

Marilyn Ferguson

Quotes

Change, People, Self, Ideas, Learning, Believe, Mind, Real, Reality, Brain, Men, Peace, Water, Understanding Nature, Two, Dark, Effort, Attention, Fear, Funny

No one can persuade another to change. Each of us guards a gate of change that can only be opened from the inside. We cannot open the gate of another, either by agreement or by emotional appeal.

~Marilyn Ferguson

Your past is not your potential. In any hour you can choose to liberate the future.

~Marilyn Ferguson

The mind aware of itself is a pilot... vastly freer than a passenger mind.

~Marilyn Ferguson

Things fall apart, so they can fall together at a higher level of order.

~Marilyn Ferguson

The spiritual quest begins, for most people, as a search for meaning.

~Marilyn Ferguson

The other side of every fear is a freedom.

~Marilyn Ferguson

Of all the self-fulfilling prophecies in our culture, the assumption that aging means decline and poor health is probably the deadliest.

~Marilyn Ferguson

Risk always brings its own rewards: the exhilaration of breaking through, of getting to the other side; the relief of a conflict healed; the clarity when a paradox dissolves.

~Marilyn Ferguson

Making mental connections is our most crucial learning tool, the essence of human intelligence; to forge links; to go beyond the given; to see patterns, relationships, context.

~Marilyn Ferguson

Our biggest failure is our failure to see patterns.

~Marilyn Ferguson

The creative process requires chaos before form emerges.

~Marilyn Ferguson

Transformation is a journey without a final destination.

~Marilyn Ferguson

We have two strategies for coping; the way of avoidance or the way of attention.

~Marilyn Ferguson

We cannot leave the trap until we know we are in it.

~Marilyn Ferguson

An atmosphere of trust, love, and humor can nourish extraordinary human capacity. One key is authenticity: parents acting as people, not as roles.

~Marilyn Ferguson

The person and society are yoked, like mind and body. Arguing which is more important is like debating whether oxygen or hydrogen is the more essential property of water.

~Marilyn Ferguson

Over the years your bodies become walking autobiographies, telling friends and strangers alike of the minor and major stresses of your lives.

~Marilyn Ferguson

If we are to find our way across troubled waters, we are better served by the company of those who have built bridges, who have moved beyond despair and inertia.

~Marilyn Ferguson

So long as we need to control other people, however benign our motives, we are captive to that need. In giving them freedom, we free ourselves.

~Marilyn Ferguson

Uncertainty is the necessary companion of all explorers.

~Marilyn Ferguson

Our past is not our potential.

~Marilyn Ferguson

The most disturbing and wasteful emotions in modern life, next to fright, are those which are associated with the idea of blame, directed against the self or against others.

~Marilyn Ferguson

Many artists have said that when life itself becomes fully conscious, art as we know it will vanish.

~Marilyn Ferguson

only that which is deeply felt can change us. Rational arguments alone cannot penetrate the layers of fear and conditioning that comprise our crippling belief system.

~Marilyn Ferguson

When one begins the transformative process, death and birth are imminent: the death of custom as authority, the birth of the self.

~Marilyn Ferguson

Although most of us are complacent in our assumption that science is gaining on the unknown, scientists are acknowledging that man's own brain is complex beyond any hope of complete understanding.

~Marilyn Ferguson

Love is a context, not a behavior.

~Marilyn Ferguson

Those who have most at stake in the old culture, or are most rigid in their beliefs, try to summon people back to the old ideas.'

~Marilyn Ferguson

We live what we know. If we believe the universe and ourselves to be mechanical, we will live mechanically.

~Marilyn Ferguson

A fully functioning employee with a healthy self-image is money in the bank.

~Marilyn Ferguson

Cynics know the answers without having penetrated deeply enough to know the questions. When challenged by mysterious truths, they marshall 'facts.

~Marilyn Ferguson

The beginning of personal transformation is absurdly easy. We have only to pay attention to the flow of attention itself.

~Marilyn Ferguson

If the King's English was good enough for Jesus, it's good enough for me!

~Marilyn Ferguson

Before we choose our tools and technology, we must choose our dreams and values, for some technologies serve them, while others make them more unobtainable.

~Marilyn Ferguson

The East contemplated the forest the West counted the trees...the mind that knows that trees and the forest is a new mind.

~Marilyn Ferguson

Spirituality is a kind of virgin wisdom, a knowing that comes prior to experience.

~Marilyn Ferguson

Real progress in understanding nature is rarely incremental. All important advances are sudden intuitions, new principles, new ways of seeing.

~Marilyn Ferguson

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