Thinking, People, Guy, Laughing, Kids, School, Years, Trying, Girl, Character, Ideas, Emotional, Song, Recovery, Would Be, Inspirational, Rights, Believe, Remember, Party

In high school, my prom date fooled around with another guy - on prom night!

~Matthew Perry

I really lived life to its fullest and that got me in trouble from time to time.

~Matthew Perry

There's nothing better than a world where everybody's just trying to make each other laugh.

~Matthew Perry

A lot of people think that addiction is a choice. A lot of people think it's a matter of will. That has not been my experience. I don't find it to have anything to do with strength.

~Matthew Perry

'Friends' was a magical thing, and no one's going to ever have anything like that again.

~Matthew Perry

I became a big Kings fan, and then later on my hometown of Ottawa got a team, so then I was very, very torn. I just love both of those teams very much.

~Matthew Perry

If there's a silence in a room I'll try to fill it as soon as humanly possible.

~Matthew Perry

When I was younger, I used humour as a tool to avoid getting too serious with people - if there was deep emotional stuff going on, then I would crack a joke to defuse the situation.

~Matthew Perry

I loved playing Chandler. I grew up playing that part.

~Matthew Perry

Nine times out of 10, women don't want to fix a problem, they just want to be understood. I'll never get that.

~Matthew Perry

I love the idea of 'the one' but I actually believe that there isn't a Miss Right. There are 12,000 Miss Rights out there and it's all timing.

~Matthew Perry

I have a dark side; it's been pretty well documented. It wouldn't be bad to show that in some light in my work...It's something I no longer fear doing and am actually excited about doing.

~Matthew Perry

I learned to fall down early in life - I was like six - because I realized it was a way to make girls laugh.

~Matthew Perry

I need a woman to have a quirky sense of humor. There's a bunch of jokes I use, and if she doesn't get them, she's probably not for me.

~Matthew Perry

I'm a sensitive guy. If you are a woman and you're in any kind of emotional duress and you write a song about it, I'll buy you album.

~Matthew Perry

My sense of style is an old Polo shirt, jeans and, unfortunately for the longest time, white running shoes, which was not attractive. The one thing I've learned about clothes is to ask a girl.

~Matthew Perry

I would like you all to give me a round of applause as I have not

crashed my car in over 15 months.

~Matthew Perry

I've just found out there are pages on the internet dedicated to whether I'm gay or not.

~Matthew Perry

I don't have a very 'masculine' taste in music. I get a lot of heat from my friends about that.

~Matthew Perry

I've been accused of not really paying attention to a sentence unless my name comes up in it twice.

~Matthew Perry

To me, writing is remembering something funny that happened, or maybe something I said seven years ago.

~Matthew Perry

Ninety percent of video game AI really is pretty damn bad. I think that's actually why it's so much fun to shoot things. Because the AI is so bad and the characters are so annoying.

~Matthew Perry

To be a comedian, you have to have some darkness behind it. I certainly draw on my past, and it helps.

~Matthew Perry

Chandler's the guy everybody thinks will do well with women, but he thinks too much and says the wrong thing.

~Matthew Perry

I think if you look back at all those great comedies on television in the past, it's all lovable losers that gathered together - 'Taxi' and 'Cheers,'

'Seinfeld' and 'Friends.'

~Matthew Perry

I used to spend a lot of time just thinking about myself, thinking that the party started when I showed up.

~Matthew Perry

The thing is, if I don't have sobriety, I don't have anything.

~Matthew Perry

After I got my first laugh on stage, I was hooked.

~Matthew Perry

My favorite six words in recovery are: trust God, clean house, and help others.

~Matthew Perry

The key to sitcom success is miserable people. If you see a happy couple, it's just gone, like when Sam and Diane got together on Cheers.

~Matthew Perry

My feeling on therapy is it's a luxury, and if you're fortunate enough to get some smart people to talk to about life, then that's fortunate and you should go for it.

~Matthew Perry

I have what I like to call a 'chinneck.' My chin just flows rather easily into my neck.

~Matthew Perry

It's not foreign for me to be talking about my problems in circles.

~Matthew Perry

As for my personal life, I'd love to start a family of my own. I think I'd make a great dad, and I think shortly I would make a great husband.

~Matthew Perry

I gravitate towards sort of broken characters who try to be better people.

~Matthew Perry

The thing that I'm most proud of in my life is that if a stranger came up to me and said, 'I can't stop drinking. I can't stop drinking. Can you help me?' I can say, 'Yes, I can help you.'

~Matthew Perry

I don't need to be reminded that I was on 'Friends.' I remember - some of it, anyway.

~Matthew Perry

I was like: I'm going to ask her [Julia Roberts] out but I'm going to be very nervous about it. Then she said yes, I got even more nervous.

~Matthew Perry

I used to believe in a "Ms. Right", but now i know there is like 4 million "Ms. Rights" and it is just a matter of which one you meet first.

~Matthew Perry

If I hadn't had the experience of being famous, I would have searched for it my whole life. I would have just gone on and on trying to find it.

~Matthew Perry

When I die, I'd like 'Friends' to be listed behind 'helping people.'

~Matthew Perry

I'd say that on 'Friends' my character was the guy bouncing around the room. I'm no longer that guy, necessarily, in my life. I used to be. But

I'm not now.

~Matthew Perry

I know Chandler is similar to me. But if you watched my life for a week, there would be many more boring parts.

~Matthew Perry

I'm making plans to go away for a month to focus on my sobriety and to continue my life in recovery. Please enjoy making fun of me on the world wide web.

~Matthew Perry

I've been on a show before where I was on a billboard and then, after like three or four weeks, they took the billboard down and replaced it with nothing. Took my face down and put a white board up.

~Matthew Perry

I'm just glad that the whole John Wayne persona of a man is sort of old school now, because I'd never be able to do that. If that was the going rate today, I wouldn't be working.

~Matthew Perry

'The Whole Nine Yards' I liked right away. It was kind of a dark comedy at first. And just the idea of being in a movie with Bruce Willis was pretty exciting.

~Matthew Perry

Like, my house has a nice view, because, you know, I was on 'Friends.'

~Matthew Perry

They say that women like a man who can make them laugh, and I find that if you can make a woman laugh on the first and second dates, then you're doing well.

~Matthew Perry

I have never really lived with anyone in my adult years. I just read my sports ticker. And 50 Shades of Grey.

~Matthew Perry

I have a well-documented history of trouble with intimacy.

~Matthew Perry

In television or a movie I bring my own ego and consequently can mess up. In the theatre I learnt very quickly to shut up and listen. Now I am able to get out of my own way.

~Matthew Perry

I would always be the kid that got in trouble in school, that's for sure, for joking around.

~Matthew Perry

It's tough to have a movie-star persona when you're on a show as successful as 'Friends.'

~Matthew Perry

I got sober because I was worried I was going to die next year.

~Matthew Perry

I have a huge interest in hockey because I grew up in Canada, where it's kind of the law that you love hockey.

~Matthew Perry

I think we need to educate our doctors about addiction.

~Matthew Perry

When people try to take [smoking] away from me I say, 'hey, I stopped everything else.' But, I have to battle that one, too.

~Matthew Perry

I play a guy who is 40. And I am a very good actor, because I'm 41.

~Matthew Perry

So I'm reading a book on my new iPad, but can't the iPad read it for me? Do I have to do everything?

~Matthew Perry

I am fine with the fact that some of my hair is gray. If it was all gray overnight, that would be a scary thing.

~Matthew Perry

If I could walk into the 'Friends' audition again and go or not go, I have to say it's 50-50.

~Matthew Perry

As an actor, being on autopilot is the worst thing possible.

~Matthew Perry

I'm very, very jealous of guys who just go and decide to party and then can work the next day.

~Matthew Perry

Well, I was lucky enough to be involved in about 19 failures at an early age, so I'm realistic about the success I'm having and how quickly it can go away. What's important is to be smart about it.

~Matthew Perry

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