

Morgan Spurlock Quotes

*Thinking, People, Real, Believe, Kids, Teacher, Giving, Want, Fun, America,
Moments, Mom, Film, Technology, Art, Epidemics, Ideas, Responsibility, World,
Matter*

Sorry, there's no magic bullet. You gotta eat healthy and live healthy to be healthy and look healthy. End of story.

~Morgan Spurlock

Film is such a powerful medium. It can really affect change; you can affect so many different people in different ways.

~Morgan Spurlock

One Direction's 3D movie has more shirtless moments than you can imagine

~Morgan Spurlock

I think that when you have somebody who really is kind of forced to see the world through someone else's eyes, I think it really is eye opening.

~Morgan Spurlock

Well, even to this day, if I smell a Big Mac, I'm like Pavlov's dog. My mouth starts watering immediately, like, 'Man, that is so good,' but I can't take a bite of it.

~Morgan Spurlock

When you train your employees to be risk averse, then you're preparing your whole company to be reward challenged.

~Morgan Spurlock

People were always pointing the finger at the fast food industry. And I was a big fan of personal responsibility - you know, no one is forcing you to eat. We're not geese being stuffed with corn.

~Morgan Spurlock

I don't know. I have incredible amounts of hope that things can change. It takes people who believe.

~Morgan Spurlock

The food is absolutely atrocious, and parents have no idea. Parents are giving their kids three dollars and saying, 'Okay, see you later. Go off to school and have a good lunch.'

~Morgan Spurlock

I couldn't open up a magazine, you couldn't read a newspaper, you couldn't turn on the TV without hearing about the obesity epidemic in America.

~Morgan Spurlock

The advice I give to every filmmaker is you have to be tenacious. You can't give up.

~Morgan Spurlock

What I love about what digital entertainment has done is that they've given real creative freedom to folks like myself who are doing really groundbreaking stuff.

~Morgan Spurlock

Kids can and will thrive in the right conditions, but it all seems to start with the teachers, and giving those teachers the resources to teach and not just to test.

~Morgan Spurlock

I think that, I'm sure there are gonna be some teachers who are very entrenched in the system, who are going to buy in to what they're being told, as to what the kids are being fed

~Morgan Spurlock

I was walking an average of about two and a half miles a day, which is still more than most Americans. Most Americans don't even walk that.

~Morgan Spurlock

There are always advancements that are happening with mining

technology and the ability to detect gases or methane within the mine. Those things are moving forward every day.

~Morgan Spurlock

"Mansome" was one of those projects where it was a great change to do something fun and look at the subject in an engaging way. My next film is not going to be about pedicures.

~Morgan Spurlock

To strip yourself from a lot of the things around you that make you comfortable is a really challenging thing that most of us don't do or don't get a chance to do.

~Morgan Spurlock

I think we've unplugged and become very apathetic to a lot of things that are happening. There's so much going on and we're sort of disconnected.

~Morgan Spurlock

Seventy-five percent of Americans don't even have passports. We don't even think about traveling beyond our borders.

~Morgan Spurlock

I think most Muslims are incredibly upset with the state of America's foreign policy today and the state of the world.

~Morgan Spurlock

I think that's one of the biggest goals I had in making a movie, was listening to what other people had to say.

~Morgan Spurlock

I really want to make art. I want to create something that's going to have a lasting impact.

~Morgan Spurlock

When I experience something or feel something, that's kind of transferred to the audience. There's a lot of great breakthrough moments that come out of that.

~Morgan Spurlock

I believe in storytelling, not story-selling. I want people to believe the characters are real. So I'm a realist.

~Morgan Spurlock

It's hard to hear that your good intentions are making things worse and tragic.

~Morgan Spurlock

The more we can be honest about ourselves as filmmakers, than the more we can be honest with people who see the films.

~Morgan Spurlock

I don't go into a movie with preconceived notions of where I want things to go.

~Morgan Spurlock

Film is an oversimplification of things. That it really boils things down and makes them too simple.

~Morgan Spurlock

I don't think Muslims do hate America. I think that's what we hear and that's what we believe. I don't think that's true.

~Morgan Spurlock

Part of living is understanding where the fringes are. Once you know how far people go, you can say, "Well, here's how I choose to represent myself."

~Morgan Spurlock

My mom always used to say, "You'll be a better kid if you just listen."

~Morgan Spurlock

Lily Tomlin said something years ago, and I'm paraphrasing, that you have to find humor in everything, because by finding humor, you find humanity.

~Morgan Spurlock

I had no idea that it was gonna take off the way it did. I thought we made a good movie.

~Morgan Spurlock

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