

Martha Manning

Quotes

*Struggle, Depression, Anxiety, Two, Body, Crazy, Fighting, Remember,
Memories, Suicidal, Pain, Children, Defense, Darkness, Sometimes, Country,
Light, Giving, Simple, Warning*

The bottom line is that my life has already almost slipped away from me. I have two choices: I can end it or I can fight like hell to save it.

~Martha Manning

It's enough just to speak when spoken to, to give some minimal reaction to a stimulus. But to actually be the stimulus doesn't even occur to me.

~Martha Manning

The body remembers what your mind forgets.

~Martha Manning

In these flashes of insight, I understand for a moment that one of the great dividends of darkness is an increased sensitivity to the light.

~Martha Manning

The infinity of this vacancy, the pervasive pain, the longing for some spirit, some lightness, some joy - that's all that is left.

~Martha Manning

Psychologists call it "free-floating" anxiety. What contradictory words. Anxiety doesn't free-float. It stalks. It attacks. It lands on you with a thud.

~Martha Manning

Some struggles are so solitary that they drown in words.

~Martha Manning

Sometimes hell has no words.

~Martha Manning

I always feel bad laughing at people who act crazy. But sometimes the things they do are so damned funny. I wonder what I'd look like if I slipped a few notches on the mental-health index.

~Martha Manning

Related Links:

- Struggle Quotes
- Depression Quotes
- Anxiety Quotes
- Two Quotes
- Body Quotes
- Crazy Quotes
- Fighting Quotes
- Remember Quotes
- Memories Quotes
- Suicidal Quotes
- Pain Quotes
- Children Quotes
- Defense Quotes
- Darkness Quotes
- Sometimes Quotes
- Country Quotes
- Light Quotes
- Giving Quotes
- Simple Quotes
- Warning Quotes