

Lolo Jones Quotes

*Athlete, Inspirational, Success, Gold, Sports, Winning, Needs, Balance, Defeat,
College, Get Over, Left, Calm, Sometimes, Winter, People, Attitude, Years,
Motivational, Four*

A failure isn't a failure if it prepares you for success tomorrow.

~Lolo Jones

Greatness finds us by obstacles in front of us. I don't look at hurdles as obstacles blocking my path but opportunities to overcome.

~Lolo Jones

There's always a point where you get knocked down. But I draw on what I've learned on the track: If you work hard, things will work out.

~Lolo Jones

I'm inspired by failure. The process of defeat - picking yourself back up again is the hardest thing in the world.

~Lolo Jones

Sometimes bad things are going to happen in your life, and those things can make you stronger if you just learn how to get over them.

~Lolo Jones

I never have prayed to win a gold medal at Olympics and never will. The Lord is my Shepard and I shall not want. May His will be done.

~Lolo Jones

A businessman needs a laptop. Athletes need massages and the right diet.

~Lolo Jones

Harder than training for the Olympics, harder than graduating from college, has been to stay a virgin before marriage.

~Lolo Jones

Stepping on that line for me, it will be about facing my fears.

~Lolo Jones

Running was like the friend that never left. It was just always there.

~Lolo Jones

Deep squats work so many muscles in your body. Once a week, I do three sets of six, or eight of the free-bar ones, which can help out your balance and work more muscles than doing them on the machine.

~Lolo Jones

As a young girl, I just wanted to have fun and compete. There were no goals of becoming an Olympic athlete. I wanted to hang out with my friends. I wanted to do something fun, and that's what I did

~Lolo Jones

It took Dan Jansen, the speed skater, four Olympics to win a medal-a gold one at that!-but he never gave up. I won't, either.

~Lolo Jones

The Olympics are only once every four years so you have to take advantage of all your opportunities, both to be an inspiration to people and help support your sponsors who help you.

~Lolo Jones

Believe it or not, Twitter calms me down. I enjoy interacting with people.

~Lolo Jones

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