

Lundy Bancroft Quotes

*Men, Believe, Long, Abuse, Attitude, Thinking, Hurt, Country, Luxury, Giving Up,
Couple, Children, Jobs, Creating, Spring, Giving, Distance, Perception,
Responsibility, Sleep*

Abusers thrive on creating confusion, including confusion about the abuse itself.

~Lundy Bancroft

Never believe a man's claim that he has to harm his partner in order to protect her; only abusers think this way.

~Lundy Bancroft

Abuse counselors say of the abusive client: "When he looks at himself in the morning and sees his dirty face, he sets about washing the mirror."

~Lundy Bancroft

Abuse and respect are diametric opposites: You do not respect someone whom you abuse, and you do not abuse someone whom you respect.

~Lundy Bancroft

Physical aggression by a man toward his partner is abuse, even if it happens only once.

~Lundy Bancroft

If we want abusers to change, we will have to require them to give up the luxury of exploitation.

~Lundy Bancroft

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