

Maharishi Mahesh Yogi Quotes

*Meditation, Mind, Men, Mean, Thinking, Heart, Life Is, Action, Ocean, Joy,
Want, Light, Consciousness, Fields, World, Law, People, Government,
Expression, Creative*

We must take situations as they are. We must only change our mental attitudes towards them.

~Maharishi Mahesh Yogi

Meditation is the sharp tool to dig out the great treasure hidden within everybody's inner personality.

~Maharishi Mahesh Yogi

Happiness radiates like the fragrance from a flower, and draws all good things toward you.

~Maharishi Mahesh Yogi

Don't fight darkness. Bring the light, and darkness will disappear.

~Maharishi Mahesh Yogi

All that we are is the result of what we have thought. The mind is everything. What we think, we become.

~Maharishi Mahesh Yogi

Do not fight the darkness, let the light in and the darkness will disappear.

~Maharishi Mahesh Yogi

Whatever we put our attention on will grow stronger in our life.

~Maharishi Mahesh Yogi

The genius of man is hidden in the silent, settled state of mind from where every thought emerges.

~Maharishi Mahesh Yogi

If you're too busy to meditate twice a day, you're just too busy.

~Maharishi Mahesh Yogi

Naturalness is the basis of effectiveness. If one poses to be something

else, one loses the charm of naturalness. The result is that one accumulates stress.

~Maharishi Mahesh Yogi

Meditation is the most effective form of relaxation. It not only relaxes the body and mind but also feeds them with vital energy, peace and happiness.

~Maharishi Mahesh Yogi

Don't go for what you know you can get. Go for what you really want.

~Maharishi Mahesh Yogi

We have an infinite number of reasons to be happy, and a serious responsibility not to be serious.

~Maharishi Mahesh Yogi

The philosophy of life is this: Life is not a struggle, not a tension. Life is bliss. It is eternal wisdom, eternal existence.

~Maharishi Mahesh Yogi

Meditation is the straight flight of the mind to the Kingdom of Heaven present in the heart of everyone.

~Maharishi Mahesh Yogi

It may take a little self-discipline - be simple, be kind, stay rested. Attend to your own inner-health and happiness.

~Maharishi Mahesh Yogi

Decide what you want and don't think of the intermediary conditions. When Nature works for us we should want what we want and Nature will work it out for us.

~Maharishi Mahesh Yogi

If one is not happy, one has lost the very purpose of life.

~Maharishi Mahesh Yogi

It is the focus on the highest ideal day after day that saves life from being wrapped up in small whirlwinds.

~Maharishi Mahesh Yogi

Fulfillment is structured in achievement, Achievement is structured in action, Action is structured in thinking, Thinking is structured in knowledge, Knowledge is structured in consciousness

~Maharishi Mahesh Yogi

We are not in a position to criticize anyone. The existence of enemies means for us that our friendliness has not been sufficient enough.

~Maharishi Mahesh Yogi

The secret of success is conviction and persistence.

~Maharishi Mahesh Yogi

We do not think of life - we live it. We do not think of ourselves too much. We do not think of others too much... We just behave in a natural way.

~Maharishi Mahesh Yogi

Nothing from outside can stop a man from enjoying lasting peace and permanent joy in life, for it is the essential nature of his own soul.

~Maharishi Mahesh Yogi

Meditation is the direct means of enjoying the greatest happiness and is the only means to quench the thirst for happiness on earth.

~Maharishi Mahesh Yogi

Outside is the joy of the drop. Inside is the joy of the ocean.

~Maharishi Mahesh Yogi

Life finds its purpose and fulfillment in the expansion of happiness.

~Maharishi Mahesh Yogi

The most effective teachers embody the teaching they give out.

~Maharishi Mahesh Yogi

Never think of failure, for what we think will come about.

~Maharishi Mahesh Yogi

Just think of any negativity that comes to you as a raindrop falling into the ocean of your bliss.

~Maharishi Mahesh Yogi

What others think of us is not our concern - it is their concern... It is important only that we radiate life. Every individual must be a joy to himself, to his family and to his society.

~Maharishi Mahesh Yogi

Transcendental meditation is something that can be defined as a means to do what one wants to do in a better way, a right way, for maximum results.

~Maharishi Mahesh Yogi

Rest and activity are the steps of progress.

~Maharishi Mahesh Yogi

Every thought, speech, and action of a person influences everything in the environment.

~Maharishi Mahesh Yogi

Alloted duty means you should live full potentiality with which you are born.

~Maharishi Mahesh Yogi

If world peace is to be established, peace in the individual must be established first. Transcendental Meditation directly brings peace in the individual life.

~Maharishi Mahesh Yogi

Consciousness is the basis of all life and the field of all possibilities. Its nature is to expand and unfold its full potential. The impulse to evolve is thus inherent in the very nature of life.

~Maharishi Mahesh Yogi

The kingdom of heaven is like electricity. You don't see it. It is within you.

~Maharishi Mahesh Yogi

There is nothing difficult, there is nothing complicated, only one has to have a desire to have a better quality of life.

~Maharishi Mahesh Yogi

Balance is the natural state of life, because the basic characteristic of the fundamental element of life, pure consciousness, is complete balance.

~Maharishi Mahesh Yogi

The whole effect of activity is to enrich the feeling of the other.

~Maharishi Mahesh Yogi

Meditation makes the man Divine and brings the Divine to the world of man.

~Maharishi Mahesh Yogi

Be as delicate as possible. If communication accomplishes something on the gross but damages something on the level of feeling then it is a spiritual loss! The feeling is more important for life.

~Maharishi Mahesh Yogi

We are not satisfied with peace alone. There has to be prosperity, there has to be affluence, there has to be fulfillment in life, not just peace.

~Maharishi Mahesh Yogi

TM in the a.m. and the p.m....20 minutes in the bank, all day in the market place.

~Maharishi Mahesh Yogi

See the job, do the job, stay out of the misery.

~Maharishi Mahesh Yogi

If you are open with someone, he will be open with you. If you want love from someone, give your love to him. If you want kind and sympathetic behavior from someone, be kind and sympathetic to him.

~Maharishi Mahesh Yogi

The experience of happiness is a direct means of replenishing life energy and revitalizing the mind.

~Maharishi Mahesh Yogi

The important thing is this: to be able, at any moment, to sacrifice what we are for what we could become.

~Maharishi Mahesh Yogi

Life is not a struggle, not a tension. Life has not to be suffering. Life is bliss

~Maharishi Mahesh Yogi

The power of light is always bigger than the power of darkness.

~Maharishi Mahesh Yogi

Allow your love to nourish yourself as well as others.

~Maharishi Mahesh Yogi

The highest state is laughter.

~Maharishi Mahesh Yogi

Know what you want, decide when you want it, figure your plan of action, follow through on it, and never doubt.

~Maharishi Mahesh Yogi

Good luck and good timing are the same thing.

~Maharishi Mahesh Yogi

As brain functioning becomes more and more integrated, consciousness - the mind - becomes more and more invincible, and then any dictate of the mind is immediately followed by the body.

~Maharishi Mahesh Yogi

Nature is favourable to our effort when human awareness is being established more and more in pure consciousness.

~Maharishi Mahesh Yogi

That great, mighty current of evolution which is advancing the life of everything in creation is simply invincible - no one can resist it.

~Maharishi Mahesh Yogi

Meditation is the best means of elongating life

~Maharishi Mahesh Yogi

Stress is the reason for crime and all other kinds of frustration. To relieve it will eliminate everything else.

~Maharishi Mahesh Yogi

From tiny, tiny waves of joy, one gets to the ocean of happiness, which is called bliss.

~Maharishi Mahesh Yogi

Gently resist the temptation to chase your dreams into the world; pursue them in your heart until they disappear into the Self, and leave them there.

~Maharishi Mahesh Yogi

There is time in life for everything.

~Maharishi Mahesh Yogi

Laughter is the language of the heart

~Maharishi Mahesh Yogi

You are the master of all the laws of nature if you know the transcendental field.

~Maharishi Mahesh Yogi

No action can be performed successfully without a clear result in view.

~Maharishi Mahesh Yogi

Art arises from the interaction of the mind and the heart.

~Maharishi Mahesh Yogi

There is nothing in the cosmos, either in the material plane or the spiritual plane which cannot be directly cognized.

~Maharishi Mahesh Yogi

Problems will disappear as darkness disappears with the onset of light.

~Maharishi Mahesh Yogi

If you believe in light, you'll be in light, you don't have to face darkness.

~Maharishi Mahesh Yogi

People are influenced by what we are, what we radiate. This has greater appeal than what we say.

~Maharishi Mahesh Yogi

The constitution of the universe is total natural law. 'Natural law,' we say from the field of science. 'Will of God,' we say from the field of religion. It's the same thing.

~Maharishi Mahesh Yogi

Success in anything is through happiness.

~Maharishi Mahesh Yogi

Whatever has been discovered has to be put to use - otherwise, what is the use of the discovery?

~Maharishi Mahesh Yogi

I want to eliminate the basis of problems and basis of crime, and basis of terrorism.

~Maharishi Mahesh Yogi

Consciousness in the individual is that area where the totality of life is located.

~Maharishi Mahesh Yogi

Nature knows best how to organise.

~Maharishi Mahesh Yogi

Unless an action is rightly thought out and its steps rightly planned, every stage of its performance will probably remain vague and therefore unsatisfactory for the doer and all those concerned.

~Maharishi Mahesh Yogi

Just as a mountain of snow is nothing but water, so also the whole universe is nothing but bliss.

~Maharishi Mahesh Yogi

A comfortable and regulated life is needed for fastest pace of evolution.

~Maharishi Mahesh Yogi

The golden gate to peace in life is the experience of bliss, and it is easy for everyone to acquire this great glory and live it throughout life.

~Maharishi Mahesh Yogi

Transcendental Meditation opens the awareness to the infinite reservoir of energy, creativity, and intelligence that lies deep within everyone.

~Maharishi Mahesh Yogi

Ideal relationship is based on giving.

~Maharishi Mahesh Yogi

A good teacher will appreciate the good qualities of his students. If one good quality is allowed to emerge, a world of good qualities will emerge from that one.

~Maharishi Mahesh Yogi

When the mind is attuned to the cosmic law, all the laws of nature are in perfect harmony with the aspirations of the mind.

~Maharishi Mahesh Yogi

We don't do what we know is wrong.

~Maharishi Mahesh Yogi

They think democracy - I used to say "damn the democracy", because it's not a stable government.

~Maharishi Mahesh Yogi

We are not responding to this instant if we are judging any aspect of it.

~Maharishi Mahesh Yogi

About humility we speak with an analogy: When the branches are full of fruit, they just bow down.

~Maharishi Mahesh Yogi

In meditation we research the field without time and space and activity, and yet produce a useful effect while conducting the research.

~Maharishi Mahesh Yogi

If you want to pay off your debts, it pays to increase your earning power.

~Maharishi Mahesh Yogi

It's as if we live in a house which has a vast treasury in one of its rooms. Only we've forgotten about it. So, instead of living a life of royalty, we go about in poverty.

~Maharishi Mahesh Yogi

If we are able to meet these two requirements - regularity in meditation and leading a good life in society, day-to-day a good life - then nothing would be unattainable by us.

~Maharishi Mahesh Yogi

My University of Management will create managers who will float in happiness, success and fulfillment.

~Maharishi Mahesh Yogi

Opposition is dangerous to immortality.

~Maharishi Mahesh Yogi

Only we should not be influenced by the winds.

~Maharishi Mahesh Yogi

Modern psychology has pointed to the need of educating people to use a much larger portion of the mind. Transcendental meditation fulfills this need. And it can be taught very easily.

~Maharishi Mahesh Yogi

'God helps those who help themselves.' - it's a very true saying.

~Maharishi Mahesh Yogi

Life is here to Enjoy!

~Maharishi Mahesh Yogi

In the United States we have the great Harvard Business School, but America is the country with the greatest debt in the world.

~Maharishi Mahesh Yogi

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