People, Thinking, Actors, Fighting, Energy, Trying, Kids, Acting, Heart, Way, Years, Mother, Character, Play, May, Giving, Air, Want, Climate, Home

It's easy to do nothing, but your heart breaks a little more every time you do.

~Mark Ruffalo

I remember riding my bike down the boardwalk with nowhere to go and looking at the girls. It was really innocent.

~Mark Ruffalo

I became an actor so I didn't have to be myself.

~Mark Ruffalo

I think of marriage as a garden. You have to tend to it. Respect it, take care of it, feed it. Make sure everyone is getting the right amount of, um, sunlight.

~Mark Ruffalo

Love conquers all - love is the grace that transcends any kind of injustice in the end.

~Mark Ruffalo

When you have to fight for the things you love, you have to measure the value of those things in ways you may not in any other way.

~Mark Ruffalo

It is a fact that, today, up to seven million people a year are dying from fossil fuel pollution.

~Mark Ruffalo

Burning natural gas will not save us from climate change. It's the same as burning any other carbon-based fuel.

~Mark Ruffalo

You value the thing you are fighting for, but then you learn to value the time it takes to do it and the time you have off. Both of which are

precious.

~Mark Ruffalo

People say funny things all the time during really serious moments in life.

~Mark Ruffalo

Today, wind is the cheapest energy in America; solar is not far behind. In time, fossil fuels will only get more and more expensive.

~Mark Ruffalo

When people sit across from people - gay, straight, whatever - and they talk, they find out that people they may have been demonizing for their lifetime aren't the demons we've expected them to be.

~Mark Ruffalo

I like to disappear in the parts I play.

~Mark Ruffalo

Nothing anyone says in a bar is true.

~Mark Ruffalo

Also, stick around. Don't lose your heart, just keep going, keep at it.

~Mark Ruffalo

People are like, 'How does Julianne Moore look naked?' I don't know. She was pressed up against me the whole time. I couldn't look at her.

~Mark Ruffalo

By electrifying our lives, we reduce our energy costs by 39 percent, which is a huge savings in itself.

~Mark Ruffalo

I enjoyed growing up part of my life in Virginia Beach. We had the

ocean and the beach and a beautiful landscape.

~Mark Ruffalo

You can tell a lot about a person by what's on their playlist.

~Mark Ruffalo

After the brain tumor happened, I realized I love acting, I've always loved it, I may never get a chance to do it again.

~Mark Ruffalo

We'll engage in pretty extreme violence in the world but, you know, the one thing that comes to humans as easily as eating or breathing or sleeping, is sex.

~Mark Ruffalo

My belief about acting in one foot on a banana peel and the other one in the grave.

~Mark Ruffalo

I had to work on a Marlin boat, like gutting fish, like as the bait boy.

~Mark Ruffalo

No great advancement has ever been kept at bay because of ideology, nor greed. Eventually progress moves us forward.

~Mark Ruffalo

My dad [...] sent me a text saying, 'You know who you should play? Columbo. That's your Academy Award.'

~Mark Ruffalo

I always like having kid energy around. I think it's good for a movie, even when you're doing dramatic stuff.

~Mark Ruffalo

We're warriors, this culture, and we're very puritanical about sex and very embracing about violence and I don't know why that is.

~Mark Ruffalo

I'm very nervous in the beginning and then I get in there and start doing my work and I feel more comfortable.

~Mark Ruffalo

Commercials that are geared towards kids. I think they should just, like, wipe them out.

~Mark Ruffalo

That's my secret Cap: I'm always angry.

~Mark Ruffalo

The working-class folks and the poor, and those normal people living their lives out in the world without the glitter and the fanfare. There is a lot to learn from them.

~Mark Ruffalo

Yeah, there's a tendency to get pigeonholed in Hollywood.

~Mark Ruffalo

Climate change is the greatest threat to our existence in our short history on this planet. Nobody's going to buy their way out of its effects.

~Mark Ruffalo

I have a carpool with a corrections officer and a construction worker. My kids get to see that we're not segregated based on wealth or standing. It's very cool.

~Mark Ruffalo

I know what it's like to have these big multinational corporations invade your land and promise jobs and promise it's gonna be safe, and then

you see the consequences.

~Mark Ruffalo

There is nothing a good long walk can't help work out.

~Mark Ruffalo

I got into acting because I wanted to act and I love acting. That's my true north: to be creative and to be challenged in what I love to do.

~Mark Ruffalo

For some reason, my whole life has been, 'You can't do this, you can't do that.

~Mark Ruffalo

There's a level of trust that you have to have with somebody.

~Mark Ruffalo

I don't understand how people can take a gentle, loving life and treat it with such cruelty.

~Mark Ruffalo

My first cut was three hours and 17 minutes. And then I just became very shrewd about the editing.

~Mark Ruffalo

Even if my movies weren't big blockbusters, directors generally liked me, so they would fight for me.

~Mark Ruffalo

Actors, you kind of have these ebbs and flows. These moments where you're in your glory - where you're really cracking - and moments where you're not.

~Mark Ruffalo

Artists have always been the front line; that's part of our responsibility. But a lot of the big actors come out, they get slammed, and then they retreat.

~Mark Ruffalo

I love acting and I love it in all its different manifestations.

~Mark Ruffalo

The idea of selling is a projection that people create about people that is more of a reflection of who they are than what is actually happening in front of them with the artist.

~Mark Ruffalo

Most great parts for guys in wheelchairs tend to go to actors who walk.

~Mark Ruffalo

Trying to find the story within the story was hard. Filmmaking is such a reductive process in a strange way and you keep whittling away to what is essential.

~Mark Ruffalo

I ran to my marriage, I was happily ready to take on marriage.

~Mark Ruffalo

Literally, I think I've quit acting three or four times, only for a few days. Maybe for a few weeks.

~Mark Ruffalo

I didn't really have any interest in producing anything.

~Mark Ruffalo

I don't know, one out of every two marriages ends up in divorce so there's a lot of great people out there who people aren't happy with.

~Mark Ruffalo

I've just been more interested in doing film right now and I don't want to go away from my family for six months, which was what I would have had to have done if I did the play on Broadway.

~Mark Ruffalo

I like to think the movies that I've picked have something worthwhile to say. Something relevant.

~Mark Ruffalo

I don't want to feel like I'm stuck doing one-stock performances.

~Mark Ruffalo

I still feel like I'm trying to make it. It's hard to shed the struggling actor thing.

~Mark Ruffalo

My kids get very upset with me when I leave to do film work, but they have a lot of patience with me when I leave to do environmental work.

~Mark Ruffalo

The biggest industry hoax is that the United States can't move to renewable energy now. It's a lie.

~Mark Ruffalo

Whoever controls your energy controls your destiny. 100 percent renewable energy is 100 percent American.

~Mark Ruffalo

I like extremes. I like to change things up and keep from getting complacent or stale.

~Mark Ruffalo

I didn't like the distance between my family and myself that I was experiencing from having to work all the time.

~Mark Ruffalo

When you're on the road, you sort of go crazy and being away from your family you get stir-crazy and lonely, so I try to keep myself involved as much as possible.

~Mark Ruffalo

Electrify your life! With heating and cooling, cooking and travel, and you will be doing a lot to help the future of this planet. There is no need to burn anything anymore.

~Mark Ruffalo

I'd never seen anyone do a rebuttal review to some of the reviews.

~Mark Ruffalo

Some of my favorite scenes aren't in the movie. Because you, at some point, realize that your responsibility as director is purely to the story. It's not to your pleasure.

~Mark Ruffalo

Each role, I feel like takes you on a different journey based on who that character is.

~Mark Ruffalo

I come from a traditional theater background.

~Mark Ruffalo

But, the relationships that I see work - As long as they're telling the truth, and saying the things that you don't ever want to have to say to another human being.

~Mark Ruffalo

When you're trying to do character work that's different from what people expect from you, you're sort of in territory that is uncharted, and

you don't know how it's playing all the time.

~Mark Ruffalo

I try to do the things that speak to me in one way or another, and sometimes I'm even drastic.

~Mark Ruffalo

A leader in America or anyone who says they truly care about this nation without taking some kind of action is either a liar or insane. In either case, they are unfit to lead.

~Mark Ruffalo

The fact that I can make a living and support three kids and my wife doing what I love to do... who does that? That's golden. It's a very privileged thing.

~Mark Ruffalo

I have a bag full of stuff that I give to people when they come to my house.

~Mark Ruffalo

Tom [McCarthy] said to me, "Buddy, you got an Oscar nomination through that haircut! That's the real feat, man."

~Mark Ruffalo

It's a point of pride that no one would treat me any differently because I'm an actor than if I was a gardener.

~Mark Ruffalo

There's a misperception about actors that we actually choose the roles we end up doing - it's more that we're chosen for them.

~Mark Ruffalo

I live a bourgeois life.

~Mark Ruffalo

We are turning our grief into winnable actions.

~Mark Ruffalo

That's what I love about music...all these banalities suddenly turn into these beautiful, effervescent pearls.

~Mark Ruffalo

I do readings at the public library. I just did a benefit scene night for my old acting teacher.

~Mark Ruffalo

That was an interesting aspect: to go to war with the Church to fight for the very thing that the Church was meant to give to people.

~Mark Ruffalo

Certainly, it's very easy to fall in love with cash. If you're going to make all your decisions based on cash, you're going to have a pretty naffy career.

~Mark Ruffalo

The problem to me is violence. It's not cool to kill somebody or hurt people.

~Mark Ruffalo

Studio movies are looking more like independent movies and independent movies are looking more like studio movies, and I think cinema is better now because of it.

~Mark Ruffalo

I grew up on Lake Michigan during the PCB explosion, and I remember seeing the sick, dead fish with tumors, the weird deformed seagulls, the scum and the filth floating. We couldn't go swimming.

~Mark Ruffalo

As an actor, you want to remain vulnerable. You don't want to always have all the answers and you want to be fine doing things in the moment with your fellow actors.

~Mark Ruffalo

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