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My therapist says I'm afraid of success. I guess I could understand that, because after all, fulfilling my potential would REALLY cut into my sitting-around time

~Maria Bamford

Get out of your house and go see some live performance, for God's sake. There are people creating things just outside your window.

~Maria Bamford

I've never really thought of myself as depressed so much as I am paralyzed by hope.

~Maria Bamford

If you stay alive for no other reason do it for spite

~Maria Bamford

I'm not looking for much, I just want, like, a really nice guy who has, you know, like a job... and the missing half of this golden amulet.

~Maria Bamford

Thirty ways to shape up for summer. Number one: eat less. Number two: exercise more. Number three: what was I talking about again? I'm so hungry.

~Maria Bamford

Even if you're disgusting, and everyone is creeped out by you and thinks you're gross, you know, keep doing what you love!

~Maria Bamford

I do some compassionate mindfulness every day. It's like a Buddhist thing. I tell myself that I'm doing a good job, that kind of thing. It makes me feel better.

I'm not technically rich, but I do have a lot of s**t that I don't need, that I refuse to share with others.

~Maria Bamford

Sometimes I worry I don't want to get married as much as I'd like to be dipped in a vat of warm, rising bread dough.

~Maria Bamford

We're all doing the best we can and sometimes it is not that good.

~Maria Bamford

Younger and younger, our children are seeing the sippy-cup as half empty.

~Maria Bamford

I find it creatively satisfying to write material and say it out loud in a public place, whether or not anyone's listening.

~Maria Bamford

People get really irritated by mental illness.

~Maria Bamford

I express things through characters because I have a fear that my own voice is irritating because thats been said to me.

~Maria Bamford

I feel bad about that, that I worship celebrities... but their moods create weather.

~Maria Bamford

I get sort of short with people and start grumbling and clearing my throat - in honor of my father - when I'm impatient. It's very charming.

Some of my friends and family have tried to challenge me to do jokes that aren't as self-deprecating, where I genuinely express my own opinion in my own voice.

~Maria Bamford

I would've been able to write anything about mental-health crises had I not felt good.

~Maria Bamford

I have trouble watching singers because they are so sincere.

~Maria Bamford

Schizophrenia is hearing voices, not doing voices.

~Maria Bamford

Here's the Middle East. Here's the mosque, here's the church, open the temple, everybody's MAD!

~Maria Bamford

Time flies when you are anxious!

~Maria Bamford

I love support groups, people talking about their feelings.

~Maria Bamford

The thing that keeps the thoughts coming back is the power that you put in the thought that you can't think of it.

~Maria Bamford

I just love that part of comedy, where you see somebody's jokes develop. They try something new to see what works, and I just love that part.

I have received more fulfillment and adulation than I would ever know what to do with in terms of show business.

~Maria Bamford

I think the Internet has made it easier for people to connect with things that they really like, as well as provide a more personal experience, of 'I found this!' and then you can pass it to friends.

~Maria Bamford

When you're a comedian, you're just by yourself.

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