

Lou Ferrigno

Quotes

*Thinking, People, Father, Bodybuilding, Hearing, Passion, Queens, Work Out,
Trying, Kings, Want, New York, Motivational, Sleep, Grows, Mind, Shapes,
Avengers, Play, Done*

I never think about losing.

~Lou Ferrigno

The attitude is very important. Because, your behavior radiates how you feel.

~Lou Ferrigno

To be a champion you must act like one, act like a champion.

~Lou Ferrigno

There is no excuse for anyone not to train three times a week...Anyone can change their mind if they want to. It's all about motivation

~Lou Ferrigno

If I hadn't lost my hearing, I wouldn't be where I am now. It forced me to maximize my potential. I had to be better than the average person to succeed.

~Lou Ferrigno

WAIT TILL THEY SEE THESE ARMS IN AFRICA. THEY LOOK BIG ENOUGH TO ME

~Lou Ferrigno

If you are going to try and hide something, sooner or later people are going to find out.

~Lou Ferrigno

I like to be home every night with my family.

~Lou Ferrigno

I loved doing the 'King of Queens', I have never had so much fun doing a show. People got to see a different side of me.

~Lou Ferrigno

The truth is, I've been the Hulk my whole life.

~Lou Ferrigno

Computers can bully us. A slow and unreliable system will bring even the toughest soul to their knees as they find themselves completely defenseless against the erratic whims of their rogue machine.

~Lou Ferrigno

You are going to have bad days and have good days.

~Lou Ferrigno

Now because he saved the day they're making another solo Hulk movie after the second Avengers comes out.

~Lou Ferrigno

I have a lot of anger about my childhood - being hard of hearing and my relationship with my father.

~Lou Ferrigno

I don't think anybody else can play the Hulk like I could. I was able to show emotions even with all of the makeup. I don't think it can be duplicated.

~Lou Ferrigno

I think Eric Bana would be a good Superman. He's got that look. I think he'd be a great Superman.

~Lou Ferrigno

I did a movie 'I Love You, Man' and it got great reviews; it was very enjoyable.

~Lou Ferrigno

I train a lot of people on the side as a personal trainer, but I still work out myself to keep in great shape.

~Lou Ferrigno

Most pro bodybuilders have bad relationships with their fathers. We want to prove something.

~Lou Ferrigno

I've been involved with law enforcement for some time. My father was in law enforcement. I went through the training for Homeland Security. I enjoy it very much.

~Lou Ferrigno

I have a tremendous passion for fitness, I love challenges and I am a very driven guy.

~Lou Ferrigno

Close to birth... I lost, like, 80 percent of my hearing, and I had difficulty speaking.

~Lou Ferrigno

I've done the voice for the Hulk for the animated cartoon.

~Lou Ferrigno

The Hulk was the beginning of me, a platform as an actor to grow.

~Lou Ferrigno

I'm a Republican. I may go into politics myself.

~Lou Ferrigno

I love doing comedy. I did comedy for seven years on 'The King of Queens.

~Lou Ferrigno

I have always had an ambition to do 'Dancing with the Stars.

~Lou Ferrigno

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