

Mary Pipher Quotes

*Girl, Self, Thinking, Daughter, Children, Moving, Writing, Long, Childhood,
Country, Parent, People, Strong, Divorce, Responsibility, Identity, Joy, Anorexia,
America, Failing*

With meditation I found a ledge above the waterfall of my thoughts.

~Mary Pipher

Adolescence is when girls experience social pressure to put aside their authentic selves and to display only a small portion of their gifts.

~Mary Pipher

I'm a perfectly good carrot that everyone is trying to turn into a rose. As a carrot, I have good color and a nice leafy top. When I'm carved into a rose, I turn brown and wither.

~Mary Pipher

The two most radical things you can do in America are to slow down, and to talk to each other. If you do these things, you will improve your country.

~Mary Pipher

I think history is inextricably linked to identity. If you don't know your history, if you don't know your family, who are you?

~Mary Pipher

we are a small, interconnected world; that we are all safe or none of us are; that we are all well cared for or all at risk.

~Mary Pipher

One important reason to stay calm is that calm parents hear more. Low-key, accepting parents are the ones whose children keep talking.

~Mary Pipher

Therapy isn't Radio. We don't need to constantly fill the air with sounds. Sometimes, when its quite, surprising things happen.

~Mary Pipher

When one of us tells the truth, he makes it easier for all of us to open

our hearts to our pain and that of others.

~Mary Pipher

All feelings are acceptable, but all behavior isn't.

~Mary Pipher

Telling stories never fails to produce good in the universe.

~Mary Pipher

How many therapists does it take to change a lightbulb? One, as long as the lightbulb wants to change.

~Mary Pipher

The protected place in space and time that we once called childhood has grown shorter.

~Mary Pipher

Language imparts identity, meaning, and perspective to our human condition. Writers are either polluters or part of the cleanup.

~Mary Pipher

The fullness of life comes from an identity built on giving and on joy.

~Mary Pipher

Most parents of adolescent girls have the goal of keeping their daughters safe while they grow up and explore the world. The parents' job is to protect, the daughter's job is to explore.

~Mary Pipher

In all the years I've been a therapist, I've yet to meet one girl who likes her body.

~Mary Pipher

Something dramatic happens to girls in early adolescence. Just as

planes and ships disappear mysteriously into the Bermuda Triangle, so do the selves of girls go down in droves.

~Mary Pipher

Real friends require honesty, openness, and even vulnerability. They also require attention and simple acts of kindness.

~Mary Pipher

I want to write. I have always wanted to write. I do not care if I am not good at it. I just want to try.

~Mary Pipher

We tend to value military heroes and Schwarzenegger types who are physically courageous. The heroics of doing the right thing every day even when it is dull and inconvenient are undervalued.

~Mary Pipher

Traditionally parents have wondered what their teens were doing, but now teens are much more likely to be doing things that can get them killed.

~Mary Pipher

If there's a therapist who wants a writing project, I think there's a need for a book about how the culture affects the mental health of boys.

~Mary Pipher

All geniuses born women are lost to the public good.

~Mary Pipher

Intelligent resistance keeps the true self alive

~Mary Pipher

Adolescence is a border between childhood and adulthood. Like all borders, it's teeming with energy and fraught with danger.

~Mary Pipher

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