

Masaharu Morimoto

Quotes

Soul, Thinking, Knives, Home, Years, Want, People, Way, Your Soul, Soup, Kitchen, Knows, Team, Wife, Best Food, Country, Cooks, Italian, School, Sweet

I'm not making art, I'm making sushi

~Masaharu Morimoto

Ramen is a dish that's very high in calories and sodium. One way to make it slightly healthier is to leave the soup and just eat the noodles.

~Masaharu Morimoto

Cook more often. Don't study; just cook.

~Masaharu Morimoto

I'm not a fighter, but in my mind I'm fighting every day. 'What's new? What am I doing?' I'm fighting myself. My soul is samurai. My roots aren't samurai, but my soul is.

~Masaharu Morimoto

New York is my, you know, second hometown.

~Masaharu Morimoto

A lot of people think Japanese food is difficult, a lot of work. But you don't have to buy the knife I have. You don't have to train as long as I have. You can do my cooking in your kitchen.

~Masaharu Morimoto

Japanese chefs believe our soul goes into our knives once we start using them. You wouldn't put your soul in a dishwasher!

~Masaharu Morimoto

No rules. Don't be afraid to do whatever you want. Cooking doesn't have to have rules. I don't like it that way.

~Masaharu Morimoto

A kitchen without a knife is not a kitchen.

~Masaharu Morimoto

I buy soy sauce and flavor it five different ways: with sake, mirin, sugar, kombu and bonito flakes. I use them on lots of dishes at home.

~Masaharu Morimoto

Just ask the local people for the best food. Don't rely on a guidebook.

~Masaharu Morimoto

On behalf of my native Japan, I am grateful to the culinary community and hospitality industry for working together to raise much-needed funds to aid the tsunami and earthquake victims.

~Masaharu Morimoto

I always have dashi in my refrigerator—it's the almighty Japanese ingredient.

~Masaharu Morimoto

When I'm on the road, I wake up early and walk a lot. I'm very healthy. But when I come back home, I am more tempted by guilty pleasures, such as eating too many sweets and sleeping a lot.

~Masaharu Morimoto

You wouldn't put your soul in a dishwasher!

~Masaharu Morimoto

A lot of people call me a celebrity chef, but I don't think that I'm a celebrity. So I want to stay keeping just a chef. That's more comfortable.

~Masaharu Morimoto

I don't eat anything on an airplane.

~Masaharu Morimoto

I want to expand my cuisine to this country. I love America. I have been here 22 years.

~Masaharu Morimoto

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