Sports, Motivational, Football, Inspirational, People, Winning, Team, Player,
Games, Athlete, Want, Successful, Attitude, Believe, Coaching, College,
Leadership, Responsibility, Thinking, Basketball

Ability is what you're capable of doing. Motivation determines what you do. Attitude determines how well you do it.

~Lou Holtz

Remember. Every day, some ordinary person does something extraordinary. Today, it's your turn.

~Lou Holtz

I follow three rules: Do the right thing, do the best you can, and always show people you care.

~Lou Holtz

Don't tell your problems to people: eighty percent don't care; and the other twenty percent are glad you have them.

~Lou Holtz

Don't ever promise more than you can deliver, but always deliver more than you promise.

~Lou Holtz

Winners embrace hard work. They love the discipline of it, the trade-off they're making to win. Losers, on the other hand, see it as punishment. And that's the difference.

~Lou Holtz

When all is said and done, more is said than done.

~Lou Holtz

I never learn anything talking. I only learn things when I ask questions.

~Lou Holtz

You were not born a winner, and you were not born a loser. You are what you make yourself be.

2/14

~Lou Holtz

Life is 10 percent what happens to you and 90 percent how you respond to it.

~Lou Holtz

We aren't where we want to be; we aren't where we ought to be; but thank goodness we aren't where we used to be.

~Lou Holtz

If you're bored with life - you don't get up every morning with a burning desire to do things - you don't have enough goals.

~Lou Holtz

Everyone wants to win on Saturday afternoon when the game is played. It's what you do the other six days that decides the outcome ~Lou Holtz

If he's got golf clubs in his truck or a camper in his driveway, I don't him.

~Lou Holtz

You're never as good as everyone tells you when you win, and you're never as bad as they say when you lose.

~Lou Holtz

Everybody is looking for instant success, but it doesn't work that way. You build a successful life one day at a time.

~Lou Holtz

The standards you establish for others must reflect the standards you set for yourself. No one will follow a hypocrite.

~Lou Holtz

It always amazes me that spectators want to coach, coaches want to officiate, and officials just want to watch the game

~Lou Holtz

Attitude determines how well you do it.

~Lou Holtz

You'll never get ahead of anyone as long as you try to get even with him.

~Lou Holtz

What you are capable of achieving is determined by your talent and ability. What you attempt to do is determined by your motivation. How well you do something is determined by your attitude.

~Lou Holtz

You might not be able to outthink, outmarket or outspend your competition, but you can outwork them.

~Lou Holtz

It's not the load that breaks you down, it's the way you carry it.

~Lou Holtz

Show me someone who has done something worthwhile, and I'll show you someone who has overcome adversity.

~Lou Holtz

Without self-discipline, success is impossible, period.

~Lou Holtz

If you don't make a total commitment to whatever you are doing, then you start looking to bail out the first time the boat starts leaking.

~Lou Holtz

People eyeing you as a potential leader tend to ask three questions: Are you committed? Do you care about me? Can I trust you?

SenQuotes.com

~Lou Holtz

It's always better to face the truth, no matter how uncomfortable, than to continue coddling a lie.

~Lou Holtz

How you respond to the challenge in the second half will determine what you become after the game, whether you are a winner or a loser.

~Lou Holtz

I can't believe that God put us on this earth to be ordinary.

~Lou Holtz

Nothing is as good as it seems and nothing is as bad, but somewhere between reality falls.

~Lou Holtz

The man who complains about the way the ball bounces is likely the one who dropped it.

~Lou Holtz

The price of LEADERSHIP is RESPONSIBILITY....and part of that responsibility is to STAY POSITIVE whether you feel like it or not.

~Lou Holtz

It's the extra effort after you have done your best that creates victory.

5/14

~Lou Holtz

No one has ever drowned in sweat.

~Lou Holtz

You will never be indecisive if you know your purpose.

~Lou Holtz

You must have dreams and goals if you are ever going to achieve anything in this world.

~Lou Holtz

Those who know Notre Dame, no explanation's necessary. Those who don't, no explanation will suffice.

~Lou Holtz

The only people who aren't going to be criticized are those who do absolutely nothing

~Lou Holtz

Everybody needs four things in life: Something to do, someone to love, someone to believe in and something to hope for.

~Lou Holtz

Motivation is simple. You eliminate those who are not motivated.

~Lou Holtz

Do right. Do your best. Treat others as you want to be treated.

~Lou Holtz

I can't explain why a bride buys her wedding dress, whereas a groom rents his tux.

~Lou Holtz

I asked you to pack your headgear and shoulder pads, but more importantly your defense and your kicking game, because that's what wins game like this.

~Lou Holtz

In life, be a participant, not a spectator.

~Lou Holtz

Absolutely. There are a 1000 better coaches in the cities, but I'm the best in the country.

~Lou Holtz

On this team, we're all united in a common goal: to keep my job.

~Lou Holtz

If you make a fist and hold it for two hours, you won't be able to pick up a glass because you'll be so weak. Let's stay loose. Let's have fun.

~Lou Holtz

I think everyone should experience defeat at least once during their career. You learn a lot from it.

~Lou Holtz

Adversity is another way to measure the greatness of individuals. I never had a crisis that didn't make me stronger.

~Lou Holtz

Never settle for second when first is available

~Lou Holtz

A lifetime contract for a coach means if you're ahead in the third quarter and moving the ball, they can't fire you.

~Lou Holtz

In this world you're either growing or you're dying so get in motion and grow.

~Lou Holtz

Broadcasting is easy; you just talk until you think of something to say.

~Lou Holtz

In the successful organization, no detail is too small to escape close

#### attention.

~Lou Holtz

In the nineties, everybody wants to talk about their rights and privileges. Twenty-five years ago, people talked about their obligations and responsibilities.

~Lou Holtz

If what you did yesterday seems big, you haven't done anything today. ~Lou Holtz

You aren't going to find anybody that's going to be successful without making a sacrifice and without perseverance.

~Lou Holtz

God answers prayers, but he doesn't always answer it your way. ~Lou Holtz

Winners and losers aren't born, they are the products of how they think ~Lou Holtz

If you've been there, no explanation is necessary. If you haven't, none is adequate.

~Lou Holtz

The problem with having a sense of humor is often that people you use it on aren't in a very good mood.

~Lou Holtz

No matter how bad someone has it, there are others who have it worse. Remembering that makes life a lot easier and allows you to take pleasure in the blessings you have been given.

~Lou Holtz

You don't go to Notre Dame to learn something, you go to Notre Dame to be somebody.

~Lou Holtz

So many times people are afraid of competition, when it should bring out the best in us. We all have talents and abilities, so why be intimidated by other people's skills?

~Lou Holtz

Virtually nothing is impossible in this world if you just put your mind to it and maintain a positive attitude.

~Lou Holtz

If you continually ask yourself, "What's important now?", you won't waste time on the trivial.

~Lou Holtz

I'll assure you this: I will have nothing to do with politics.

~Lou Holtz

If you don't demand that your people maintain. High performances to remain on your team, Why should they be proud of the association? ~Lou Holtz

So what if someone wrote your obituary... that doesn't mean you are obligated to die.

~Lou Holtz

I believe your attitude is the most important choice you can make.

~Lou Holtz

I've never known anybody to achieve anything without overcoming adversity.

9/14

~Lou Holtz

When I work a game as an analyst, all I do is look at the game like a coach. Why was something successful? What makes it work? I just try to use my expertise and whatever insight I have to the game.

~Lou Holtz

For victory in life, we've got to keep focused on the goal, and the goal is Heaven.

~Lou Holtz

I feel that God wants me to coach; otherwise, he wouldn't have put the desire in me.

~Lou Holtz

Remember this. Bear Bryant retired at age 69, and he died 28 days after he stopped coaching. If you don't have something, and a purpose in your life, you're gonna die.

~Lou Holtz

Don't be a spectator, don't let life pass you by

~Lou Holtz

You've got to have great athletes to win, I don't care who the coach is. You can't win without good athletes but you can lose with them. This is where coaching makes the difference.

~Lou Holtz

The way you motivate a football team is to eliminate the unmotivated ones.

~Lou Holtz

Coaching is nothing more than eliminating mistakes before you get fired.

10/14

~Lou Holtz

It's a better view if you're standing up than if you're laying down.

~Lou Holtz

You live up - or down - to your expectations.

~Lou Holtz

I think that we have opportunities all around us - sometimes we just don't recognize them.

~Lou Holtz

If you burn your neighbors house down, it doesn't make your house look any better.

~Lou Holtz

We are always faced with different challenges, and circumstances necessitate bringing out the greatness God puts in all of us.

~Lou Holtz

Don't tell me how rocky the sea is, just bring the ship in.

~Lou Holtz

No matter what happens on the field, getting an education makes you a winner.

~Lou Holtz

Don't run if you can walk. Don't walk if you can stand. Don't stand if you can sit. Don't sit if you can lie down.

~Lou Holtz

What's important now? - To evaluate the past, focus on the future, and tell you what you have to do in the present

~Lou Holtz

Remember that adversity presents us with numerous possibilities for

success, if we are just willing to see them.

~Lou Holtz

The team that's on defense first (in overtime) has the advantage because they know whether they need a touchdown a field goal or just a score.

~Lou Holtz

Build your empire on the firm foundation of the fundamentals.

~Lou Holtz

Don't ever ask a player to do something he doesn't have the ability to do. He'll just question your ability as a coach, not his as an athlete.

~Lou Holtz

I won't accept anything less than the best a player's capable of doing... and he has the right to expect the best that I can do for him and the team!

~Lou Holtz

One reason I won't compromise is because I believe honesty helps you win over the long haul. You can win a game tomorrow and lose a team. You can lose a game tomorrow and win a football team.

~Lou Holtz

Don't let failure get you down. Babe Ruth struck out over 1,300 times.

~Lou Holtz

Everything ends badly, otherwise it would not end.

~Lou Holtz

I believe that having a spiritual life is so important in everybody's life.

~Lou Holtz

A team wins with the elimination of mistakes and with people who want to win and can't stand losing.

~Lou Holtz

The key to winning is choosing to do God's will and loving others with all you've got.

~Lou Holtz

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