

# Meister Eckhart

## Quotes

*Soul, Men, God, Spiritual, People, Letting Go, Heart, Thinking, Faith, Giving,  
Father, Life, May, Firsts, Doe, Angel, Light, Long, Way, Inspirational*

If the only prayer you ever say in your entire life is thank you, it will be enough.

~Meister Eckhart

The most important hour is always the present. The most significant person is precisely the one sitting across from you right now. The most necessary work is always love.

~Meister Eckhart

It is in the darkness that one finds the light.

~Meister Eckhart

Be willing to be a beginner every single morning.

~Meister Eckhart

Above all else, know this: Be prepared at all times for the gifts of God and be ready always for new ones. For God is a thousand times more ready to give than we are to receive

~Meister Eckhart

For the person who has learned to let go and let be, nothing can ever get in the way again.

~Meister Eckhart

There is a huge silence inside each of us that beckons us into itself, and the recovery of our own silence can begin to teach us the language of heaven.

~Meister Eckhart

Theologians may quarrel, but the mystics of the world speak the same language.

~Meister Eckhart

The more deeply we are our true selves, the less self is in us.

~Meister Eckhart

The eye through which I see God is the same eye through which God sees me; my eye and God's eye are one eye, one seeing, one knowing, one love.

~Meister Eckhart

The price of inaction is far greater than the cost of making a mistake.

~Meister Eckhart

There exists only the present instant ... There is no yesterday nor any tomorrow, but only Now.

~Meister Eckhart

And suddenly you know: It's time to start something new and trust the magic of beginnings.

~Meister Eckhart

Become aware of what is in you. Announce it, pronounce it, produce it, and give birth to it.

~Meister Eckhart

The very best and highest attainment in this life is to remain still and let God act and speak in you.

~Meister Eckhart

The eye with which I see God is the same eye with which God sees me.

~Meister Eckhart

Compassion is where peace and justice kiss

~Meister Eckhart

What we plant in the soil of contemplation, we shall reap in the harvest

of action.

~Meister Eckhart

Do exactly what you would do if you felt most secure.

~Meister Eckhart

Treat all things as if they were loaned to you without any ownership - whether body or soul, sense or strength, external goods or honors, house or hall . . . everything.

~Meister Eckhart

If we seek God for our own good and profit, we are not seeking God.

~Meister Eckhart

God is not found in the soul by adding anything but by a process of subtraction.

~Meister Eckhart

Apprehend God in all things, for God is in all things. Every single creature is full of God and is a book about God. Every creature is a word of God.

~Meister Eckhart

People should not worry so much about what they do but rather about what they are.

~Meister Eckhart

He who would be serene and pure needs but one thing, detachment.

~Meister Eckhart

The very best and noblest attainment in this life is to be silent and let God work and speak within. Therefore it is said: 'In the midst of silence the secret word was spoken to me'.

~Meister Eckhart

To be full of things is to be empty of God; to be empty of things is to be full of God.

~Meister Eckhart

The soul does not grow by addition but by subtraction.

~Meister Eckhart

Truly, it is in darkness that one finds the light, so when we are in sorrow, then this light is nearest of all to us.

~Meister Eckhart

Every creature is a word of God.

~Meister Eckhart

God cannot know himself without me.

~Meister Eckhart

Everything is meant to be lost, that the soul may stand in unhampered nothingness

~Meister Eckhart

One must not always think so much about what one should do, but rather what one should be. Our works do not ennoble us; but we must ennoble our works.

~Meister Eckhart

God expects but one thing of you, and that is that you should come out of yourself in so far as you are a created being made and let God be God in you.

~Meister Eckhart

Between God and Me there is no 'Between'.

~Meister Eckhart

You may call God love, you may call God goodness. But the best name for God is compassion.

~Meister Eckhart

Wisdom consists in doing the next think you have to do, doing it with your whole heart, and finding delight in doing it.

~Meister Eckhart

God is at home, it's we who have gone out for a walk.

~Meister Eckhart

To the quiet mind all things are possible.

~Meister Eckhart

What a man takes in by contemplation, that he pours out in love.

~Meister Eckhart

The soul must long for God in order to be set aflame by God's love; but if the soul cannot yet feel the longing, then it must long for the longing. To long for the longing is also from God.

~Meister Eckhart

Our bodily food is changed into us, but our spiritual food changes us into it.

~Meister Eckhart

People who dwell in God dwell in the eternal now.

~Meister Eckhart

God is at home. We are in the far country.

~Meister Eckhart

The soul is created in a place between Time and Eternity: with its highest powers it touches Eternity, with its lower Time.

~Meister Eckhart

When a man sees the one in all things, he is above mere understanding.

~Meister Eckhart

...Where and when God finds you ready, he must act and overflow into you, just as when the air is clear and pure, the sun must overflow into it and cannot refrain from doing that.

~Meister Eckhart

God wants nothing from you but the gift of a peaceful heart.

~Meister Eckhart

God is at his greatest when I am at my least.

~Meister Eckhart

God is a great underground river that no one can dam up and no one can stop.

~Meister Eckhart

God is like a person who clears his throat while hiding and so gives himself away. God lies in wait for us with nothing so much as love.

~Meister Eckhart

The seed of God is in us: Pear seeds grow into pear trees; Hazel seeds into hazel trees; And God seeds into God.

~Meister Eckhart

God is equally near in all creatures.

~Meister Eckhart

Nothing in all creation is so like God as stillness.

~Meister Eckhart

Jesus might have said, I became man for you. If you do not become God for me, you wrong me.

~Meister Eckhart

The outward man is the swinging door; the inner man is the still hinge.

~Meister Eckhart

God holds each of us by a string. When we sin, we cut the string. But God ties it up again, making a knot. Each time our wrongdoing cuts the string, God ties another knot drawing us up closer to Him.

~Meister Eckhart

The outward work will never be puny if the inward work is great.

~Meister Eckhart

Our best chance of finding God is to look in the place where we left him.

~Meister Eckhart

If I say that God is good, that is not true. God is not good. I am good, and if I say that God is wise, that is not true. I am wiser than he is.

~Meister Eckhart

God is greater than God.

~Meister Eckhart

Whoever possesses God in their being has Him in a divine manner, and He shines out to them in all things; for them all things taste of God and in all things it is God's image that they see.

~Meister Eckhart

To seek God by rituals is to get the ritual and lose God in the process

~Meister Eckhart



When the Soul wants to experience something she throws out an image in front of her and then steps into it.

~Meister Eckhart

Stillness is where creativity and solutions are found.

~Meister Eckhart

Man goes far away or near but God never goes far-off; he is always standing close at hand, and even if he cannot stay within he goes no further than the door.

~Meister Eckhart

When I experience Love I must go to God. When I experience non-attachment God must come to me.

~Meister Eckhart

People who have let go of themselves are so pure that the world cannot harm them.

~Meister Eckhart

What good is it that Christ was born [2,000] years ago if he is not born now in your heart?

~Meister Eckhart

.... all blades of grass, wood, and stone, all things are One.

~Meister Eckhart

The now wherein God made the world is as near this time as the now I am speaking in this moment, and the last day is as near this now as was yesterday.

~Meister Eckhart

Do not think that saintliness comes from occupation; it depends rather on what one is. The kind of work we do does not make us holy, but we

may make it holy.

~Meister Eckhart

In silence man can most readily preserve his integrity.

~Meister Eckhart

Things are all made from nothing; hence their true source is nothing.

~Meister Eckhart

The outward work can never be small if the inward one is great, and the outward work can never be great or good if the inward is small or of little worth.

~Meister Eckhart

The knower and the known are one. Simple people imagine that they should see God as if he stood there and they here. This is not so. God and I, we are one in knowledge.

~Meister Eckhart

A life of rest and peace in God is good; a life of pain lived in patience is still better; but to have peace in a life of pain is best of all.

~Meister Eckhart

Nobody at any time is cut off from God.

~Meister Eckhart

There is nothing so much like God in all the universe as silence.

~Meister Eckhart

God is bound to act, to pour himself out (into thee) as soon as ever he shall find thee ready.

~Meister Eckhart

By humility, out of an enemy He has made a friend, which is more than

to have created a new earth.

~Meister Eckhart

The more we have the less we own.

~Meister Eckhart

I tell you the truth, any object you have in your mind, however good, will be a barrier between you and the inmost Truth.

~Meister Eckhart

Whatever thou sayest of God is untrue.

~Meister Eckhart

A pure heart is one that is unencumbered, unworried, uncommitted and which does not want its own way about anything but which, rather, is submerged in the loving will of God.

~Meister Eckhart

Nothing is sharper than suffering, nothing is sweeter than to have suffered.

~Meister Eckhart

We are all meant to be mothers of God, for God is always needing to be born.

~Meister Eckhart

It is not by your actions that you will be saved, but by your being.

~Meister Eckhart

Be ready at all times for the gifts of God, and always for new ones.

~Meister Eckhart

Love is the root of all joy and sorrow.

~Meister Eckhart

The beast that bears you fastest to perfection is suffering.

~Meister Eckhart

One must learn an inner solitude, wherever or with whomsoever he may be.

~Meister Eckhart

Therefore, look only for this fishhook, and you will be happily caught. The more you are caught, the more you will be liberated.

~Meister Eckhart

In this breaking-through, I receive that God and I are one. Then I am what I was, and then I neither diminish nor increase, for I am then an immovable cause that moves all things.

~Meister Eckhart

[W]e must come into a transformed knowing, an unknowing which comes not from ignorance but from knowledge.

~Meister Eckhart

When you are thwarted, it is your own attitude that is out of order

~Meister Eckhart

I will be silent and will hear what God will say in me...If God wishes to speak to me, let him enter. I will not go out.

~Meister Eckhart

God is intelligence occupied with knowing itself.

~Meister Eckhart

That which a man acquires by contemplation he should spend in love.

~Meister Eckhart

To grasp God in all things--this is the sign of your new birth.

~Meister Eckhart

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