

# Naomi Judd Quotes

*Pain, Thinking, Believe, Real, Ashamed, People, Victim, Book, Spiritual, Next,  
Giving, Kids, Choices, Towns, Daughter, Ocean, Inspiring, Identity,  
Communication, Experts*

I grew up in a family of secrets; there was a lot of pathology in the family.

~Naomi Judd

A dead end street is a good place to turn around.

~Naomi Judd

Your body hears everything your mind says.

~Naomi Judd

Having worked as a labor and delivery nurse...I've seen ultrasounds...you know that those babies are real.

~Naomi Judd

You only get to be a victim once. After that, you're a volunteer.

~Naomi Judd

Slow down, simplify and be kind.

~Naomi Judd

You're only a victim once. The next time you're an accomplice.

~Naomi Judd

No one's born with their destiny stamped on their forehead ... we make the choices to fulfill our destiny.

~Naomi Judd

A dead end street is a good place to turn around. Can't really fault the logic of that, unless you want to go down the dead end of course!

~Naomi Judd

People always say 'They [teens] need a good talking to.' I've never agreed with that. A kid needs a good listening to.

~Naomi Judd

We're spirited and spiritual... and fun follows us around.

~Naomi Judd

Experience gives us the tests first and the lessons later.

~Naomi Judd

An expert is just somebody from out of town with slides.

~Naomi Judd

There are many paths but only one journey.

~Naomi Judd

I'm divorced and I've been to the circus and seen the clowns. This ain't my first rodeo.

~Naomi Judd

You shouldn't be ashamed of your pain. You have the right to have your pain treated.

~Naomi Judd

I'm certainly not ashamed to say that I was on some anti-depressant medications. I believe there are times in life where we have to raise our hand and say I need help. I found a good doctor.

~Naomi Judd

If you know anything about me, you know that my life's taken a few unexpected curves and crashes along the way. But hey, at least I can say I took the scenic route!

~Naomi Judd

Change is the one thing we can be sure of.

~Naomi Judd

I don't think we spend enough time in reflection and introspection. We

don't know who we are as individuals in this culture any more.

~Naomi Judd

Ignorance is my least favorite thing. I really think it's at the core of all our problems.

~Naomi Judd

I'm a darned good listener.

~Naomi Judd

I love the ocean, but I'm just not one to lie on the beach.

~Naomi Judd

I don't take vacations.

~Naomi Judd

I'm a registered, vetted gun owner, but that's because I live way out in the country, like way out in the middle of nowhere.

~Naomi Judd

We forget, we have a short memory and we're human. This morning my Scripture was Isaiah 26:3, which said, Thou wilt keep him in perfect peace whose mind is stayed on Thee for he trusteth in Thee.

~Naomi Judd

I've never experienced chronic pain myself, but I have known many people over the years who have.

~Naomi Judd

Hope is a gift we give ourselves, and it remains when all else is gone.

~Naomi Judd

Solitude is creativity's best friend, and solitude is refreshment for our souls.

~Naomi Judd

Your real identity is your spiritual being. And every problem, if you're a spiritual being, every problem has a spiritual solution.

~Naomi Judd

I have faith, I believe in God and I've gotten through all the problems I had because of those three things: my faith, my hope and my belief in an eternal God.

~Naomi Judd

Once you start to question your life you get to a higher level of awareness. It's like turning a light on-voila you see you have choices and choices are sacred.

~Naomi Judd

Your father leaving your family, that's your bedrock for all your future relationships and that's your security when you're a kid.

~Naomi Judd

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