been part of my life since I was a child.

~Liya Kebede

I actually started modeling in Ethiopia, because that's where I grew up, and I started out by just doing little fashion shows for school, and I liked it so much that I started pursuing it.

~Liya Kebede

I think, first of all, every time you want to play somebody who is real is always challenging and always scary, because you are given a responsibility of someone's real life.

~Liya Kebede

When countries commit to protecting vulnerable lives, they should receive support from those who can provide it in order to make their programs a success.

~Liya Kebede

It is important for me that I represent a brand that reflects my personality.

~Liya Kebede

Miriam Were has made outstanding contributions to public health in the developing world. She brings basic medical services to women and children in East Africa.

~Liya Kebede

I tend to gravitate toward Proenza Schouler and Alexander Wang. Their designs are accessible and easy.

~Liya Kebede

For my wardrobe, I like to invest in classic pieces and pair them with more trendy new pieces and accessories each season.

~Liya Kebede

I am always touched when friends make contributions to my foundation on my behalf.

~Liya Kebede

I don't think we should judge celebrities for doing charity work. Period. Whatever their reasons for doing it, they are shedding light on issues that would otherwise go unnoticed.

~Liya Kebede

I always loved having the chance to disappear in a story. I always was kind of obsessed with that.

~Liya Kebede

Doing designs on a loom takes a lot of talent and experience, and, trust me, I won't be able to do that.

~Liya Kebede

We can't end poverty if we fail to save the lives of our world's mothers.

~Liya Kebede

President Obama has made maternal health one of the core priorities of U.S. international aid funding.

~Liya Kebede

I can contribute, be valuable and grow in many ways, since my interests are so varied. That is very satisfying.

~Liya Kebede

I never thought modeling would become my career. I thought it was something I'd do to pay my way through college.

~Liya Kebede

I want to do action, romantic comedy, and I love drama.

~Liya Kebede

My children are still young, but I try to talk to them about giving back and how important it is, just to look at the world, be invested in things, to be passionate about things, to have a dream.

~Liya Kebede

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