

Ming-Dao Deng Quotes

*Spiritual, Tree, Water, Mind, Rain, Use, Fall, Fighting, Life, Doe, Teaching,
Looks, Perfection, Rivers, Tao, Way, Self, Rocks, Eye, Men*

Grappling with fate is like meeting an expert wrestler: to escape, you have to accept the fall when you are thrown. The only thing that counts is whether you get back up.

~Ming-Dao Deng

All teachings are mere references. The true experience is living your own life. Then, even the holiest of words are only words.

~Ming-Dao Deng

It is too facile to say that the way to follow Tao is to simply go along with the flow of life. Sometimes, like the carp, we must know when to go it alone.

~Ming-Dao Deng

Some Warriors look fierce, but are mild. Some seem timid, but are vicious. Look beyond appearances; position yourself for the advantage.

~Ming-Dao Deng

Whether we remain the ash or become the phoenix is up to us.

~Ming-Dao Deng

Rain scatters plum petals; Weeping stains the earth. One can only take shelter And wait for clearing.

~Ming-Dao Deng

Money is never more important than your body and mind, but you must work and support yourself. Never depend on others for your livelihood.

~Ming-Dao Deng

The appreciation of life does not require wealth or plenty. It requires only gratitude for the beauty of the world.

~Ming-Dao Deng

Once we make our decision, all things will come to us. Auspicious signs are not a superstition, but a confirmation. They are a response.

~Ming-Dao Deng

A moving door hinge never corrodes. Flowing water never grows stagnant.

~Ming-Dao Deng

You may be capable of great things, But life consists of small things.

~Ming-Dao Deng

Expression is never helped by suppression.

~Ming-Dao Deng

Muddy water will become clear if allowed to stand undisturbed, and so too will the mind become clear if it is allowed to be still.

~Ming-Dao Deng

When it is time to part, then it is time to part. There should be no regrets. The beauty of marriage is like the fleeting perfection of a snowflake.

~Ming-Dao Deng

Those who don't know how to suffer are the worst off. There are times when the only correct thing we can do is to bear out troubles until a better day.

~Ming-Dao Deng

There is no language of the holy. The sacred lies in the ordinary.

~Ming-Dao Deng

We need faith, not because there are beings who will punish us or reward us, but because gods are a wonderful way of describing things that are happening to us.

~Ming-Dao Deng

Those truly linked don't need correspondence. When they meet again after many years apart, Their friendship is as true as ever.

~Ming-Dao Deng

Give back what you have learned. Share your experience.

~Ming-Dao Deng

Trees in winter lose their leaves. Some trees may even fall during storms, but most stand patiently and bear their fortune.

~Ming-Dao Deng

An ancient gnarled tree: Too fibrous for a logger's saw, Too twisted to fit a carpenter's square, Outlasts the whole forest.

~Ming-Dao Deng

Once you have seen the face of God, you see the same face on everyone you meet.

~Ming-Dao Deng

By being receptive, we can avail ourselves of the spiritual wealth available to us. By being open, we can receive things beyond what we ourselves might imagine.

~Ming-Dao Deng

Reject labels. Reject identities. Reject conformity. Reject convention. Reject definitions. Reject names.

~Ming-Dao Deng

Who you are is always right.

~Ming-Dao Deng

Worry is an addiction that interferes with compassion.

~Ming-Dao Deng

Do you want to know how spirituality works? Breathe.

~Ming-Dao Deng

Use a mirror in difficult times. You will see both cause and resolution.

~Ming-Dao Deng

We may be floating on Tao, but there is nothing wrong with steering. If Tao is like a river, it is certainly good to know where the rocks are.

~Ming-Dao Deng

Cooperation with others. Perception, experience, tenacity. Know when to lead and when to follow.

~Ming-Dao Deng

The sages say that life is illusion, but does that change its poignancy?

~Ming-Dao Deng

Even on the road to hell, flowers can make you smile.

~Ming-Dao Deng

If you have a good idea, use it so that you will not only accomplish something, but so that you can make room for new ones to flow into you.

~Ming-Dao Deng

It is said that if one chooses to pray to a rock with enough devotion, even that rock will come alive.

~Ming-Dao Deng

The follower of Tao is always flexible and adaptable to circumstance.

~Ming-Dao Deng

Let us be sad; it is feeling that makes us human.

~Ming-Dao Deng

Self-discipline leads to higher spiritual states only if practiced with understanding. The clearer the goal, the greater the result.

~Ming-Dao Deng

Knowing the steps to create living growth: that is art.

~Ming-Dao Deng

A funeral is for those left behind. Sometimes, one wonders if the weeping is more out of fear for ourselves than it is sympathy for the deceased.

~Ming-Dao Deng

if i dont want to be known, i cannot be known.the best actor can divide role from self.the best liar can divide truth from falsity.

~Ming-Dao Deng

Build your life brick upon brick, Live a life of truth, And you will look back on a life of truth. Live a life of fantasy, And you will look back on delusion.

~Ming-Dao Deng

Eventually, the time of action must come. When this happens, be a winner! Don't settle for mediocre results. Don't try to stay even. Go for it all!

~Ming-Dao Deng

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