People, Thinking, Pain, Fun, Sports, Mean, Soccer, Guy, Hurt, Bucks, Glasses, Stronger, Numbers, Rugby, Giving, Rambling, Austin, Training, Play, Enjoy

Focus on what you want to do, don't be scared to try stuff. You only live once. You gotta take risks at times

~Mark Zupan

A tuna steak and a salad? Seventy bucks. Welcome to Los Angeles.

~Mark Zupan

There really isn't anything more refreshing then iced Coke out of the old-school glass bottles.

~Mark Zupan

I am a Rambling Wreck from Georgia Tech.

~Mark Zupan

If I can be an inspiration for someone, that's fine, but just don't look down on me. Don't say, 'Oh, you're in a wheelchair.

~Mark Zupan

I am lucky to live in Austin, so I can enjoy the live music.

~Mark Zupan

I wouldn't mind being taller or stronger.

~Mark Zupan

People aren't familiar with wheelchair sports. The only film crew in Athens for the Paralympics was the documentary crew.

~Mark Zupan

For those people who don't know what Whiteboy clothing is, it is not a white-supremacy thing. It is a great clothing line that just says, 'Have fun.

~Mark Zupan

For those of you who worry that I am a skinhead and anything that goes

along with that, I am not.

~Mark Zupan

I dream about running all the time.

~Mark Zupan

With all the traveling and promotion I've been doing for 'Murderball,' its been difficult keeping up with my rugby training.

~Mark Zupan

The whole thing is you don't want to be pigeon-holed as 'Oh, he's a guy in a wheel chair. He's very fragile. You better watch out.

~Mark Zupan

Man, if they played the commercials for 'Murderball' as much as they do for 'Hustle & Flow,' 'Murderball' would blow up!

~Mark Zupan

Most people fear pain. I've learned that not feeling pain is a much more frightening proposition than feeling it. In fact, there are times when I'm playing when I actually enjoy it.

~Mark Zupan

I met Evan Rachel Wood, James Woods, Kevin Bacon at Sundance. Steve Buscemi is pretty laid-back. I met Judy Greer in Vegas, and she was cool.

~Mark Zupan

Just because we are in wheelchairs doesn't mean we can't play a fast-paced, full-contact sport.

~Mark Zupan

Number one house rule of pool: don't lose in your own house.

~Mark Zupan

Life's too short not to laugh about yourself and the cards you're dealt. ~Mark Zupan				

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