

Mike White

Quotes

People, Writing, Thinking, Reality, Trying, Character, Giving, Want, Feels, Book, Letting Go, Buddhist, Nice, Running, Men, Quality, Self, Yoga, Hate, Sometimes

A flower doesn't love you or hate you, it just exists.

~Mike White

I think living in our culture right now, there's a universal experience where we feel like we become what we do. Sometimes that's rewarding and sometimes that creates an existential crisis.

~Mike White

From my experience, meditating can bring up the most stressful thoughts.

~Mike White

You want to work with people who you like and have an easy rapport with.

~Mike White

There are life lessons that can be derived from reality television.

~Mike White

My impulse is to create an aesthetic that's about a humanistic approach to a world and trying to create compassion for all the characters.

~Mike White

I don't feel the breath of a thousand people over my shoulder.

~Mike White

I don't even give my scripts to friends because I just feel it's, like, I don't need one more set of opinions.

~Mike White

There's a victory in letting go of your expectations.

~Mike White

I used to go online all the time, and then I had to stop myself... because

I'm a writer, and it's like: to have a procrastination tool, like, within my computer... it was just getting too hairy.

~Mike White

As you get older, you realize just figuring out how to be nice to the people in your personal sphere is almost more challenging than trying to change the bigger culture.

~Mike White

I used to have a road-rage issue.

~Mike White

You feel a little weird, as a writer of scripted television for many years, to say you're a fan of reality TV. You feel like a traitor. But I am a total fan.

~Mike White

I think there are certain ways that people are always themselves, but I do think people change

~Mike White

I still think of Heaven as a liberal-arts school.

~Mike White

I believe, in general, that even people that are self-pitying, you can feel for them.

~Mike White

As a director or writer, you have to be so controlling.

~Mike White

I have had moments where I've had mental-health issues and I've felt like yoga and meditating and reading these Buddhist self-help books actually really help.

~Mike White

To me, I definitely stand in the corner of wanting to give voice to the bullied, and not the bully.

~Mike White

My whole life I've been a seeker, searching for something.

~Mike White

I guess I'm trying to write stuff that I, as a viewer, would connect to.

~Mike White

As an actor, it's better to just be more loose and give yourself over. That's always fun. It's fun to just let go and be somebody else.

~Mike White

I can be really annoying, but I also feel like I'm a nice person.

~Mike White

I do idiosyncratic dramedies.

~Mike White

I feel like I know how to write plot.

~Mike White

I grew up in a religious family, and we weren't allowed to listen to rock music.

~Mike White

Girls' is a huge show, as far as buzz, and magazine covers, and getting a ton of copy, and awards. And yet I don't think the viewership is huge.

~Mike White

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