

Monica Lewinsky

Quotes

People, Compassion, Thinking, Trying, Lied, Years, Speaking Up, Blood, Differences, Stories, Answers, Powerful, Different, Real, Online, President, Zero, Mean, Mouths, Lying

At one point, I actually, ironically, thought I might go into criminology and work with the FBI.

~Monica Lewinsky

I'm an incredibly lucky girl. For someone who has made some very foolish mistakes and had some tough lessons to learn very quickly, I am still incredibly lucky.

~Monica Lewinsky

I was Patient Zero. The first person to have their reputation completely destroyed worldwide via the Internet.

~Monica Lewinsky

I voted Republican this year; the Democrats left a bad taste in my mouth.

~Monica Lewinsky

I, myself, deeply regret what happened between me and President Clinton. Let me say it again: I. Myself. Deeply. Regret. What. Happened.

~Monica Lewinsky

It's time to burn the beret and bury the blue dress.

~Monica Lewinsky

Let's acknowledge the difference between speaking up with intention and speaking up for attention.

~Monica Lewinsky

Well, for me, really, I think it was I wanted to try and clear up some of the misperceptions that were out there and fill in some of the historical gaps.

~Monica Lewinsky

I've learned not to put things in my mouth that are bad for me.

~Monica Lewinsky

Overnight, I went from being a completely private figure to a publicly humiliated one. I was Patient Zero.

~Monica Lewinsky

Some people are born great and some have greatness thrust upon them

~Monica Lewinsky

The more shame, the more clicks. The more clicks, the more advertising dollars.

~Monica Lewinsky

People who know Clinton knew the guy has a real problem keeping his hands off women.

~Monica Lewinsky

I try to make very careful decisions about what I choose to do, and it's - I know that unfortunately one of the misperceptions about me, I think, is that I'm sort of a moth to the limelight.

~Monica Lewinsky

I mean, I felt terrible. And in the beginning, I mean, I was completely devastated. I mean, can you imagine the kind of guilt that you would feel, and the responsibility?

~Monica Lewinsky

I felt like a piece of trash. I felt dirty and I felt used and I was disappointed.

~Monica Lewinsky

Changing behaviours begins with evolving beliefs.

~Monica Lewinsky

So it was sort of an odd time because I had been hired, but my paperwork hadn't gone through. So I worked as an intern during the government shutdown, as an intern, but I already had a job.

~Monica Lewinsky

You can insist on a different end to the story.

~Monica Lewinsky

I'd be lying if I said I wasn't angry some days. But I really have worked hard to put a lot of the anger and disappointment in the past.

~Monica Lewinsky

I know I will never have an affair with a married man again.

~Monica Lewinsky

And understandably so, that when you're in legal jeopardy, you really cannot put yourself in a position to open yourself up to the media.

~Monica Lewinsky

Getting and keeping my immunity became very important to me. For I needed to take care of myself and my family. No one else was worried about me.

~Monica Lewinsky

And I felt sorry, and I have felt bad about what happened.

~Monica Lewinsky

I've been told by the prosecutors and by my own attorneys I should go to law school. I guess I have a knack for it.

~Monica Lewinsky

I would feel a little awkward because of my connection with politics.

~Monica Lewinsky

He ended it. He just said he didn't - he - well, what he said was that he didn't feel it was right, and you know, I mean that's - because he ended it, he'd probably have to be the one to answer that.

~Monica Lewinsky

He could have made it right with the book. But he hasn't. He is a revisionist of history. He has lied.

~Monica Lewinsky

Public humiliation is a commodity and shame is an industry.

~Monica Lewinsky

I'm probably the only person over 40 who does not want to be 22 again.

~Monica Lewinsky

To mock at a soul in pain is a dreadful thing.

~Monica Lewinsky

As far as our culture of humiliation goes, what we need is a revolution. Public shaming as a blood sport has to stop.

~Monica Lewinsky

I was brought up with lies all the time... that's how you got along... I have lied my entire life...

~Monica Lewinsky

When I think of the person that I thought was Bill Clinton, I think he had genuine remorse. When I think of the person that I now see is 100 percent politician, I think he's sorry he got caught.

~Monica Lewinsky

I was worried about my mom more than I was worried about the president. And then I was worried about the president, and then I was worried about myself.

~Monica Lewinsky

Do you want me to answer that?

~Monica Lewinsky

My creativity comes from an unhoneed place, if 'unhoneed' is a word.

~Monica Lewinsky

I have spent the past several years working so hard to just move on, and to try and build a life for myself.

~Monica Lewinsky

The jokes that take my last name and equate them to a sex act ... is a really cruel thing to do.

~Monica Lewinsky

Public shaming is a blood sport that has to stop.

~Monica Lewinsky

But, clearly to me, what I've come to see is that that happened because I didn't have enough feelings of self-worth. So that I didn't feel that ... I was worthy of being number one to a man.

~Monica Lewinsky

I'm kind of known for something that's not so great to be known for.

~Monica Lewinsky

Be mindful of clickbait - sensational stories designed to humiliate. Click with compassion.

~Monica Lewinsky

Online we have a compassion deficit

~Monica Lewinsky

When you see anyone being targeted, support her or him with a positive comment or emoji.

~Monica Lewinsky

Constructive criticism is legitimate, but when it escalates to vitriol, it affects us all, because celebrities and influencers are part of the collective consciousness.

~Monica Lewinsky

The most potent thing we can do is to bring more compassion online.

~Monica Lewinsky

Women need to support other women, not cut them down. And that goes for recognizable women too.

~Monica Lewinsky

Feeling alone and unseen can intensify the experience of being harassed, shamed, or bullied.

~Monica Lewinsky

I lost my public self, or had it stolen. In a way, it was a form of identity theft.

~Monica Lewinsky

There is a very personal price to public humiliation, and the growth of the Internet has jacked up that price.

~Monica Lewinsky

I chose to not wear a wire and tape people. I chose to not get immunity until - were accepted, whatever - until the independent counsel's office was comfortable with what I said was the truth.

~Monica Lewinsky

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