Technique, Martial Arts, Thinking, People, Fighting, Real, Men, Practice,
Sadness, Art, Moving, Movement, Training, Opponents, Needs, Important, Able,
Use, Winning, Breathe

When weak or injured always continue training as you should always be able to adapt in any condition.

~Masaaki Hatsumi

Forget your sadness, anger, grudges and hatred. Let them pass like smoke caught in a breeze. Do not indulge yourself in such feelings.

~Masaaki Hatsumi

Always be able to kill your students

~Masaaki Hatsumi

Learning a technique is not an end in itself, it merely indicates where you need to start.

~Masaaki Hatsumi

The first priority to the ninja is to win without fighting.

~Masaaki Hatsumi

Any place we can breathe, we can do Ninjutsu.

~Masaaki Hatsumi

No more talk. I'm sick of people talking. Train.

~Masaaki Hatsumi

You've got to learn to utilize the space (between you and your opponent). Distancing is very important.

~Masaaki Hatsumi

If you do something and it saves your life, it was good taijutsu. In a real fight, you aren't worried about what's pretty.

~Masaaki Hatsumi

You are not punching them; it is your going into kamae that punches them.

~Masaaki Hatsumi

Nature is your friend; it helps you to win. Your enemy will have unnatural movement, therefore you will be able to know what he is going to do before he does it.

~Masaaki Hatsumi

Don't think that any one technique is the end. there is no end. There is no perfect technique. Just when you think you've got them, you're dead because you didn't.

~Masaaki Hatsumi

Looking for the meaning of life, one man can discover the order of the universe. To discover the truth, to achieve. a higher spiritual state, that is the true meaning of ninja.

~Masaaki Hatsumi

Those who desire only techniques will never understand this art. It is everything beyond that

~Masaaki Hatsumi

The simplest is always the most difficult.

~Masaaki Hatsumi

Move with your feet, the hands will follow.

~Masaaki Hatsumi

Your life is on the line, practice well.

~Masaaki Hatsumi

From now on you must strive to cut out unnecessary movement. Waste in movement is wrong and will get you killed.

~Masaaki Hatsumi

Separate yourself from the technique; separate yourself from yourself.

~Masaaki Hatsumi

You must throw away your bad habits to get good.

~Masaaki Hatsumi

It is important to practice so your movement is the minimum necessary to complete its task.

~Masaaki Hatsumi

You are not just fighting one opponent. You are fighting the unknown.

~Masaaki Hatsumi

Ninja should have the benevolence to protect men of justice since there are lots of good and respectable people in the world.

~Masaaki Hatsumi

Don't have a fixed idea in your head (that you have to use this or that technique). Use everything you've learned until now.

~Masaaki Hatsumi

Focus on the future for 50%, on the present for 40%, and on the past for 10%

~Masaaki Hatsumi

Always observe your opponent carefully. You need to use the first seconds of every encounter to evaluate the length of their blade, the length of their arms, etc.

~Masaaki Hatsumi

Budo is simply the study of the best ways to kill.

~Masaaki Hatsumi

Breathe life into the weapon, don't take life away from it. Keep walking,

because walking is life.

~Masaaki Hatsumi

You must be on your toes constantly, yet be relaxed.

~Masaaki Hatsumi

There are times to kill and times not to kill. Please bear this in mind with grave consideration.

~Masaaki Hatsumi

If you do not let go of thinking about forms, you will not understand what I am showing.

~Masaaki Hatsumi

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