

# Melissa Rauch

## Quotes

*Parent, School, Husband, Meditation, Balance, Looks, Cheer, Shy, Space,  
People, Vulnerable, This Too Shall Pass, Bottles, Feels, Grandmother, Art,  
Laughter, Pain, Bars, Long*

My first waitress job was at Johnny Rockets in New Jersey, and then I waited tables at a sports bar.

~Melissa Rauch

My grandmother always would say, "This, too, shall pass." It is always true.

~Melissa Rauch

Laughter makes me come alive. Either being made to laugh or igniting it.

~Melissa Rauch

Dishonesty makes me feel vulnerable.

~Melissa Rauch

There is always a reason. When I look back on things that really upset me at the moment, I can always see why it happened in retrospect.

~Melissa Rauch

I do yoga daily as well. I need to start the day with some sort of physical activity. That combined with the meditation clears my mind and energizes me.

~Melissa Rauch

I usually need to sit with pain a while. Really feel it. Then I need to talk it out. Luckily, I am surrounded by wonderful listeners who haven't told me to shut up yet.

~Melissa Rauch

When my husband came to my parents' house for the first time, he asked, 'Why is everyone screaming? Why are they so angry?' I said, 'No one's angry. This is just how we communicate.'

~Melissa Rauch

I was a super shy, shy kid, so that was kind of my way of expressing myself - to mimic what I saw on TV. I was a bit of a weird kid, but luckily my parents encouraged it.

~Melissa Rauch

Meditation is very important to me. I feel off-balance when I skip a day.

~Melissa Rauch

I knew from a young age that I wanted to perform. I went to an arts camp called Brookdale Arts Camp, in New Jersey, from the time I was 6, and then I was a counselor there through high school.

~Melissa Rauch

My fear is that, had I stayed in Jersey, I would have become Snooki because I'm just a bottle of hair dye away.

~Melissa Rauch

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