People, Reality, Sometimes, Social, Accents, Sexy, Grease, Taken, Recognise, Cousin, Scratches, Hurt, Bionics, Boys, Trying, World, Careers, Holiday, Giving, Knows

I just believe that sometimes in life you're like a shark - you have to keep moving through water; otherwise, you'll die.

~Michelle Ryan

'Bionic Woman' really enriched my career. It was a big, amazing thing to do.

~Michelle Ryan

Working on new projects gives you the opportunity to learn and absorb new things.

~Michelle Ryan

I've never been a social bunny. I thrive on work.

~Michelle Ryan

I like to hang out with my friends, go to the theatre, watch DVDs, read, play with my niece.

~Michelle Ryan

Doing the same thing day in, day out. It's just so boring. I like to jump from different things.

~Michelle Ryan

I think it's so important as an actor that you hang on to your own inner compass, because so many people want to guide you - 'This is what you should you be doing'. But I want to do different things.

~Michelle Ryan

For me, once I've worked on something and it's finished, it's like an ex-boyfriend: you don't go back to them.

~Michelle Ryan

Sometimes in life, random things can blind-side you.

~Michelle Ryan

Most of my cousins are boys, so I'm used to being around boys.

~Michelle Ryan

When I left EastEnders, I could have earned an absolute fortune from sexy calendars, shoots for lads' mags, fitness videos and reality shows. But I always turned them down.

~Michelle Ryan

There's such a huge world out there; I haven't even begun to scratch the surface.

~Michelle Ryan

When I was ten, I saw 'Grease' on stage and thought: 'I want to be part of that; it looks like so much fun.' My mum enrolled me in a local theatre group, and it all went from there.

~Michelle Ryan

I love doing action; I love doing martial arts. There's almost something balletic about it.

~Michelle Ryan

I was bullied. I was a bit of a geek. Good-looking guys were off-limits. I didn't start dating until I was 18.

~Michelle Ryan

If I wear make-up, then people recognise me, but the rest of the time, no one really bothers.

~Michelle Ryan

I toned down my accent at school; otherwise, people would pick on me.

~Michelle Ryan

All that celebrity stuff isn't me. It's just not acting.

~Michelle Ryan

If I am not working, I won't wear makeup and I will wear flats.

~Michelle Ryan

I adore water, so it would be a real adventure to visit the Amazon before they chop down all the trees.

~Michelle Ryan

I just don't know anything about jazz, really. I've never really listened to it, but I'd definitely like to discover more about it.

~Michelle Ryan

When you fight on set, you try to not hurt anybody.

~Michelle Ryan

Soaps are a great springboard for any actor but if you want to be taken seriously, you have to be careful.

~Michelle Ryan

The whole dream of having your own place is great, but the reality is having to cook and clean yourself and do the washing and make sure there's milk in the fridge. But you have to grow up some time.

~Michelle Ryan

I really like Billie Holiday's husky voice, and I'd definitely like to find out more about her.

~Michelle Ryan

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