

Michelle Kwan Quotes

*Skating, Winning, Fall, Sports, Thinking, Athlete, Fun, Heart, Body, Years,
Negative, Ice, Mistake, Rich, Train, Failing, Smile, Admire, Sight, Sometimes*

I didn't lose the gold. I won the silver.

~Michelle Kwan

Winning is not about how many medals you get-it's about accomplishing goals and just being the best you can be!

~Michelle Kwan

I got a call this morning, and it was from Nancy Kerrigan, wishing me luck. She wished me luck and sent me all her good wishes.

~Michelle Kwan

The one who wins all the time is great and powerful, but the one who had been trampled on and fallen is who I admire the most

~Michelle Kwan

If you have nothing in life but a good friend, you're rich.

~Michelle Kwan

I don't know secret to success, but I'm pretty sure the closest thing is preparation

~Michelle Kwan

Don't focus on the negative things that can happen, just think about the positive things.

~Michelle Kwan

Skating is in my heart, not my head

~Michelle Kwan

When I was younger, I always dreamed of being a legend, to be remembered in figure skating.

~Michelle Kwan

Work hard, be yourself, and have fun!

~Michelle Kwan

At 13, I was fearless. I looked at everything so positive. When you're older and been through it all, you know how bad it can get. There is a fear of failing.

~Michelle Kwan

Skating has given me so much that it's priceless.

~Michelle Kwan

I needed to turn off the negative voice in my head - I was psyching myself out.

~Michelle Kwan

I actually prefer soothing music - and maybe that's the skater in me.

~Michelle Kwan

Sometimes my body is aching, but I always think, 'Why am I in this? Why do I love it so much?' That's what makes me persevere, that's what makes me keep on going.

~Michelle Kwan

You can always say, 'I wish I had landed that triple flip better, or I wish I didn't fall.' They're not regrets, just mistakes.

~Michelle Kwan

I skated like it's a sport, went for everything and just gave it my best shot. It turned out great. I had nothing to lose. You might be the best in your heart, but not in other people's sight.

~Michelle Kwan

There's a lot of emotions that always come out after a skate of a lifetime. I always start crying because there is so much buildup to that competition.

~Michelle Kwan

As I've gotten older and grown more independent, I think for myself, and that's how it should be.

~Michelle Kwan

What I love the most is getting on the ice and just popping in a fabulous CD and skating - all by myself, the rink completely empty, just me and the music.

~Michelle Kwan

I want to see how far I can train. I have to see how far my body will go.

~Michelle Kwan

I don't really remember a time younger than 5 years old that I didn't have skates on because all I can remember is every day, tying up my skates and a big smile on my face, excited to go on the ice.

~Michelle Kwan

When I feel like I'm in a rut, I remember it's the little things in life that are important, like riding a bike with a friend or eating ice cream with my baby niece.

~Michelle Kwan

To represent your country is an honor and a great experience.

~Michelle Kwan

As an athlete, I've always been very proud to represent the United States.

~Michelle Kwan

I had dreamed of being at the Olympics since I was 7 years old.

~Michelle Kwan

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