

# Natalia Vodianova

## Quotes

*People, Mother, Makeup, Children, Russia, Men, Littles, Thinking, Knows,  
Sometimes, Needs, World, Fake, Childhood, Strong, Family And Friends,  
Giving, Skinny, Remember, Moscow*

Moscow is a huge inspiration for me. I love what I find here, I love being here.

~Natalia Vodianova

It's better to be skinny than to be fat.

~Natalia Vodianova

I completely admire my mother for raising a child with cerebral palsy at home.

~Natalia Vodianova

We all have our own purpose in life and I feel very strongly that I have a bigger purpose than giving to just my immediate family and friends.

~Natalia Vodianova

My appearance gave me access to a particular kind of world and I'm really grateful for it.

~Natalia Vodianova

The big contracts go to the girls who are healthy - they need to have a sparkle in their eyes and you can't fake that if you're unhealthy.

~Natalia Vodianova

I love Yves Saint Laurent and Giambattista Valli and Givenchy and I get given quite a lot, but perhaps nothing is as wonderful as the white fake leather trench coat I got when I was 15.

~Natalia Vodianova

I think protecting your family and giving to them is so important. It's the most important achievement.

~Natalia Vodianova

Before I left Russia in 1999, I was living in a very poor factory town with my family and friends, and nothing was ever going to change.

~Natalia Vodianova

I don't mind being called Supernova. If one nickname is going to stick, that's not a bad one!

~Natalia Vodianova

I know what it's like not to have food in the fridge or money to buy more.

~Natalia Vodianova

I learnt early to have little expectation so I protected myself from ever feeling greatly disappointed.

~Natalia Vodianova

Keeping up with everything I do requires some sacrifices, but once and a while I need to take some time to myself.

~Natalia Vodianova

Finding out I was pretty was a very nice realisation.

~Natalia Vodianova

If we're talking about being skinny or losing weight, I don't have that problem; it's genetics.

~Natalia Vodianova

My childhood gave me resilience - and there's little that can surprise me in life.

~Natalia Vodianova

The people that live in my hometown do not walk along the street with smiles on their faces. It is a desperate place, but I got out.

~Natalia Vodianova

I do modern jazz and contemporary combined. I like to feel strong,

flexible, and so there is stretching involved.

~Natalia Vodianova

The secret to applying my makeup is that I just put it where it's needed.

~Natalia Vodianova

After pregnancy, the important thing is rebuilding your back muscles.

~Natalia Vodianova

Russian women are very friendly with makeup, almost too friendly sometimes.

~Natalia Vodianova

I was born in Nizhny Novgorod to a very poor family and unfortunately my father and mother separated when I was very little.

~Natalia Vodianova

I have made enough money to secure my family and that is all I care about.

~Natalia Vodianova

As a child I really didn't like men at all, in fact.

~Natalia Vodianova

When I remember my life in Russia it is in totally dark colours.

~Natalia Vodianova

I believe in reincarnation of the soul.

~Natalia Vodianova

When you become a mother, you think less about yourself and care more about the world.

~Natalia Vodianova

You cannot leave the house to take the garbage out without full-on makeup and your hair done. You have to fight for your man out there.

~Natalia Vodianova

If you never know hardship, you can't really support people around you.

~Natalia Vodianova

When I really treat myself, I go to incredible Leonor Greyl in Paris for a head massage.

~Natalia Vodianova

The best part of work is always working with people and getting to know them and having the sense that you're not actually working.

~Natalia Vodianova

Writing down goals makes you think of what is achievable. It really makes you reflect on what you are today.

~Natalia Vodianova

I missed quite a lot of school because I was working from the age of 11.

~Natalia Vodianova

I don't want to have strong arms, like you get from Pilates or yoga. But dancing arms become your best accessory. And it's great for your core muscles.

~Natalia Vodianova

Sometimes I just need to switch off.

~Natalia Vodianova

If you are ambitious you can have a moment of glory but it will most likely be temporary. But talent always finds its way out.

~Natalia Vodianova

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