Art, Training, Effort, Spiritual, Way, Justice, Achievement, Sports, Strong, Sake, Fighting, Courtesy, Goal, Men, Overcoming, Eye, Want, Reading, Mean, Trying

If you do not overcome your tendency to give up easily, your life leads to nothing.

~Mas Oyama

One becomes a beginner after 1000 days of training. One becomes a master after 10,000 days of practice.

~Mas Oyama

I realized that perseverence and step-by-step progress are the only ways to reach a goal along a chosen path.

~Mas Oyama

Human beings are capable of virtually limitless degradation; they are also capable of virtually limitless improvement and achievement. Success depends on goals and on diligence in pursuing them.

~Mas Oyama

One must try, everyday, to expand one's limits.

~Mas Oyama

Personal greed and egoism are things that cause human beings to forget respect for others and to violate rules that have been established for the sake of peace and friendship.

~Mas Oyama

If someone asked me what a human being ought to devote the maximum of his life to, I would answer: training. Train more than you sleep.

~Mas Oyama

The path of Martial Arts begins and ends with courtesy. So be genuinely polite on every occasion.

~Mas Oyama

Always remember that the true meaning of Budo is that soft overcomes hard, small overcomes large.

~Mas Oyama

One living daily in the Way carries their head low and their eyes high; reserved in speech and possessing a kind heart, they steadfastly continue in their training efforts.

~Mas Oyama

No matter how strong the rival, the just will always win.

~Mas Oyama

Until the day I die, I never want to be separated from my dogi; I never want to cease my training efforts in the dojo.

~Mas Oyama

Subjecting yourself to vigourous training is more for the sake of forging a resolute spirit that can vanquish the self than it is for developing a strong body.

~Mas Oyama

Karate is Budo and if Budo is removed from Karate it is nothing more than sport karate, show karate, or even fashion karate-the idea of training merely to be fashionable.

~Mas Oyama

Reading good books implants good ideas in the mind, develops good aspirations, and leads to the cultivation of good friends.

~Mas Oyama

As far as possible, I want nothing more than to don my training gi and teach Karate.

~Mas Oyama

The most important are the eyes. In a fight if you look down out of fear you'll certainly be defeated

~Mas Oyama

The fastest way to attain courage is to follow the chosen Way and be willing to abandon life itself for the sake of justice.

~Mas Oyama

The most significant life is the one lived on the basis of a personal sense of justice and the desire to see justice realized everywhere.

~Mas Oyama

I have not permitted myself to be ignorant of any martial art that exists. Why? Such ignorance is a disgrace to someone who follows the path of the martial arts.

~Mas Oyama

1-2 out of every 100 students reach Black Belt and of those only 1 out of every 1,000 achieves his 2nd Dan

~Mas Oyama

A man who understands decorum and the courtesies is a great treasure; I hope to train and send into society as many such men as I can.

~Mas Oyama

Behind each triumph are new peaks to be conquered.

~Mas Oyama

A human life gains lustre and strength only when it is polished and tempered.

~Mas Oyama

In the martial arts, introspection begets wisdom. Always see

contemplation on your actions as an opportunity to improve.

~Mas Oyama

My Way is the Way of Karate, which is also the Way of humanity, and which is consequently related to the Way of Heaven.

~Mas Oyama

Come ye trials and challanges; come life's big waves, for I am ready? ~Mas Oyama

True courage is born only when it is accompanied by justice.

~Mas Oyama

Power is no more than a part, no more than the tip of the iceberg of limitless profundity and sublimate of Karate.

~Mas Oyama

Sice Karate exists for cultivating the spirit and training the body, it must be a moral way surpassing mere techniques.

~Mas Oyama

It is possible for even the smallest of accolades of achievement to be truly worthwhile without tears and toil?

~Mas Oyama

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