

Mark Messier

Quotes

*Sports, Thinking, Hockey, Team, Winning, Player, Years, Different, Philosophy,
People, Captains, New York, Kevin, Important, Night, Moving, Bravery,
Responsibility, Consistent, Belief*

Bravery is not the absence of fear, but the action in the face of fear.

~Mark Messier

I think to compare any time you win a Stanley Cup would be unfair to all the players from all the teams.

~Mark Messier

When you play long enough, everybody goes through spells and streaks and slumps of some nature. I think it's just one of the those things where you have to play yourself out of it.

~Mark Messier

I think the idea of the obstruction through the neutral zone and away from the puck was an excellent rule.

~Mark Messier

The only pressure I'm under is the pressure I've put on myself.

~Mark Messier

I just think overall a lot of it has to do with conditioning and players putting in the time and the effort in the off-season to keep themselves in condition for 12 months a year.

~Mark Messier

When I left here I left everything here. It's time to move on

~Mark Messier

I would never say one was more important or more gratifying than the next because there's a tremendous amount of work, as you know, that goes into winning a cup.

~Mark Messier

Obviously every one of them was special to that particular team, all the people that were involved with it.

~Mark Messier

My jersey hanging from the ceiling is going to be a symbol of the hard work of the people I played with.

~Mark Messier

You always really have to remain consistent in your beliefs and philosophy.

~Mark Messier

Like I said, a 30-year-old hockey player, even when I came to New York when I was 30, I was on the downside of my career, pretty much the end of my career.

~Mark Messier

I think the thing you always got to keep in mind, you know, hockey is a game of one-on-one battles.

~Mark Messier

Well, my transition into being a captain was easy.

~Mark Messier

I've never really spent a lot of time thinking about my individual accomplishments actually.

~Mark Messier

But I just think as a captain, everybody's different.

~Mark Messier

I was assistant in Edmonton with Wayne as captain, and Kevin Lowe was the other assistant.

~Mark Messier

25 years later, you know, I haven't really put too much emphasis on any

kind of individual goal, other than trying to win any particular night, trying to find a way to do that.

~Mark Messier

There was a time there in the mid '80s to the '90s there that we played six finals, three Canada Cups, we were playing hockey almost 10 months a year for a long time there.

~Mark Messier

We had built up a team in Edmonton that really knew who each other was from a personal standpoint and from a professional standpoint. Our nucleus had stayed together for a long time.

~Mark Messier

I never was brought into the league thinking as far as, you know, statistics, things like that. We were really brought into the league in a team concept. Everything was focused around winning.

~Mark Messier

I haven't celebrated coming in No. 2 too many times.

~Mark Messier

Really the team often will take on the personality of its coach.

~Mark Messier

Biologically, I'm 10. Chronologically, I'm 33. In hockey years, I'm 66.

~Mark Messier

When Wayne was traded, I became captain. For me it really wasn't anything - I didn't do anything or I didn't feel I had to do anything different than what I had been doing all along.

~Mark Messier

I think now what you're seeing is guys that are in the peaks of their

careers anywhere from 27 to 35 years old, seems to be when they play their best hockey.

~Mark Messier

Coaching really is an individual philosophy.

~Mark Messier

It's a tough game, and you never want to take that aspect out of the game.

~Mark Messier

I played with a lot of great players before. They're all the same. They take a lot of responsibility for their own play, put a lot of pressure on themselves to perform and to play well.

~Mark Messier

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