

Michael Marmot

Quotes

*People, Social, Country, Way, Mean, Evidence, Australia, Research, Inequality,
Health, Children, Hierarchy, Strategy, Fall, Brain, Doe, Destiny, Get Back,
Example, Needs*

Health inequalities and the social determinants of health are not a footnote to the determinants of health. They are the main issue.

~Michael Marmot

Empowerment of individuals and communities is absolutely central. Getting the community involved in organising their own destiny has got to be a key part of it.

~Michael Marmot

We have to put reduction of health inequalities at the centre of our public health strategy and that will require action on the social determinants of health.

~Michael Marmot

The lower you are in the hierarchy the worse your health, the higher you are, the better your health.

~Michael Marmot

Saying we can't afford to invest in early child development means we're storing up bigger costs in the future.

~Michael Marmot

Your position in the hierarchy influences your behaviour.

~Michael Marmot

Once you get off the ladder you'll never get back on.

~Michael Marmot

Health and health inequalities tell us a great deal about the good or bad effects of social policies.

~Michael Marmot

General improvements in health/decline in mortality do not affect all classes equally. As mortality rates fall, social inequalities commonly

widen.

~Michael Marmot

Our elected politicians do what they judge is the right thing to do. And if we disagree then I'll show them the evidence of why I disagree.

~Michael Marmot

The brain is an important gateway by which the social environment impacts on people's health through the mind.

~Michael Marmot

The academic life is wonderful. That's why people love to do research.

~Michael Marmot

Throwing young people on the scrap heap is a public health emergency.

~Michael Marmot

The environment can actually affect gene expression.

~Michael Marmot

I love Australia. I mean it's, how can you not? It's an incredibly beautiful country. I like the people, I like the country, I love it. I mean it's wonderful.

~Michael Marmot

I came from a warm Jewish family.

~Michael Marmot

Height is probably 95 per cent genetic.

~Michael Marmot

It's highly likely that what you're doing is indeed influenced by your Jewish background.

~Michael Marmot

In Sweden for example people with PhDs have lower mortality than those with a masters degree. And people with a masters degree or a professional degree are not poor.

~Michael Marmot

I'm not an Orthodox Jew, I don't practise much in the way of Jewish religion, but I am very Jewish and I think it probably does indeed influence what I do.

~Michael Marmot

If people want me to go round and talk to governments and others then I feel that responsibility which is why I am on the road a good deal of the time and why I'm not slowing down.

~Michael Marmot

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