

Lorraine Toussaint

Quotes

*Character, People, Dark, Children, Real, Play, Art, Thinking, Mind, Proud,
Teacher, Shadow, Inspiration, Modern Woman, Keys, Matter, Cost, Magic,
Dream, Order*

When stepping into the mind of a psychopath, you realize that there is something missing in their brain that they do not understand the consequences of their actions- in a sense.

~Lorraine Toussaint

We all have a dark side. Most of us go through life avoiding direct confrontation with that aspect of ourselves, which I call the shadow self. There's a reason why. It carries a great deal of energy.

~Lorraine Toussaint

When you eliminate vanity from an art form, and I would think that this would be any art form, what is left is an opportunity to be incredibly naked and truthful.

~Lorraine Toussaint

The light and the dark are the same. They share. They really do rub up against each other, and they are extraordinarily familiar with each other. They are actually friends.

~Lorraine Toussaint

So many young people feel powerless. We live in a world where it feels like it's so big and yet so small, and that your contribution really doesn't matter.

~Lorraine Toussaint

As an actor, I usually have to find something to love about my character in order to play her.

~Lorraine Toussaint

Being a mom myself and it being a huge and important part of who I am, made it easier for me to play the role of a strong, fierce, giving mom...

~Lorraine Toussaint

It is the ordinariness of us that is the same in all of us.

~Lorraine Toussaint

The ordinary is ultimately what moves us most deeply. It's what touches us, and it's what we most recognize, in great moments of art.

~Lorraine Toussaint

You can't play history and you can't play historical characters. You just have to reduce it to the ordinary.

~Lorraine Toussaint

I am so proud of Amelia Boynton. I can burst with pride.

~Lorraine Toussaint

Pretend and real are all real to a psychopath.

~Lorraine Toussaint

Initially I started in theatre as a Shakespearean actress before film and television. I've always been an artistic child growing up and I knew I wanted to act for as long as I can remember.

~Lorraine Toussaint

I love characters that are very layered and complex. It's more exciting and different than any simple role- plus, I love a good challenge.

~Lorraine Toussaint

A lot of our young people are sleep-walking, dreaming that they're awake, and lots of aspects of society initially go about keeping it so.

~Lorraine Toussaint

I've sort of prided myself on playing characters with conscience. The first way I go about creating a character is looking at that area of conscience. What have they done, and what has it cost.

~Lorraine Toussaint

As a modern woman, there are things I take for granted, and that shows up in the way I sit, the way I walk, the way I think, and what I know to be possible.

~Lorraine Toussaint

I grew up a middle class, colonized child of teachers, and librarians and people, women especially, who treasured education.

~Lorraine Toussaint

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