

# Matthew Kelly

## Quotes

*Discipline, Character, People, Want, Hands, World, Doe, Modern, Book,  
Believe, Commitment, Church, Thinking, Helping, Noble, Way, Self, Life Is,  
Men, Struggle*

If you don't have time to pray and read the scriptures, you are busier than God ever intended you to be.

~Matthew Kelly

Anything and anyone that does not help you to become the best version of yourself is too small for you.

~Matthew Kelly

Who you become is infinitely more important than what you do, or what you have.

~Matthew Kelly

Whether you are sixteen or sixty, the rest of your life is ahead of you. You cannot change one moment of your past, but you can change your whole future. Now is your time.

~Matthew Kelly

Our essential purpose is to become the best version of ourselves.

~Matthew Kelly

You will learn more from your friends than you ever will from books. Choose your friends wisely

~Matthew Kelly

We become the books we read.

~Matthew Kelly

Thought determines action. Do not let your whole life be a reaction to the things that happen around you each day. Let your life be an action.

~Matthew Kelly

Freedom is not the ability to do whatever you want. Freedom is the strength of character to do what is good, true, noble, and right.

~Matthew Kelly

Character is built little by little, over days, weeks, months, and years, with thousands of small and seemingly insignificant acts of discipline.

~Matthew Kelly

Every journey to something is a journey away from something

~Matthew Kelly

Reading is to the mind what exercise is to the body and prayer is to the soul.

~Matthew Kelly

It takes more energy to maintain mediocrity than it takes to pursue excellence.

~Matthew Kelly

Our lives change when our habits change.

~Matthew Kelly

God of hope, I look to you with an open heart and yearning spirit. During this Advent season, I will keep alert and awake, listening for your word and keeping to your precepts. My hope is in you.

~Matthew Kelly

Never believe a promise from a man or woman who has no discipline. They have broken a thousand promises to themselves, and they break their promise for you.

~Matthew Kelly

Striving humbly but heroically to live by what is good, true, and noble in the midst of - and in spite of - the modern climate.

~Matthew Kelly

Let your life be guided by greatness

~Matthew Kelly

The way we see the world determines the way we live our lives

~Matthew Kelly

Our culture places a very high premium on self-expression, but is relatively disinterested in producing "selves" that are worth expressing.

~Matthew Kelly

When you stand still, you reject the struggle, and you refuse to change and grow. Ultimately, you reject fulfillment, happiness, the dance for joy and everything else that is eternally good.

~Matthew Kelly

Work-life balance was a mistake from the start. Because we don't really want balance. We want satisfaction.

~Matthew Kelly

Love is a choice, love is an act of will, you can choose to love.

~Matthew Kelly

In fact, the more each person can remove his or her ego from the discussion and focus on the subject matter, the more fruitful the conversation will be for all involved.

~Matthew Kelly

Prayer is like a great love. When you start dating the silence can be awkward, but as you grow to know each other you can sit in silence for hours and just being with each other is a great comfort.

~Matthew Kelly

Discipline is the path to happiness.

~Matthew Kelly

Catholicism is not a lifeless set of rules and regulations. Catholicism is a lifestyle. Catholicism is a way of life designed by God to help you

become all you can be.

~Matthew Kelly

To be truly intimate with another person, is to share every aspect of yourself with that person.

~Matthew Kelly

We are not here to solve the problems; the problems are here to solve us.

~Matthew Kelly

Truth be told, our modern education systems crush the very spirit they claim to instill.

~Matthew Kelly

Superficiality is the curse of the modern world.

~Matthew Kelly

The beauty of Catholicism is every human being's right.

~Matthew Kelly

The measure of your life will be the measure of your courage.

~Matthew Kelly

The notion of freedom proclaimed by the modern world is anti-discipline. But true freedom cannot be separated from discipline.

~Matthew Kelly

The abuse of a good does not diminish the good of a good

~Matthew Kelly

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