

Mike Ditka

Quotes

Sports, Motivational, Inspirational, Nfl, Past, Mean, Success, Winning, Believe, People, Thinking, Motivation, Cutting, Exercise, Heart, Play, Goal, Leadership, Coward, Motivational Sports

The ones who want to achieve and win championships motivate themselves.

~Mike Ditka

I've been into the habit of freezing white grapes and using them as a snack. Instead of eating peanuts or popcorn or something like that or pretzels, I just eat the white grapes.

~Mike Ditka

You're never a loser until you quit trying.

~Mike Ditka

I don't believe in living in the past. Living in the past is for cowards. If you live in the past, you die in the past.

~Mike Ditka

Effort without talent is a depressing situation... but talent without effort is a tragedy.

~Mike Ditka

If you're not in the parade, you watch the parade. That's life.

~Mike Ditka

If God had wanted man to play soccer, he wouldn't have given us arms.

~Mike Ditka

Success isn't measured by money or power or social rank. Success is measured by your discipline and inner peace.

~Mike Ditka

Coffee, It's the life blood that fuels the dreams of champions!

~Mike Ditka

Losers quit when they're tired. Winners quit when they've won.

~Mike Ditka

Motivation comes from within each individual. It's a personal thing. It's pride, guts, desire, whatever you want to call it; some people have it in their bellies, and some don't.

~Mike Ditka

Before you can win, you have to believe you are worthy.

~Mike Ditka

I do some weights and I do a lot of stretching.

~Mike Ditka

If things came easy, then everybody would be great at what they did.

~Mike Ditka

Life's not about money. Look at achievements, accomplishments . It's about having fun. It's about enjoying life.

~Mike Ditka

The greatest gift we have is the gift of life.

~Mike Ditka

We have a strange and wonderful relationship - he's strange and I'm wonderful.

~Mike Ditka

What's the difference between a three-week-old puppy and a sportswriter? In six weeks, the puppy stops whining.

~Mike Ditka

Success is about having, excellence is about being. Success is about having money and fame, but excellence is being the best you can be.

~Mike Ditka

Success is never permanent, and failure is never final.

~Mike Ditka

I'm not going to make it the all - everything. Our (the Saints) goal is to get better, make the playoffs and win the Super Bowl, but I'm not gonna anguish over it like I have in the past.

~Mike Ditka

Success is about taking advantage of opportunity.

~Mike Ditka

Not really, and actually my cholesterol was 190 when I had the heart attack. 190, which isn't that high. I took it down to about 130 and it's probably about 140 or 145 now.

~Mike Ditka

I don't think anything is unrealistic if you believe you can do it. I think if you are determined enough and willing to pay the price, you can get it done.

~Mike Ditka

Success isn't permanent and failure isn't fatal.

~Mike Ditka

Sometimes, God gives you physical talent and takes away the brain.

~Mike Ditka

I really believe the only way to stay healthy is to eat properly, get your rest and exercise. If you don't exercise and do the other two, I still don't think it's going to help you that much.

~Mike Ditka

Some people are willing to pay the price and it's the same with staying healthy or eating healthy. There's some discipline involved. There's some sacrifices.

~Mike Ditka

Success isn't permanent & failure isn't fatal.

~Mike Ditka

There's just me and my wife and a dog and we feed him Healthy Choice also.

~Mike Ditka

I do like beer, but lately I've started drinking non-alcoholic beer and I like the taste of it and I don't get the alcohol, so that's a good alternative also.

~Mike Ditka

Eating properly is great. I mean you cut the fat down, cut the cholesterol out, but still you got to get your rest and you got to have some form of exercise.

~Mike Ditka

The shoulder surgery was a success. The lobotomy failed.

~Mike Ditka

There are teams that are fair-haired, and those that aren't so fair-haired. Some teams are named Smith, some Grabowski. We're Grabowskis!

~Mike Ditka

Success is not permanent & failure is not fatal.

~Mike Ditka

You have to be tough.

~Mike Ditka

I will never coach again. I don't want to, but I wouldn't even if I did.

~Mike Ditka

You got to sue the offensive line for non-support

~Mike Ditka

When I get my heart rate up, I get good exercise and I think it's good for a lot of things, plus it's not hurting my hips right now.

~Mike Ditka

People want a cop-out, listen I'm a realist and I talk about motivation, talk about all the things it takes to be greater or are important to win and people want to use excuses all the time.

~Mike Ditka

Success is about having. Excellence is about Being!

~Mike Ditka

Can't make chicken salad out of chicken noodle

~Mike Ditka

I think your alcohol intake has to change. You know, usually a big person feels they can drink anything they want to and as much as they want to and I've cut that way back.

~Mike Ditka

Promises are empty words if you're not keeping them.

~Mike Ditka

I always tell people I want to live to be 150 and they say why would you want to do that. I say, well there's a few people I haven't made mad yet, I want to get them.

~Mike Ditka

In life, you get what you tolerate.

~Mike Ditka

Those players really believe in him.

~Mike Ditka

I'm not a mean player. You'll notice I never pick on a player who has a number above 30.

~Mike Ditka

Those who live in the past are cowards and losers.

~Mike Ditka

I think it's important to stretch as you get older, but I try to do basically all the things I did when I played, except I can't do them as well and as much.

~Mike Ditka

Jesus's first temptation was to be relevant: to turn stones into bread. Oh, how often I wished I could do that!

~Mike Ditka

I don't pick on anybody who has a number above 30.

~Mike Ditka

I don't care where you are, but the fans only remember your last time at bat.

~Mike Ditka

Cap Boso? How could I cut a guy with a name like that?

~Mike Ditka

Just because you liked something as a youngster doesn't mean you have to like it as an adult. You can change your taste a little bit on the sweets and things like that.

~Mike Ditka

You remember what happened when Eddie Pipp got hurt? A guy named Lou Gehrig took over.

~Mike Ditka

George Halas throws nickels around like man hole covers.

~Mike Ditka

Failure isn't fatal unless you let it be.

~Mike Ditka

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