

Maya Tiwari

Quotes

*Understanding, Way, Men, Heart, Different, Mind, Karma, Looks, Ayurveda,
Choices, Yoga, Suffering, Running, Spiritual, Mean, Thinking, Healing,
Memories, Needs, Years*

The human being has enormous resources in the power to heal. And in those resources lie things that we ourselves need to clear or feel.

~Maya Tiwari

Suffering comes from not understanding or a full potential or full powers within ourselves to heal, to nurture, to nourish.

~Maya Tiwari

When we look at things as simple as food, it's not about just nourishment and sustaining our life, it is really the seed of our ancestor.

~Maya Tiwari

There is an innate innocence in the concious Vata personality. A delicate, sensitive, and aware nature reveals the graceful Vata component of any type.

~Maya Tiwari

I think path in spirituality chooses us. I doubt seriously that we really have much choice in the matter.

~Maya Tiwari

Until we eliminate the mentality of violence, we will not find the harmony within ourselves we're looking for.

~Maya Tiwari

The nature of the mind is to jump all over the place, and it does, that's why meditation is so important.

~Maya Tiwari

Suffering is there because there's something we're not understanding about our full divinity, and there are so many ways we could go into understanding.

~Maya Tiwari

The more we are cleansed of conflicts, all sorts of conflicts, the easier it is for us to use our energy in a way that attracts the immutable healing of it all.

~Maya Tiwari

Everyone must live, and everyone must express themselves, and must express themselves in the way of their karma.

~Maya Tiwari

The guru is a tremendous tradition because is a guide, it's a guide to life, and we can guide energetically, we can guide in our thought, we can have a prayer that travels wonderful things.

~Maya Tiwari

Ayurvedic medicine is ancient, and its resurgence is necessary because we do need the proper balance in our medical approach.

~Maya Tiwari

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