

Mitch Albom Quotes

*People, Children, Thinking, Men, Mother, Believe, Giving, Heart, Running,
Heaven, Mean, Want, World, Way, Long, Writing, Eye, Book, Father, Life*

When someone is in your heart, they're never truly gone. They can come back to you, even at unlikely times.

~Mitch Albom

Accept who you are; and revel in it.

~Mitch Albom

This is part of what a family is about, not just love. It's knowing that your family will be there watching out for you. Nothing else will give you that. Not money. Not fame. Not work.

~Mitch Albom

We all yearn for what we have lost. But sometimes, we forget what we have.

~Mitch Albom

Do not worry about tomorrow, for tomorrow will worry about itself.

~Mitch Albom

The truth is, once you learn how to die, you learn how to live.

~Mitch Albom

Nothing haunts us like the things we don't say.

~Mitch Albom

Don't cling to things because everything is impermanent.

~Mitch Albom

You have to start over. That's what they say. But life is not a board game, and losing a loved one is never really "starting over." More like "continuing without."

~Mitch Albom

In order to move on, you must understand why you felt what you did

and why you no longer need to feel it.

~Mitch Albom

You're not a wave, you're a part of the ocean.

~Mitch Albom

Anger is a poison. It eats us inside. We think when we hate someone we hurt them, but hatred is a curved blade, and the harm we do to others we also do to ourselves.

~Mitch Albom

Love is how you stay alive, even after you are gone.

~Mitch Albom

Heaven is always and forever around us and no soul remembered is ever really gone.

~Mitch Albom

I like myself better when I'm with you.

~Mitch Albom

Faith is about doing. You are how you act, not just how you believe.

~Mitch Albom

Each affects the other, and the other affects the next, and the world is full of stories, but the stories are all one.

~Mitch Albom

It's such a shame to waste time. We always think we have so much of it.

~Mitch Albom

Death is the end of a lifetime, not the end of a relationship.

~Mitch Albom

Fear is how you lose your life...a little bit at a time...What we give to fear, we take away from...faith.

~Mitch Albom

Don't let go too soon, but don't hold on too long.

~Mitch Albom

She loved me coming and going, at my worst and at my best. She had a bottomless well of love for me.

~Mitch Albom

One day spent with someone you love can change everything.

~Mitch Albom

All endings are also beginnings. We just don't know it at the time.

~Mitch Albom

When you look into your mother's eyes, you know that is the purest love you can find on this earth.

~Mitch Albom

She had been so consumed with escaping her own misery, she hadn't considered the misery she might inflict.

~Mitch Albom

We all lose somebody we care about and want to find some comforting way of dealing with it, something that will give us a little closure, a little peace.

~Mitch Albom

You have to find what's good and true and beautiful in your life as it is now. Looking back makes you competitive. And, age is not a competitive issue.

~Mitch Albom

It is never too late or too soon. It is when it is supposed to be.

~Mitch Albom

We are too involved in materialistic things, and they don't satisfy us. The loving relationships we have, the universe around us, we take these things for granted.

~Mitch Albom

Desire sets our compass, but real life steers our course.

~Mitch Albom

Holding on to things only breaks your heart.

~Mitch Albom

The way you get meaning into your life is to devote yourself to loving others.

~Mitch Albom

Because one thing God gave us- and I'm afraid it's at times a little too much- is freewill. Freedom to choose. I believe he gave us everything needed to build a beautiful world, if we choose wisely.

~Mitch Albom

my thoughts are not your thoughts, neither are your ways my ways"
from the book of Isaiah

~Mitch Albom

You can find something truly important in an ordinary minute.

~Mitch Albom

Death: the only true emotion felt in an apathetic world

~Mitch Albom

There's a story behind everything..but behind all your stories is always

your mother's story..because hers is where yours begins.

~Mitch Albom

But she wasn't around, and that's the thing when your parents die, you feel like instead of going in to every fight with backup, you are going into every fight alone.

~Mitch Albom

Mortality means you don't have forever to work things out. You can live your life unexamined but then on the last day you're going to think: 'I've left things a little late.

~Mitch Albom

Every life has one true love snapshot.

~Mitch Albom

We need to forgive ourselves. For all the things we didn't do. All the things we should have done. You can't get stuck on the regrets of what should have happened.

~Mitch Albom

It is far more comforting to think God listened and said no, than to think that nobody's out there.

~Mitch Albom

You need to keep people close. You need to give them access to your heart.

~Mitch Albom

The most inspirational man I knew only reached his potential by helping a child reach his.

~Mitch Albom

I seem to have very few casual readers, only passionate and

appreciative ones.

~Mitch Albom

Sharing tales of those we've lost is how we keep from really losing them.

~Mitch Albom

The universe is too grand and harmonious to believe it's all an accident.

~Mitch Albom

You can't get stuck on what should have happened. That doesn't help you.

~Mitch Albom

Sticking with your family is what makes it a family.

~Mitch Albom

I thought about the days i had handed over to a bottle..the nights i can't remember..the mornings i slept thru..all the time spent running from myself.

~Mitch Albom

...You can go your whole life collecting days, and none will outweigh the one you wish you had back.

~Mitch Albom

You can't substitute material things for love or for gentleness or for tenderness or for a sense of comradeship

~Mitch Albom

What's wrong with being number 2?

~Mitch Albom

Remember, the only difference between 'marital' and 'martial' is where you put the 'i'.

~Mitch Albom

If you hold back on the emotions--if you don't allow yourself to go all the way through them--you can never get to being detached, you're too busy being afraid.

~Mitch Albom

Man alone measures time. Man alone chimes the hour. And, because of this, man alone suffers a paralysing fear that no other creature endures. A fear of time running out.

~Mitch Albom

I think what you notice most when you haven't been home in a while is how much the trees have grown around your memories.

~Mitch Albom

There are no random acts...We are all connected...You can no more separate one life from another than you can separate a breeze from the wind.

~Mitch Albom

Scenery without solace is meaningless.

~Mitch Albom

You've lived through a lot of wars, I said. "Yes." Do they ever make more sense? "No.

~Mitch Albom

"You marked the minutes," the old man said. "But did you use them wisely? To be still? To cherish? To be grateful? To lift and be lifted?"

~Mitch Albom

Courage is confused with picking up arms and cowardness is confused with laying them down.

~Mitch Albom

I often find that I rock back and forth with a beat in my head constantly. If i stop rocking, it usually means I've hit a snag in my writing.

~Mitch Albom

I believe that you live on inside the hearts and minds of everyone you've touched while you were here on earth.

~Mitch Albom

We don't see what we could be. We should be looking at our potential, stretching ourselves into everything we can become.

~Mitch Albom

You can be a mama's boy, be a daddy's boy, but you can't be both. So you cling to the one you think you might lose.

~Mitch Albom

That's what heaven is. You get to make sense of your yesterdays

~Mitch Albom

Mankind is connected in ways it does not understand - even in dreams.

~Mitch Albom

Once heaven is done with grandma, we'd like her back, thanks.

~Mitch Albom

No life is a waste. The only time we waste is the time we spend thinking we're alone.

~Mitch Albom

There is a big confusion in this country over what we want verses what

we need...you need food. You want a chocolate sundae.

~Mitch Albom

But our eyes are different, what you see ain't what I see.

~Mitch Albom

But fates are connected in ways we don't understand.

~Mitch Albom

Most of us all walk around as if we're sleepwalking. We really don't experience the world fully, because we're half-asleep, doing things we automatically think we have to do.

~Mitch Albom

Love wins, love always wins.

~Mitch Albom

You have peace," the old woman said, "when you make it with yourself.

~Mitch Albom

If you're always battling against getting older, you're always going to be unhappy, because it's going to happen anyhow.

~Mitch Albom

What you have done to this point cannot be undone. What you do next... It is still unwritten.

~Mitch Albom

the words people do not speak are louder than the ones they do.

~Mitch Albom

I don't know what it is about food your mother makes for you, especially when it's something that anyone can make - pancakes, meat loaf, tuna

salad - but it carries a certain taste of memory.

~Mitch Albom

The most important elements of faith [are] believing in something bigger than yourself, taking care of those less fortunate than you.

~Mitch Albom

People are only mean when they are threatened.

~Mitch Albom

Without love we all like birds with broken wings.

~Mitch Albom

A heart weighs more when it splits in two; it crashes in the chest like a broken plane.

~Mitch Albom

Detachment doesn't mean you don't let the experience penetrate you. On the contrary, you let it penetrate you fully. That's how you are able to leave it.

~Mitch Albom

Much of what we called "depression" was really dissatisfaction, a result of setting a bar impossibly high or expecting treasures we weren't willing to work for.

~Mitch Albom

I don't know about Heaven or Hell, but I do know that we are visited all the time by the spirits of those who affected us in life.

~Mitch Albom

I'm being made aware of my mortality all the time.

~Mitch Albom

The secret to happiness...be satisfied and be grateful.

~Mitch Albom

Belief, hard work, love-you have those things, you can do anything.

~Mitch Albom

If we knew what comes next, we never would have worried.

~Mitch Albom

Have you ever really had a teacher? One who saw you as a raw but precious thing, a jewel that, with wisdom, could be polished to a proud shine?

~Mitch Albom

Knowing something and understanding it were not the same thing.

~Mitch Albom

Because when the world quiets to the sound of your own breathing, we all want the same things: comfort, love, and a peaceful heart.

~Mitch Albom

There is no formula to relationships. They have to be negotiated in loving ways, with room for both parties, what they want and what they need, what they can do and what their life is like.

~Mitch Albom

You know what really offers you satisfaction? Offering others what you have to give.

~Mitch Albom

Once, lovers on faraway shores sat by candlelight and dipped ink to parchment, writing words that could not be erased. They took an evening to compose their thoughts, maybe the next evening as well.

~Mitch Albom

Every day, have a little bird on your shoulder that asks, 'Is today the day? Am I ready? Am I doing all I need to do? Am I being the person i want to be? Is today the day I die?

~Mitch Albom

Did you feel guilty cursing God--you, of all people?' No,' he said. 'Because even in doing so, I was recognizing there was a greater power than me.' He paused. And that is how I began to heal.

~Mitch Albom

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