

Morgan Parker Quotes

*Thinking, Black, Trying, Writing, People, Moving, Artist, Feelings, Beautiful,
Mean, Reading, World, Color, Being Free, Art, Way, Looks, Needs, Energy,
Kind*

It's hard for black women to ask for help. We think we don't need it. We're used to being in pain and living with it.

~Morgan Parker

Language from songs and TV shows feel integral because it helps to create the environment and describe the full picture.

~Morgan Parker

I try to convey what it feels like and sounds like and smells like and looks like inside of my particular skin, to move through the world as a black American woman in her mid-twenties.

~Morgan Parker

I always say that my artist statement is to not be afraid to talk about the messiness - the unpleasant feelings and happenings around my life.

~Morgan Parker

I guess the only thing I'd say is it ['There are More Beautiful Things Than Beyoncé?'] shouldn't be read as "Beyoncé is not beautiful."

~Morgan Parker

I liked the idea of using this mega-star [Beyoncé] to talk about all those things on the tiny scale of my life.

~Morgan Parker

I spent a lot of time trying to layer upon layer upon layer as I wrote. I think that's often the fear of a writer, that little nuances won't get picked up.

~Morgan Parker

Where I would usually backspace, I stop and say, "You know what? This is important, that I say how I feel and don't sugarcoat it, and don't avoid it."

~Morgan Parker

So much of my writing process is trying to eliminate any kind of shame or fear of the thoughts that I'm having.

~Morgan Parker

It's always hard for me to find a therapist who is a black woman or even a woman of color. It's something that we've always been told is not for us. It's top down.

~Morgan Parker

There's so much about the strong black woman stereotype that makes us forget that we do need and deserve help and care.

~Morgan Parker

I don't claim to say, "All black women are like me," because they're not.

~Morgan Parker

I think there's something that's fascist [in Donald Trump's election], and something that I think we could probably learn from, in terms of the energy in the world right now.

~Morgan Parker

I wanted [the book 'There are More Beautiful Things Than Beyoncé?'] to be colorful. I wanted it to be evocative. I wanted a figure of a black woman that the reader has to confront.

~Morgan Parker

I think that we need to make it our goal to define freedom for ourselves.

~Morgan Parker

We kind of have to rewrite our own stories and our own ways of being free.

~Morgan Parker

I think sometimes the stars align whether we want them to or not. And we're drawn to certain people and places for no other reason than...Destiny.

~Morgan Parker

We can look at history and see that [political turmoil is] fertile ground for art.

~Morgan Parker

Sometimes I feel as though I'm trying to take a hit for the team so that other people then can move forward. I'm like, "Look, I just laid out all of my stuff, so what's the worst that can happen?".

~Morgan Parker

In my experience when I do try to avoid something, it makes its way into the work anyway. To be in front of it and just make friends with it is easier for me.

~Morgan Parker

•rt movements are always linked to some kind of turmoil.

~Morgan Parker

I really hope that people feel permission to talk about their own troubles, but also to celebrate themselves.

~Morgan Parker

Sometimes it's just rejecting stereotypes, sometimes it's creating work. Sometimes it's just blocking out the noise.

~Morgan Parker

I also think that [political turmoil] gives artists something, a way of kind of processing.

~Morgan Parker

My friends and I have all been super motivated to work and to do the work that we need to and want to and think should be in the world.

~Morgan Parker

There's something about us using the word fascism and thinking about, "What is it? What does it mean, and what are the tenets of it?".

~Morgan Parker

I've been thinking a lot about folks denying what has happened in history, or just not acknowledging it.

~Morgan Parker

So much of the world and the systems that we live within are made to keep us from feeling like we're free. The way that black women in American came to be is just diametrically opposed to being free.

~Morgan Parker

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