

# Liz Halliday

## Quotes

*Sports, Giving, Team, Thinking, Games, Believe, Racing, Horse, Years, Car, Important, Cutting, Long, Attitude, Down And, Winning, Running, Taken, Jobs, Children*

I like having the two sports in my life. It is nice to have a change. They are both intense sports, but the balance I have is working for me at the moment and I find they compliment one another.

~Liz Halliday

The satisfaction of achieving goals is the greatest thing for me. There is nothing like a great race or ride that gives you an amazing boost. It is very rewarding when you win or do well.

~Liz Halliday

I was always involved in low level motor clubs, competitions and with the Vintage Auto Association, and I believe this really helped me on my way.

~Liz Halliday

Confidence is something that has developed over time which is a very positive thing to gain. Respect is also very important, both giving it and receiving it from other drivers in your team.

~Liz Halliday

I believe the more prepared you are physically, the better prepared you are mentally and the more you can then cope. Mentally you have to focus on the job in hand 100%.

~Liz Halliday

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