

Matt Berninger

Quotes

*Song, Writing, Rocks, Thinking, People, Real, Party, Realizing, Healthy, Kids,
Want, Different, Drinking, Nice, Emotional, Long, Feelings, Wine, Fun,
Overwhelmed*

You gotta lean towards the things that make you like yourself. Forget everything else.

~Matt Berninger

It is the melody and the rhythm that are by far the most important and then words and imagery and stuff, story bits will start to stick to a melody and that is the way I write.

~Matt Berninger

I became at peace with the darkness or the personality that I have. I am usually pretty funny and happy.

~Matt Berninger

I drink wine on stage to sort of loosen my grip on reality a little.

~Matt Berninger

My parents know that I have always been sort of a dark melodramatic kid, so they were never concerned.

~Matt Berninger

A song is a song and, if I am emotionally connected to do it, whether it is sad or not sad, I am going to chase that song.

~Matt Berninger

I don't want somebody telling my daughter who she can marry, or what she can do with her body. That's what was at stake.

~Matt Berninger

Maybe because I have spent too much of my life in rock clubs. I don't really go to parties anymore either. I'll usually be in the bus by 11:30 after a show.

~Matt Berninger

I actually don't go to shows anymore. Rock concerts have lost their

appeal for me.

~Matt Berninger

Live on coffee and flowers. Try not to worry what the weather will be.

~Matt Berninger

Not all the songs are real events, but I do write about stuff that is close to my heart and it comes out one way or another.

~Matt Berninger

I'm not saying I'm not a moody guy sometimes, but I think I have a pretty normal balance.

~Matt Berninger

Trying to make it and get people to respect your band, being a cool band-all of that stuff-I think we've arrived at a place where we have kids and everything is in perspective and it doesn't matter.

~Matt Berninger

Music has got a community vibe to it that pulls people together, and those communities are different in different places.

~Matt Berninger

A person with grace is somebody who's socially graceful or is a classy person, but sometimes you just feel the opposite of that, and you just feel like a jerk and a loser and a weirdo.

~Matt Berninger

The song 'Humiliation' is kind of about what if, outside of a dinner party or something, I was blown up by a drone missile, out by the pool. What an embarrassing way to go.

~Matt Berninger

I have pit bulls barking at me on half of the love songs.

~Matt Berninger

I can never turn a tour into a vacation.

~Matt Berninger

Getting on stage and performing and standing under lights is such an unsettling experience - in a good and bad way - but it's the only place I can go to feel comfortable.

~Matt Berninger

A different drumbeat or some vocal overdub could completely transform the song.

~Matt Berninger

I'm doing a little freelance work, and I think everybody's trying to take their minds off rock and roll for a little while and get some perspective.

~Matt Berninger

Sadness is not always the worst feeling. Sometimes it's a really pleasurable thing to be overwhelmed with sadness.

~Matt Berninger

Lyrics need to be good, but they don't need to be obvious right away.

~Matt Berninger

I focus on the words and then I have fun putting together the music after.

~Matt Berninger

I can only write songs when somebody gives me some water to swim in. Otherwise, I'm a fish on the beach.

~Matt Berninger

It takes us a long time to write a song that we all really like, so it makes

sense that it would take a while for the listener to get there, too.

~Matt Berninger

I'm going to keep drinking on stage. I have a pretty healthy relationship with alcohol. I know how far to go and when to stop.

~Matt Berninger

Once you do have a child you want to talk about every detail of it. And it is really boring to all your friends and it should be.

~Matt Berninger

Somehow, you realize you can kind of do anything in music. You don't have to be good at a certain thing; you can just do whatever you want.

~Matt Berninger

When you realize that the baby's healthy and born, it's a release and you're so happy.

~Matt Berninger

The last thing you want to do is write songs about being in a band.

~Matt Berninger

I've never had so much fun being back at my job sitting in front of my computer. Compared to 10 months on the road, going home and sleeping in my own bed every night is really nice.

~Matt Berninger

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