

Mark Twight Quotes

*Climbing, Crush, Incompetence, Sensations, Perfect, Men, Lying, Borders, Soul,
Success, Cost, Spectators, Three, Events, Memories, Safety, Alaska, Pain,
Mean, Simple*

Relish the challenge of overcoming difficulties that would crush ordinary men...learn to suffer.

~Mark Twight

Sometimes you must sacrifice yourself on the altar of effort to be reminded of what and who you could become if you applied yourself.

~Mark Twight

One hour three times per week in the gym is no counterbalance to all of the other behavior in those other 165 hours

~Mark Twight

Punish the body to perfect the soul.

~Mark Twight

It doesn't have to be fun to be fun.

~Mark Twight

I don't actually care what I climb, only how it affects me. Which means the summit doesn't matter as much as the emotional process.

~Mark Twight

So go ahead, break stuff. Break yourself on the once-hard edges of yourself. And recycle the debris into the foundation of your future.

~Mark Twight

Everything costs something everyone pays

~Mark Twight

Some of us wake up. Others roll over.

~Mark Twight

Ultimately, I wanted to own a big truck, exercise my second Amendment rights, listen to hardcore music, and let my congressman

know how poorly he represents me. None of this could occur in France.

~Mark Twight

Inconsistency, incompetence, and lies are all cut short by the ground. It will stop you if you can't stop yourself.

~Mark Twight

The simple fact is this: when you goto Alaska, you get your ass kicked.

~Mark Twight

Apperance is a Consequence of Fitness.

~Mark Twight

...and while ambition sleeps inside of me I content myself with memories of glitter and despair.

~Mark Twight

I scavenged for sensation, sought myself in the rewards of being out there, across the Border.

~Mark Twight

Crested Butte is for spectators; Chamonix is for participants.

~Mark Twight

Frostbite? I consider that a failure.

~Mark Twight

Success can breed contempt, and a casual attitude toward danger.

~Mark Twight

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