

Matthew Quick Quotes

*Thinking, Believe, People, Heart, Happy Endings, Needs, World, Hurt, Different,
Clouds, Looks, Kind, Pain, Abandoned, Sorry, Feel Good, Life, Real, Lying,
Writing*

If clouds are blocking the sun, there will always be a silver lining that reminds me to keep on trying.

~Matthew Quick

You're different. And I'm different too. Different is good. But different is hard. Believe me, I know.

~Matthew Quick

You need to make time for family no matter what happens in your life.

~Matthew Quick

Let me tell ya. You gotta pay attention to signs. When life reaches out with a moment like this it's a sin if you don't reach back... I'm telling you.

~Matthew Quick

The problem with the stigma around mental health is really about the stories that we tell ourselves as a society. What is normal? That's just a story that we tell ourselves.

~Matthew Quick

Tiffany and I are great friends, and I appreciate all that she is doing for me now. But she is not you. I still love you, Nikki. And you can't control or alter true love.

~Matthew Quick

I opened up to you and you judge me

~Matthew Quick

Fly! There's a lot of sky out there for brave birds.

~Matthew Quick

Life is not a PG feel-good movie. Real life often ends badly.

~Matthew Quick

The only way to beat my crazy was by doing something even crazier. Thank you. I love you. I knew it from the moment I saw you. I'm sorry it took me so long to catch up.

~Matthew Quick

When she needed help most, she was abandoned--and only when she offered help to others was she beloved.

~Matthew Quick

I believe in happy endings," I tell him, "And it feels like this movie has gone on for the right amount of time.

~Matthew Quick

I don't want to stay in the bad place, where no one believes in silver linings or love or happy endings.

~Matthew Quick

You need to know it's your actions that will make you a good person, not desire.

~Matthew Quick

I can always look up at the cosmos and marvel, no matter what happens. And when I look up at it, I feel as though my problems are small. I don't know why, but it always makes me feel better.

~Matthew Quick

There will always be a part of me that is dirty and sloppy, but I like that, just like all the other parts of myself.

~Matthew Quick

Life is not a PG feel-good movie. Real life often ends badly. Literature tries to document this reality, while showing us it is still possible for us to endure nobly.

~Matthew Quick

most people lose the ability to see silver linings or even though they are always there above us.

~Matthew Quick

Your mother is risking a lot, because she believes in you.

~Matthew Quick

...I am now watching the movie of my life as I live it.

~Matthew Quick

I...have a woman in my arms who has suffered greatly and desperately needs to believe once again that she is beautiful.

~Matthew Quick

People should be nice to you, Leonard. You're a human being. You should expect people to be nice.

~Matthew Quick

Not letting the world destroy you. That's a daily battle.

~Matthew Quick

Looking into another person's eyes for an extended period of time proved to be a powerful thing. And if you don't believe me, try it yourself.

~Matthew Quick

It hurts to look at the clouds, but it also helps, like most things that cause pain.

~Matthew Quick

I want to believe that happiness might at least be possible later on in life for people prone to sadness.

~Matthew Quick

I'm trying to let him know what I'm about to do. I'm hoping he can save me, even though I realize he can't.

~Matthew Quick

I am so happy. I am so impossibly happy.

~Matthew Quick

You can lose yourself in repetitionâ€™quiet your thoughts; I learned the value of this at a very young age.

~Matthew Quick

You may exist in this world--but I exist too and I will not yield

~Matthew Quick

Air goes in and out of my nose, throat, lungs, blood, heart brain - and so I am

~Matthew Quick

I can be a very valuable friend to you, but you do not want me as an enemy.

~Matthew Quick

Haven't you ever noticed that life is like a series of movies?

~Matthew Quick

I am trying to be kind instead of right.

~Matthew Quick

My other friends are in music relaxation class, which I do not attend, because smooth jazz makes me angry sometimes.

~Matthew Quick

Also, I sort of let my appearance go, to the point where I was maybe ten to seventy pounds overweight.

~Matthew Quick

I am practicing being kind over being right.

~Matthew Quick

That's basically the mantra of Herr Silverman's teaching - think for yourself and do what's right for you, but let others do the same.

~Matthew Quick

When she needed help most, she was abandoned.

~Matthew Quick

I think it's strange to live in a house with someone you cannot talk to-especially when that someone is your father-and the thought makes me a little sad.

~Matthew Quick

You better watch out, or you're going to be defeated by pessimism!

~Matthew Quick

When I run, I always pretend I am running toward Nikki, and it makes me feel like I am decreasing the amount of time I have to wait until I see her again.

~Matthew Quick

Miracles happen on Christmas, Pat. Everybody knows that.

~Matthew Quick

The world will break your heart ten times till Sunday, that's guaranteed

~Matthew Quick

Do you like foreign films? • "With subtitles?" • "Yes." • "I hate those types of films." • "Me too," Cliff says. • "Mostly because - " • "No happy endings."

~Matthew Quick

I think all it really takes for different people to get along is a common rooting interest and a few beers.

~Matthew Quick

What is reality if it isn't how we feel about things?

~Matthew Quick

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