

# Michael Adam Hamilton

## Quotes

*Love Is, Realizing, Thinking, Trying, Knows, Christian, Space, Lessons, Singing,  
Letting Go, Weight, Way, Alive, Mean, Reality, Children, Levels, Attributes,  
Want, Suffering*

We are all more similar than we usually realize. So much of the suffering we do in our life is because of obsession with self.

~Michael Adam Hamilton

Try to understand long before you move to judgment.

~Michael Adam Hamilton

We are all more similar than we usually realize.

~Michael Adam Hamilton

Becoming a father has definitely heightened my discomfort with uncertainty. I want to be able to say, I know what will happen, when, why. But most of the time, we just don't know.

~Michael Adam Hamilton

One of my favorite things is watching my children learn something new. The combination of innocence and excitement makes a parent feel truly alive, even if only for a second and peripherally.

~Michael Adam Hamilton

This is a lesson I continue to learn: Be content where you are!

~Michael Adam Hamilton

I do not know everything, I never will, and that is OK.

~Michael Adam Hamilton

You have to continually and actively watch for the best parts of someone else that will let you experience love.

~Michael Adam Hamilton

Love is the feeling we get when we recognize the positive attributes in another.

~Michael Adam Hamilton

As an artist, I think it is important for us to mark places in history where we have made progress, to celebrate by expressing that reality.

~Michael Adam Hamilton

Be content where you are! The sooner I let go of the notion that something could only be one way, the way I had planned it, without fail, I have always gotten more done and with far less discomfort.

~Michael Adam Hamilton

When you have kids, I think it makes them feel safer and be in a space to grow more and recognize patterns when routines exist.

~Michael Adam Hamilton

When we are adding to those around us, the world, ourselves, it feels good and right on levels we cannot even consciously connect with.

~Michael Adam Hamilton

Permanent weight loss means making small, manageable changes and sticking with them for life.

~Michael Adam Hamilton

We need to welcome the experimental creativity that is always searching out new ways of singing the Gospel, and banish the fear that grips us when familiar music passes away.

~Michael Adam Hamilton

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