People, Mcdonalds, Believe, Thinking, Children, Epidemics, Sleep, Writing, Stupid, Law, Way, Values, Cost, Side Effects, Dollars, Sides, Radio, Crops, Being Accused, Boys

Benjamin Franklin refused to have one of his children vaccinated against smallpox. The four-year-old boy died, and Franklin wrote later of how mistaken he was to expose him to the needless risk.

~Michael Specter

I think it is true that you can eat extremely healthy food at McDonald's, and you can eat amazingly badly at Chipotle.

~Michael Specter

Daily vitamins are of no value.

~Michael Specter

People wrap themselves in their beliefs. And they do it in such a way that you can't set them free. Not even the truth will set them free.

~Michael Specter

Your dollar cheeseburger isn't a dollar if you factor in what it's going to cost in health care.

~Michael Specter

I understand the horrors of having no insurance, but, believe me, eight hours of sleep and good meals are NOT going to prevent you from getting sick. Don't gamble with your life; it's a stupid bet.

~Michael Specter

In the Internet age, with the screaming on the radio, etc., it is hard to know what to believe and who is informed and who is not.

~Michael Specter

I started to write about science and medicine at the Washington Post, in the early days of the AIDS epidemic.

~Michael Specter

I have never earned one penny from any pharmaceutical company. I

will never accept one penny from them either. Ever.

~Michael Specter

It is not possible to assert publicly that Monsanto is anything other than venal without being accused of being a sellout, a fraud, or worse.

~Michael Specter

There are always potential side effects for every vaccine.

~Michael Specter

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